



WEST ST. PAUL SCHOOL COMMUNITY NEWSLETTER

FEBRUARY, 2014

Our Beliefs: Take care of yourself. Take care of each other. Take care of this place.

PIZZA DAYS

February 5
February 19
March 5
March 19



February 12
February 26
March 12
March 26

Upcoming Events

- PD Day - NO SCHOOL
Feb 3
- PAC Meeting
Feb 11 ~ 7:00 p.m.
Free childcare available.
- Middle Years Asessippi Ski Trip
Feb 12-14
- Middle Years Winter Activities
Feb 13-14
- Louis Riel Day - NO SCHOOL
Feb 17
- Kindergarten Registration
begins Feb 24

KINDERGARTEN NEWS REGISTRATION BEGINS

Kindergarten Registration for West St. Paul School will officially begin on Monday, February 24, 2014.

You can register your child starting Monday, February 24th, anytime between 9:00 a.m. and 5:00 p.m. After that, you can register during regular office hours.

Please do not arrive at the school any sooner than 8:30 a.m. on the 24th due to the large volume of busses dropping off students in the morning. Parents registering their children for kindergarten should park between the frost fence and the gymnasium wall. The gymnasium is located on the south side of the building.

Registration will take place in our front foyer.

All children that are registering for Kindergarten must be 5 years old by December 31st, 2014 (born in 2009) in order to begin school starting in September 2014.

Please bring your child's birth certificate and current Manitoba Medical Card with you when registering your child. Proof of address may be required.

If you have any questions about registration, feel free to contact us at the school.

PARENT INFORMATION NIGHT

Our Kindergarten information evening for parents and caregivers will take place on **Tuesday, March 25th from 6:15-7:15 p.m.** This will be an opportunity to come to the school and hear about what Kindergarten is all about at West St. Paul ~ what to expect, anticipate and get excited about! It will be a chance to meet the people that will spend time with your child at school. We will also have time to respond to any questions that you may have.

This is an evening for parents only, so please make child-care arrangements. Kindergarten is a very exciting time and we look forward to meeting all of you. We will meet on the steps adjacent to the school Library.

Ms Carpenter ~ Kindergarten Teacher
Mrs. Rajfur ~ Community Coordinator
Ms Shewchuk ~ Early Learning Support Teacher

Our **FEBRUARY** newsletter is now available for viewing on our school website.
Please visit www.7oaks.org/school/weststpaul

GRADE 9 REGISTRATION INFORMATION



West Kildonan Collegiate ~ 101 Ridgecrest Avenue

A Parent Meeting will be held at West St. Paul School by the Library steps on **Wednesday, February 19th** at 6:00 p.m. for parents/guardians of Grade 8 students who are attending West Kildonan Collegiate for Grade 9.

WKC Open House - Thursday, February 27th ~ 5:30-8:00 p.m.

Gr. 9 Registration Night at West Kildonan Collegiate - Monday, March 3rd ~ 7:00 p.m.

Counsellors from West Kildonan Collegiate will be coming to West St. Paul School for classroom presentations on **Friday, February 21st** to provide information and registration packages to students.



Garden City Collegiate ~ 711 Jefferson Avenue

Garden City Collegiate Open House - Wednesday, February 26th ~ 6:30-8:00 p.m.

Registration at Garden City Collegiate - Friday, March 14th

MET School Open House - Wednesday, February 19th ~ 6:30-7:30 p.m. Please see following page for more details.



Maples Collegiate ~ 1330 Jefferson Avenue

Maples Collegiate Open House - Tuesday, February 25th ~ 6:00 - 9:00 p.m.

Registration at Maples Collegiate - Monday, March 3rd (by appointment with Teacher Advisor)

GRADE 9 REGISTRATION INFORMATION

West Kildonan Collegiate

101 Ridgcrest Avenue
Winnipeg MB R2V 4T6
204-339-6959

February 27th, 2014

5:30 - 8:00 p.m.



OPEN HOUSE



ENJOY A CUP OF COFFEE
AND

SEE WHAT WE ARE ALL ABOUT!



www.7oaks.org/school/westkildonan



MARK YOUR CALENDARS...

MARCH 3RD @ 7 p.m.

IS GRADE 9

REGISTRATION NIGHT AT

WEST KILDONAN COLLEGIATE

Remember!



More registration
information coming soon

www.7oaks.org/school/westkildonan

Seven Oaks
Met School



Open House

Wednesday

Feb. 19

6:30—7:30pm

**Garden City Collegiate—Met School
East Gym**

Students entering grades 9—12
are invited to apply

Application deadline: **Wednesday, March 19th, 2014**

Come and learn more
about this innovative, challenging and
award-winning high school!

