



Education for Sustainable Development (ESD)

Climate justice is a key component of our school plan, and as we work towards becoming a UNESCO school this coming school year we want to be mindful of our actions towards sustainability. As such we are trying to be a more sustainable school, we encourage the following from our student body:

- Composting
- Recycling properly
- Garbage-free lunches
- Create no waste
- Bring your own containers for takeout food
- No styrofoam
- No plastic water bottles, use a reusable water bottle
- No plastic bags
- Reduce, reuse and recycle
- Use natural light when possible

School Supplies

At Exchange Met School students are expected to come to class prepared with basic school supplies (calculator, pens, pencils, looseleaf, and personal tools for organization). We are in support of students bringing their personal devices for learning purposes (iPads, tablets, laptops, or Chromebooks). However, a separate policy will be in place in September in regards to the guided use of cell phones and technology at school. A change of clothing and appropriate footwear for active living (phys. ed) classes are also required.

****With many internship opportunities at Exchange Met School, it is strongly encouraged for students to have a Peggo card for independent travel.****

Timetable

Every Monday - Early Dismissal Day

SLOT	Time
ADVISORY	8:45-9:15
A	9:15-10:15
B	10:25-11:25
LUNCH	11:25-12:25
C	12:25-1:25
D	1:35-2:35
	2:35 Dismissal

Tuesday-Friday

SLOT	Time	Tuesday	Wednesday	Thursday	Friday
ADVISORY	8:45-9:15	CBL DAY*		CBL DAY*	
A	9:15-10:35				
B	10:35-11:55				
LUNCH	11:55-12:55				
C	12:55-2:15				
D	2:15-3:35				
		3:35 Dismissal			

CBL: Community-based learning days – students out of the building at internships or service learning opportunities

ADVISORY:

Morning routine of nutrition, O' Canada, Land Acknowledgement, Announcements and Advisor Check-ins.