For more information contact:

Ms. Adair Warren
204-336-5050

Principal
adair.warren@7oaks.org



UNESCO Joint Event

January 28, 2014

On Tuesday, January 28th, Mr. Holmes, Mrs. Moniz, Mrs. Campbell and Mr. Mackay took their classes to St. Emile School. St. Emile is one of our partner UNESCO schools and they invited us for a day of fun and activities. At the beginning of the day a person from Siloam Mission told us a story about breaking down walls, helping people in need and why it is important to make friends with people that are different than us.

They had a funky musician that sang a song about tooting. He was really funny and weird. He made sounds with his nose and mouth. It was the best part of the day. They also had games in the gym. After the games in the gym, the Grade 1 and 2 classes made a poster about wants and needs. A need is something people have to have to survive and be healthy, like water and food. We cut pictures out of magazines that showed wants and needs and glued them to a poster.

We ate lunch in a church that was big and awesome. We had hot dogs and candy. After lunch we got to make friendship bracelets. The colours for the friendship bracelets were yellow, red, blue, black, pink and orange. It was a very fun day!

Written by Marina B. and Bailey E. ~ Mr. Holmes' Grade 2 Class





BOOK FAIR NEWS!! The library will host a second book fair this year from March 10 - 14. We will need parent volunteers for Wednesday and Thursday evenings. (Wednesday until 7:00 or 7:15 and Thursday until 8:00 or 8:15.) Please call Heather Mathis (204-339-1964) if you can volunteer.

Looking forward to seeing you at the fair!

SEVEN OAKS SCHOOL DIVISION

Invites the Community to the 2014 - 2015

Public Budget Consultation Meeting

The Board of Trustees of the Seven Oaks School Division invites the public to an open meeting to discuss the 2014-2015 school year budget. The purpose of the meeting is to inform the public about funding provisions and current budget discussions and to invite comment on educational and budget initiatives.

Monday, February 24, 2014 – 7:00 p.m.
Location: West Kildonan Collegiate ~ Library
101 Ridgcrest Ave.



Wednesday, April 23rd ~ 6:00 - 7:30 p.m. ~ Library
For all families with children of any age.

Does the thought of starting Kindergarten make your child anxious?

Are you or your child anxious about the transition to Middle School or High School?

Does your child get butterflies or get nervous about going to school or after a school break?

Does your child experience anxiety before a test or presentation?

Do you want some strategies to help you and your child understand and cope with anxiety?

Please join us on Wednesday, April 23rd for a session presented by Shira Cohen, School Social Worker and Deborah Alby, School Psychologist. Free childcare will be provided. When calling the school to register, please let us know if you will require childcare.

To register or for more information,
please contact Cheryl Rajfur or
Cathy Gingera at the school (204-339-1964).

MOTHERS, DO YOU WANT TO HAVE BETTER COMMUNICATION WITH YOUR DAUGHTERS?

Advancing Community Schools is offering an 8-week program called

“Mothers and Daughters in Touch”

It is designed for mothers and their daughters 9 -11 years of age. The program uses different activities, some with moms and daughters together, some with them in separate groups. The *Mothers and Daughters in Touch* program focuses on skill building for both mother and daughter.

Some of the information covered will be:

- Learning to hear and respect each others feelings;
- Developing strategies to deal with peer pressure;
- Learning how to be an approachable parent;
- Understanding the meaning of a healthy body image and what contributes to one;
- Gain knowledge and skills to cope with changes during puberty.

The weekly sessions are a time for the two of you to have some fun, uninterrupted time together and enhance the mother-daughter relationship.

When: Wednesdays - Feb. 19, 2014 to Apr. 16, 2014 6:30–8:30 p.m.

Where: École Riverbend School – 123 Red River Blvd.

Cost: A commitment to your child that you will attend all 8 weeks to the best of your ability.

To register or for more information,
please call Cheryl at 204-339-1964.

The group is limited to a maximum of 12 mother/daughter teams.

CALLING ALL DADS with CHILDREN AGES 2 - 6 YRS. OLD

Over the past number of years, Advancing Community Schools has provided many opportunities for families to come out and spend time together. We would again like to offer an opportunity for Dads, Uncles, Grandfathers or special friends to get active with their children in the gym. The program will run
Tuesdays from 6:15 - 7:00 p.m.

Beginning on January 21, 2014 until the end of April

at West St. Paul School

Parents are the most important role models and influences in the lives of their young children. This is an excellent time to get an early start in encouraging your children to be active and to develop a healthy attitude towards physical activity. We hope to see you in January. **Please bring clean, indoor runners.**

In order to accommodate all families, please register before
January 14, 2014 by calling Cheryl at 339-1964.



Mountain Equipment Co-op (MEC) Winnipeg and Active and Safe Routes to School present:

A Family Winter Cycling Celebration

Friday, February 14, 2014; 4-7 pm at the Forks

Programming will begin on the hour at 4pm, 5pm and 6pm

Try it, Love it!

Bring your bikes and get ready for a good time! Join in on:

- A child friendly clinic on winter cycling with MEC Kids of Mud coaches
- Test ride a winter road safety course
- Join our Group Ride Leaders for a fun cycle up the Riverwalk
- Warm up with hot cocoa & smores by the bonfire
- Meet other families that love to ride, and stay active outdoors!
- Learn more about MEC Kids of Mud Mountain Biking Club!

If you have any questions about this fun, family event please do not hesitate to contact MEC at 204-943-4202 or visit the website for more information! <http://events.mec.ca/event/13714/family-winter-cycling-celebration>

Submitted by:

Greg Wazney

Seven Oaks School Division Physical and Health Contact

Seven Oaks School Division is once again pleased to offer language classes in Cree and Ojibwe to its division community

The Ojibwe classes will run as a **12 week program on Wednesday evenings from 4:30-6:30pm** at Elwick Community School, 30 Maberley Road. This series will incorporate experiential learning opportunities and work to build community through interactive learning. Mark your calendar to include these dates:

February 5th, 12th, 26th
March 5th, 12th, 19th 26th
April 2nd, 9th, 16th, 23rd & 30th

The Cree classes will run as a **12 Week program on Monday evenings from 4:30-6:30** at the Murdo Scribe Building, 510 Selkirk Avenue. This series will incorporate experiential learning opportunities and work to build community through interactive learning. Mark your calendar to include the following dates,

February 10th, 17th, 24th
March 3rd, 10th, 17th 24th, 31st
April 7th, 14th, 21st & 28th

*A light snack will be provided at each class.

The last class will be a celebration of learning that will include a feast!

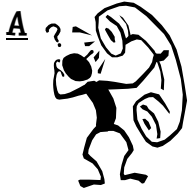
For more information please contact Bernadette Smith bernadette.smith@7oaks.org 204-250-7253

If you are an employee of 7 Oaks School Division please register on Employee Connect

PLEASE FILL OUT THE REGISTRATION FORM, WHICH IS AVAILABLE WITH OUR ONLINE NEWSLETTER PUBLICATION (WWW.7OAKS.ORG/SCHOOL/WESTSTPAUL)

WE LOOK FORWARD TO SEEING YOU THERE!

***Class dates are subject to change**



VERY IMPORTANT MESSAGE FOR PARENTS/GUARDIANS

Are you trying to reach our School, yet find yourself using Google and calling the wrong location?

This is because the Google Search App is sometimes incorrect in searching schools in Seven Oaks School Division. The Seven Oaks website is found at www.7oaks.org and we encourage you to add it to your iPhone, iPad or computer. You can also add our school's phone number (204-339-1964) to your frequently dialed phone numbers on your home/cell phone. You will always be able to reach us on the first try!

Visit the Seven Oaks School Division website www.7oaks.org to keep updated on current events in Seven Oaks, (including Transportation information) and our Divisional Calendar and visit each School's webpage to see what's happening there.



James Nisbet Nursery School (70 Doubleday Drive) is a 30 space nursery program located at École James Nisbet School in the Maples.

We are holding an Open House and Registration on Monday, March 3, 2014 from 6:30-8:00 pm.

A \$50 non-refundable deposit (either cash or cheque) is required for registration.

We are now offering four classes!

Two or three sessions per week, Morning or Afternoon nursery school options for children 3 to 5 years of age.

Please visit our website at www.jnns.ca, phone 204-953-1193 or e-mail nisbetns@mymts.net for more information

West St. Paul (Sunova Centre) Spring Sports Registration Dates

Saturday, March 1 – 10:00 a.m. - 1:00 p.m.

Wednesday, March 5 – 6:00 - 8:30 p.m.

Saturday, March 8 – 10:00 a.m. - 1:00 p.m.

Registration for:

Mini Soccer (Year of Birth 2010-2006)

3/4 Field & Full Field Soccer (Year of Birth 2005-1996)

Baseball/Softball (Year of Birth 2009-1996)

NOTE: For Sports Registrations, families must sign up at the Community Centre within their catchment area. You must be a resident of WEST ST. PAUL to register at Sunova Centre.

SPORTS REGISTRATION FORMS will be available to download at <http://www.weststpaul.com/> prior to registration. To make the registration process more efficient, please print out the Registration Form and bring in TWO fully completed copies per child to the Sunova Centre.

3740 Main Street
West St. Paul MB R4A 1A4
Phone: 204-339-1964
Fax: 204-339-7204

Administrators

Principal:
Vice Principal:

Cathy Horbas
David Ingram



FEBRUARY, 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 – Day 2 PD DAY NO SCHOOL	4 – Day 3	5 – Day 4 PIZZA DAY Divisional Boys & Girls Basketball at WSP	6 – Day 5 Gr. 7/8 Boys Basketball at LN	7 – Day 6	8
9	10 – Day 1 Gr.6 Basketball Boys at AEW Girls at HCA	11 – Day 2 PAC Meeting 7:00 p.m. Free childcare provided.	12 – Day 3 Divisional Boys Basketball at ESOMS Track Attack at UofM	13 – Day 4 Middle Years Winter Activity Days Harbourview (Thu), Gateway (Fri)	14 – Day 5 	15
			HOT LUNCH	Gr. 7/8 Boys Basketball at WSP	Middle Years Asessippi Ski Trip	
16	17 – Day 4 LOUIS RIEL DAY NO SCHOOL	18 – Day 6	19 – Day 1 Divisional Girls Basketball at ESOMS	20 – Day 2 Final Basketball Tournament at U of W	21 – Day 3 WKC visiting Gr.8 classes 10:15 – 11:00 a.m.	22
			PIZZA DAY	Gr. 8 Band ~ Optimist Festival 11 a.m. performance		
23	24 – Day 4 Gr.6 Basketball Boys at WSP Girls at LN Kindergarten Registration begins!	25 – Day 5 Track Attack at UofM	26 – Day 6 Divisional Boys Basketball at WSP	27 – Day 1 WKC Open House for Gr. 8s 5:30-8:30 p.m.	28 – Day 2	
			HOT LUNCH			


2013-2014 IMPORTANT DATES AT A GLANCE...

Feb 3	Divisional PD Day ~ NO SCHOOL
Feb 11	PAC Meeting ~ 7:00 p.m. (Free childcare provided.)
Feb 12-14	Middle Years Asessippi Ski Trip
Feb 13-14	Middle Years Winter Activity Days (Thursday at Harbourview; Friday at Gateway CC)
Feb 17	Louis Riel Day ~ NO SCHOOL
Mar 14	Parent/Teacher/Student Conferences ~ NO CLASSES
Mar 31-Apr 4	Spring Break ~ SCHOOL CLOSED
Apr 7	Classes Resume
Apr 17	Health-a-palooza
Apr 18	Good Friday ~ NO SCHOOL
Apr 21	Easter Monday ~ SCHOOL OPEN ~ Classes are in session

February



WEST ST. PAUL COMMUNITY SCHOOL
 Advancing Community Schools
 Serina Shewchuk - Learning Support Teacher - Early Years
 Cheryl Rajfur - Community Coordinator
 204-339-1964
 School Website: <http://www.7oaks.org/school/weststpaul>

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			PARENT/CHILD PROGRAMS			1
		<p>* Dad's Program and Mothers & Daughters in Touch ~ Please register for this program by calling Cheryl at 204-339-1964.</p>				
2	3	4	5	6	7	8
	<p>PD DAY NO SCHOOL</p>	<p>Parent/Child Rhymes & More 9:30 – 11:00 a.m. 0 – 5 years Dad's Gym Program * 6:15 – 7:00 p.m.</p>	<p>Come Play Room Open 9:00 – 11:00 a.m.</p>	<p>Come Play Room Open 9:00 – 11:00 a.m.</p>	<p>Let's Play 9:00 – 11:00 a.m. 0-5 years</p>	
9	10	11	12	13	14	15
	<p>Parent/Child Skating/Gym at Sunova Centre 9:00 – 10:30 a.m. 3 – 5 years</p>	<p>Parent/Child Rhymes & More 9:30 – 11:00 a.m. 0 – 5 years Dad's Gym Program * 6:15 – 7:00 p.m.</p>	<p>Come Play Room Open 9:00 – 11:00 a.m.</p>	<p>Hans Kai 9:15 – 11:00 a.m.</p>		
16	17	18	18	20	21	22
	<p>LOUIS RIEL DAY NO SCHOOL</p>	<p>Parent/Child Rhymes & More 9:30 – 11:00 a.m. 0 – 5 years Dad's Gym Program * 6:15 – 7:00 p.m.</p>	<p>Come Play Room Open 9:00 – 11:00 a.m. Mothers & Daughters In Touch 6:30-8:30 p.m. Riverbend School</p>	<p>Come Play Room Open 9:00 – 11:00 a.m.</p>	<p>Let's Play 9:00 – 11:00 a.m. 0-5 years</p>	
23	24	25	26	27	28	
	<p>Parent/Child Skating/Gym at Sunova Centre 9:00 – 10:30 a.m. 3 – 5 years</p>	<p>Parent/Child Rhymes & More 9:30 – 11:00 a.m. 0 – 5 years Dad's Gym Program * 6:15 – 7:00 p.m.</p>	<p>Come Play Room Open 9:00 – 11:00 a.m. Mothers & Daughters In Touch 6:30-8:30 p.m. Riverbend School</p>	<p>Come Play Room Open 9:00 – 11:00 a.m.</p>	<p>Let's Play Music with Sonja 9:00 – 11:00 a.m. 0-5 years</p>	

2014





PARENT/CHILD PROGRAMS

WEST ST. PAUL COMMUNITY SCHOOL
 Advancing Community Schools
 Serina Shewchuk - Learning Support Teacher - Early Years
 Cheryl Rajfur - Community Coordinator
 204-339-1964
 School Website: <http://www.7oaks.org/school/weststpaul>

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2 	3 Parent/Child Skating/Gym at Sunova Centre 9:00 – 10:30 a.m. 3 – 5 years	4 Parent/Child Rhymes & More 9:30 – 11:00 a.m. 0 – 5 years Dad's Gym Program * 6:15 – 7:00 p.m.	5 Come Play Room Open 9:00 – 11:00 a.m. Mothers & Daughters In Touch 6:30-8:30 p.m. Riverbend School	6 Come Play Room Open 9:00 – 11:00 a.m.	7 Pre-Schoolers in the Kitchen 9:30 – 11:00 a.m. MUST REGISTER.	8
9	10 Parent/Child Storytime 9:00 – 10:30 a.m. 3 – 5 years	11 Parent/Child Rhymes & More 9:30 – 11:00 a.m. 0 – 5 years Dad's Gym Program * 6:15 – 7:00 p.m.	12 Come Play Room Open 9:00 – 11:00 a.m. Mothers & Daughters In Touch 6:30-8:30 p.m. Riverbend School	13 Hans Kai 9:15 – 11:00 a.m.	14 PARENT/TEACHER/STUDENT CONFERENCES NO CLASSES	15 
16 	17 Parent/Child Storytime 9:00 – 10:30 a.m. 3 – 5 years	18 Parent/Child Rhymes & More 9:30 – 11:00 a.m. 0 – 5 years Dad's Gym Program * 6:15 – 7:00 p.m.	18 Come Play Room Open 9:00 – 11:00 a.m. Mothers & Daughters In Touch 6:30-8:30 p.m. Riverbend School	20 Come Play Room Open 9:00 – 11:00 a.m.	21 Pre-Schoolers in the Kitchen 9:30 – 11:00 a.m. MUST REGISTER.	22
23	24 Parent/Child Storytime 9:00 – 10:30 a.m. 3 – 5 years	25 Parent/Child Rhymes & More 9:30 – 11:00 a.m. 0 – 5 years Kindergarten Parent Information Evening 6:15-7:15 p.m.	26	27	28	29
30	31	April 1	2	3	4	5
SPRING BREAK						

2014

Change Waiting Time to Play Time

Let's face it, it's frustrating and boring to have to wait, both for children and for adults. It doesn't put anyone in a good mood. But there are ways to change boring to fun, by turning waiting time into a chance to learn and connect.

Prepare

There will be many times in family life when you have to wait: at the doctor's office, in a restaurant, at the check-out in the supermarket. The time spent travelling by car or bus is another kind of waiting, especially when traffic's bad. You know ahead of time that your children will likely get bored and restless in these situations. If the waiting lasts too long, they'll probably start to misbehave. When you're prepared, you can prevent problems. You'll give your children a better way to get your attention than whining. You'll be ready with a better game than "tease my brother and make him cry."

Change the mood

A few simple techniques can change the mood. Think about what helps *you* get through a boring time. Something to look at? To listen to? To think about? These will work for children too, though they will also like an opportunity to move. Older children can do more thinking and talking; younger children will need more direction and involvement from you.

Most of the following suggestions don't require any equipment, apart from sometimes pencil and paper. You can adapt them to the age and interests of your children and to the place where you're waiting.

Songs - Learn the words to some songs or make up your own about what you'll do when you've finished waiting. When you add verses to familiar songs, they can last a very long time. For instance, try "The ducks on the bus go quack, quack, quack." and see how many animals you go through. Sing songs with hand gestures to get everyone moving.

Word Games - Play vocabulary and memory games. For instance, each person takes a turn choosing a letter and saying "I went to the pet store and bought an animal whose name started with ..." The others have to find an animal that will fit. Try the grocery store and the florist's when you run out of animals. Older children can play "Hangman" or "Tic-Tac-Toe" with you on a paper placemat.

Thinking games - Look around you and find two similar objects, two trees, for instance, and talk about how they are the same and different. Play a game of hide and find by laying out sugar packets on the restaurant table and hiding a coin under one. Get your child's attention by asking "crazy" questions: What would happen if a dinosaur wanted to ride a roller coaster?

Stories - To pass the time, you can tell a traditional story or make one up on the spot. Or you can invent a cooperative story: each person tells a few sentences then passes it on. In a doctor's waiting room, choose a picture in a magazine and make up a story about it. Ask your children where they would like to visit in the picture.

Conversation - Take advantage of waiting times to learn more about your children. Talk about their favourite things. Plan their next birthday party with them.

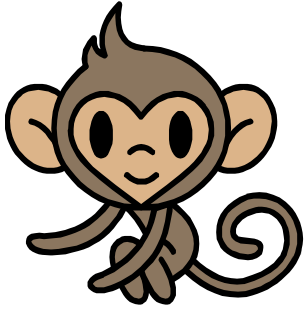
Art - Draw pictures on each other's hand or back and guess what the other person drew. Look at billboards or advertising and talk about lines and colours.

Movement - If you are in a place where there is room to move and there are two adults, one person can hold the place in line and the other can take the children for a follow-the-leader walk. If the children must sit, look for ways to move at least their arms and hands, like clapping games or twisting pipe cleaners into odd shapes.

Props - If you know you're going to be stuck waiting someplace, pack a bag with some things like pencils, crayons, paper, play dough, little cars and books. Don't forget a small snack, always a good way to change the mood. You could write song titles, the names of games or conversation topics on little pieces of paper then put them in a box. Keep the box in the car and when you're in a traffic jam, ask children to draw a piece of paper out to decide what to do.

Next time you have to wait, take the opportunity to relax and play with your children. Boredom, impatience and anger will make your waiting time seem longer, but having fun can make time fly. *by Betsy Mann*

For more "anywhere" games, see <http://pbskids.org/lions/parentsteachers/resources/anywhere>



FUNky Monkey



Movement Education For Kids

"Where passion for movement comes alive"

NOW OFFERED AT THE

Sunova Centre - 48 Holland Rd. West St. Paul

Rainbow Stew- Fun for 6-9 year olds

This class is all about running, hopping, jumping, skipping, throwing, catching, kicking, and striking all through the use of cooperative games, freestyle dance and everyone's favorite...TAG!

Two 8-Week Sessions to choose from!

Wednesdays-February 5th-March 26th-7pm-8pm

OR

Sundays-February 2nd-March 23rd-10:30a.m-11:30am

\$60/participant/session



Down with Dodgeball-Fun for 10-14 year olds

Basic movement and manipulative skills (running, hopping, skipping, throwing, catching, kicking etc.) are developed with a focus on strategic and cooperative play through a variety of dodgeball activities.

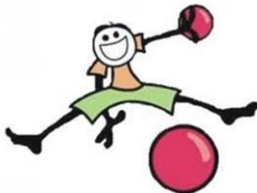
8-Weeks

Sundays

February 2nd-March 23rd

11:30am-12:30pm

\$60/participant



Come to a FREE DEMO CLASS for these FUNky Monkey Programs!

Sunday January 19th

Rainbow Stew-10:30am-11:30am

Down with Dodgeball-11:30am-12:30pm

Pre-registration is Required for the 8-Week Sessions - contact the Sunova Centre!

Phone: 204-336-0294

Email: recreation@weststpaul.com

For more information go to www.funkymonkeymovement.com

OR Email Bethany at funkymonkeymovement@gmail.com

Educational Assistant Internship Program

This program trains unemployed or underemployed persons to work as an educational assistant within the school system.

Excellent candidates for this program are school volunteers, lunch supervisors, substitute educational assistants, foreign trained teachers, and parents of special needs children. Candidates ideally should already be volunteering in schools and would be recommended by their principal. Candidates need to be caring and reliable.

Trainees attend workshops every Monday at Jobworks. The rest of the week is spent doing a practicum in a public school. If required, some students spend part of the week upgrading English, Math and Computer skills in order to complete a Grade 12 Diploma. The program runs from September to March each year. Interviews for September are held in April and May.

Eligibility

- Employment Insurance (EI) recipient or an EI claim within the previous 3 years;
- Parental/maternity claim within the previous 5 years;
- Employment and Income Assistance recipient;
- Unemployed or underemployed individual

You must attend an information and orientation meeting. Application forms will only be available at these meetings. Information meetings will be held:

Location: Jobworks – 1175 Pembina Hwy

Dates: Friday, February 14th, Friday, March 7th, and Friday, April 11th, 2014

Times: 10:00 a.m. – 11:00 a.m. or 1:30 p.m. – 2:30 p.m.

Registration dates for information sessions are also posted on our website
www.jobworksschool.com .

Eligible applications arriving late will be placed on the waiting list.

For more information please contact the project coordinator, Allan Pfeil, at 204-510-0990. This program information is also available at www.jobworksschool.com under Educational Assistant Internship.

Funded by the Government of Canada and the Province of Manitoba
Funded by Manitoba Metis Federation

Pending Funding Approval



Seven Oaks School Division is once again pleased to offer language classes in Cree and Ojibwe to its division community

The Ojibwe classes will run as a **12 week program on Wednesday evenings from 4:30-6:30pm** at Elwick Community School, 30 Maberley Road. This series will incorporate experiential learning opportunities and work to build community through interactive learning. Mark your calendar to include these dates:

February 5th, 12th, 26th
March 5th, 12th, 19th, 26th
April 2nd, 9th, 16th, 23rd & 30th

The Cree classes will run as a **12 Week program on Monday evenings from 4:30-6:30** at the Murdo Scribe Building, 510 Selkirk Avenue. This series will incorporate experiential learning opportunities and work to build community through interactive learning. Mark your calendar to include the following dates,

February 10th, 17th, 24th
March 3rd, 10th, 17th, 24th, 31st
April 7th, 14th, 21st & 28th

***A light snack will be provided at each class.**

The last class will be a celebration of learning that will include a feast!

For more information please contact Bernadette Smith bernadette.smith@7oaks.org 204-250-7253

If you are an employee of 7 Oaks School Division please register on Employee Connect

PLEASE FILL OUT THE ATTACHED REGISTRATION FORM

WE LOOK FORWARD TO SEEING YOU THERE!

***Class dates are subject to change**



SOSD ABORIGINAL LANGUAGES REGISTRATION FORM

Applicant Information:

Name: _____

Address: _____

City: _____, Province: _____ Postal Code: _____

Phone number: _____

Emergency Contact Person: _____ Relationship: _____

Phone Number: _____ E-Mail Address: _____

Choose a Language Program:

Teacher: Shirley Cook

Cree ___

Teacher: Pat Ningewance

Ojibwe ___

Have you taken a language program before

YES ___ NO ___

Are you of Aboriginal descent

YES ___ NO ___

PLEASE SUBMIT REGISTRATION FORM TO:

Bernadette Smith

EMAIL: BERNADETTE.SMITH@7OAKS.ORG

FAX: 204 632-6198

MAIL: 1520JEFFERSON AVENUE

TELEPHONE: 204-250-7253

If you are a staff member of the division (i.e EA, teacher, admin, bus driver) please register on employee connect to participate.



SEVEN OAKS SCHOOL
DIVISION

SEVEN OAKS SCHOOL DIVISION

SETTLEMENT PROGRAM

FOR IMMIGRANTS TO SEVEN OAKS

FEBRUARY 2014

All events and programs are for newcomers to Canada. They are CIC funded and hosted by the Seven Oaks Settlement Program.

BRING YOUR PERMANENTCARD TO REGISTER.

Questions? Phone 204-632-1716

CONTACT INFORMATION

Seven Oaks Adult Learning and Settlement Services

Website:

www.7oaks.org/programs/settlement

Call us: 204-632-1716

Email us:

settlement@7oaks.org

Visit us:

950 Jefferson Ave

OFFICE HOURS

Monday to Thursday
9am- 8:30pm
(extended hours starting this month)

Welcome to our new Settlement Worker, Randean!

PRESENTATIONS, PROGRAMS AND WORKSHOPS

- **Income Tax Presentation** Tuesday, Feb 25th AND Wednesday, Feb 26th at 6:15pm at 950 Jefferson Ave. Basics of what you need to do your taxes, forms, how to file etc...
- **Basic Financial Workshop** – Friday Feb 21st and 28th, 12:45-2:30pm at 950 Jefferson Ave. Budgeting, credit history, managing debt etc... Call Rowena to register.
- **Beginner Computer Classes**– every Saturday starting Feb 1st, 1-3pm. Call Jose to register.
- **Conversation Classes**– Tuesdays AND every Saturdays, 1-3pm at 950 Jefferson Ave. Practice speaking and listening to English. Call Shane to register.
- **Conversation Café**– Tuesday, Feb. 25th, 10-12am at 950 Jefferson Ave. Practice English by telling your story of coming to Canada– for CLB 5+. Call Shane to register.
- **Men’s Group -Cooking classes**-- Saturdays in February 10am-12pm at Maples Collegiate (corner of Adsum and Jefferson). Includes information on saving money and nutrition information. Call Jose to register.
- **Entry Program in Seven Oaks**– We are hosting the Entry Orientation Program for new immigrants in February and March. Important program for all newcomers to Canada. Free child care. Call the office to register.

EVENTS

- **Free Winter Family Event**-- Sat. Feb 22nd, 3-6pm behind 950 Jefferson & Value Village. Bring the whole family for a bonfire, sleigh ride, snow-play, snacks, crafts, and “Punjabi Night in Canada” (ice hockey game). Please call to register. Bring extra warm clothing. Check our website for any weather cancellations on the day.



- **Elwick Community School has free skating** every Tuesday and Thursday at 30 Maberley Rd. from 4-6pm during the winter. This is a great chance for the whole family to learn how to skate and enjoy the outdoors in winter. Includes skates and teacher. No skating if the outdoor temperature is below —25 degrees.
- **Coming soon to Seven Oaks Adult Learning and Settlement Services Centre:** Manitoba Start employment workshops; Red River College; women's zumba classes, the Global Welcome Centre, a budget shopping tour, Trade Fair and more. Please see the March newsletter, our website or call us at 204-632-1716.
- **Nor'west Co-Op Community Health Services**, located in the community just south of Inkster, has many excellent programs for those living in the area, including programs for parents, children, youth, women, various family health programs and 3 Resource Centres. Please see their website for more information: www.norwestcoop.ca or phone 204-938-5900. They are located at 785 Keewatin St.

SCHOOL NEWS FOR Seven Oaks School Division

- **SOSD Schools will be releasing report cards** in February. Depending on your child's school, you may need to check "Parent Connect" at www.7oaks.org under "Parents" at the upper right of the page. If you need help with this, phone your child's school, or contact a settlement worker for help.
- **Kindergarten registration** starts on Feb 24th 2014
- **Continuing Education classes for adults** in Seven Oaks School Division—registration is now. You can register for classes such as cooking, crafts, fitness, computer etc... These classes are not free. Please see www.7oaks.org front page for more details.

Did you know?

Sometimes SOSD cancels school buses because of bad winter weather. If the temperature and the wind chill together is -45 C or colder at the Winnipeg Airport (as posted by Environment Canada at 6:00 a.m.), then buses will not run for the whole day but schools usually stay open.

Check the Seven Oaks School Division website home page or the radio stations



PROGRAM DETAILS

- **Men's Cooking Classes**—Saturdays 10am-12pm at Maples Collegiate
- **Conversation Classes**—Tuesdays 1-3pm at 950 Jefferson Ave
- **Conversation Classes**—Saturdays 1-3pm at 950 Jefferson Ave.
- **Entry Regular Program**—Mon-Fri. all of February at 660 Sheppard St., Express—last week Feb. in afternoons or evenings. Free childcare.
- **Conversation Café**—Feb 25th 1-12am only at 950 Jefferson Ave.
- **Winter Family Event**—Saturday, Feb 22nd 3-6pm behind 950 Jefferson and inside the building
- **Income Tax Presentations**—Tuesday, Feb. 25th AND Wednesday, Feb. 26th 6:15pm at 950 Jefferson
- **Financial Workshop**—Thursday, Feb 21st and 28th at 12:45pm-2:30pm at 950 Jefferson Ave.
- **English Classes**—various times and classes are held at 950 Jefferson Ave. Call office for details. Term 3 starts Feb 3rd.

SUN	MON	TUE	WED	THU	FRI	SAT
						1 Men's Cooking Group @ Maples Conversation Classes @ 950 Jefferson
2	3 Entry Program Starts English Classes term 3	4 Entry Conversation Classes	5 Entry	6 Entry	7 Entry	8 Men's Cooking Group Conversation Classes
9	10 Entry	11 Entry Conversation Class	12 Entry	13 Entry	14 Entry	15 Men's Cooking Group Conversation Classes @ 950 Jefferson
16	17 Entry	18 Entry Conversation Class	19 Entry	20 Entry	21 Entry Financial Workshop	22 Men's Cooking Group WINTER FAMILY EVENT Conversation Classes
23	24 Entry Entry Express Starts	25 Entry Conversation Class & Café Income Tax	26 Entry Income Tax	27 Entry	28 Entry Program graduation Financial Workshop	



C O M M U N I T Y B E G I N S H E R E