

Technology & Applied Arts

Foods - November 2019



Mrs. Schindell's grade 10 Foods and Nutrition Class spent the day at the Bruce D. Campbell Farm and Food Discovery Centre. We learned how farm to table works. The students made pizza and explored the discovery center. We discussed controversial topics such as GMO, organic farming as well as plant-based diets. The students got to see how pigs and dairy cows are raised. The farm continual does research on the most up-to date farming practices. Farming in Manitoba has become a leader in sustainability. Students rated this trip a 9 out 10 – overall stating they found it interesting to learn about farming. Good day had by all.



Volunteering - December 2019

Community Outreach with Winnipeg Harvest.

Garden City Collegiate is partnering with Winnipeg Harvest and the "breakfast to Go" program. This program is providing 750 students in local Winnipeg Schools with healthy food options. These students rely on breakfast and lunch programs at their school, however on the weekend they miss out. Winnipeg Harvest is fulfilling this important need along with the students at Garden City Collegiate. In each package students not only do they receive several healthy food options to carry them over the weekend but also an affirmation note. Each week students of Garden City take 10-15 minutes out of their school day and write inspirational messages to each child. The children receiving these and so inspired and treasure the notes, some children pay them forward to others who they fill may need a boost. Congratulations GC students.





Family Studies - November 2019

The Grade 10 Family Studies classes visited the birthing centre for All Period Day on October 23rd and November 27th. Erin Bockstael is a Health Educator at the Birthing Centre. Erin gave us tours of the facility as well as talked to the students about the history of Women's Health Clinic. Students in the morning class got to see inside the birthing rooms and get a first hand look at what the birthing centre has to offer. A highlight of the tour was getting to take a look inside the placenta freezer.



The Grade 9 Family Studies classes have benefited from Teen Talks throughout the term. Teen Talk is a youth health education program providing services throughout Manitoba. This term our students have learned about Dating Relationships, Mental Health and Sexual / Reproductive Health from the Teen Talk team.



Our Grade 10 morning class and Grade 9 afternoon classes would like to thank Kaia Campanella, our Teacher Candidate, for being with us this term. The students warmed up to Kaia quickly and will be sad that her block is ending at the end of December. We look forward to continue seeing her for the rest of the term during her observation time.



Garden City Human Rights and Sustainability group - November 2019

The Garden City Human Rights and Sustainability Club has been very active this semester. We organized Garden City's participation in the global student climate strike in September, taking two busloads of students to show their support for global climate action. We followed this up by joining several divisional schools asking the Superintendents and School Trustees to declare a climate emergency and direct our actions as a school division towards this reality. The students requested phasing out our consumption of single use plastics, honouring the United Nations Declaration of the Rights of Indigenous People's, and submitted a proposal to turn our school lawns into pollinator, bird, and soil friendly meadows. They also suggested installing solar panels and numerous other practices that would result in a lowered carbon footprint within 7 Oaks. We ran our annual Socktober Bake Sale where our students bring in new socks to donate to the Main Street Project and Siloam Mission. We have been working with other teachers in our school to get GC to participate more in the divisional composting program. We celebrated International Human Rights Day on December 10 and we ran a holiday sale of reusable items such as beeswax wraps (which we made ourselves), metal straws and cutlery to encourage staff and students to reduce their consumption of single use plastics. Our future goals include continuing to pursue our meadow proposal, further reducing our consumption of single use plastics, working with our sustainability program to get bee hives here at Garden City and working towards the installation of green roofs and solar panels at our school.

Our students have also had numerous opportunities to participate in fabulous events this term. Our group attended the division Creating Democratic Schools dinner and discussion in October. They also attended a sustainability conference run by Sisler High School. They are participating in student leadership training run by the United Way which trains them to plan projects, write grant proposals and see their projects to completion – all organized and funded by the United Way. We look forward to organizing more climate and human rights events in the New Year.

Garden City's Human Rights and Sustainability Group meets in 304East on Mondays at lunch. Contact Ms. Flynn, Ms. Torio, Ms. Annell, or Ms. Warbanski for more information

GC Visual Arts Program

This year students in grade 9 are exploring drawing techniques, colour theory, art journaling and linear perspective. Students in grades 10 to 12 are now able to attend art every second day all year long. This is a new development in our scheduling that allows art students a longer period in which to work on their observational drawing skills, painting techniques, colour theory, the creation of three-dimensional art projects, and to explore environmental themes through art. They have also had the opportunity to watch and discuss Abstract: The Art of Design as part of this year's curriculum which has allowed them to get a sense of the importance of design in all our lives designers' personal engagement with the creative process.

Art Club meets Wednesdays after school at 2:30 in 304E.



TEXTILE ARTS AND DESIGN 15S – SEMESTER I



Semester I Textile Arts and Design 15S students have been busy with four main projects: namely, primitive rug hooking, knitting, quilting and a pillow case.

The primitive rug hooking project was one example of our exploration of the traditional crafts of Manitoba. We used yarn, as is common in the Maritimes as opposed to strips of cloth, more common on the prairies. We used burlap as back and created and worked our own designs.



Our knitting broke away from the traditional and embraced loop-it yarn where the loops are already preformed and you simply pull one loop through the other to create a knit object. We focused on scarves.

Our third project again explored traditional crafting. We created a patchwork pillow top which was then quilted to create a quilted pillow.

The holiday season became a perfect opportunity to create holiday ornaments. Gingerbread 'people' were a favourite.

The final project is a pillow case sewn by machine, as a way to practice sewing machine skills







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Semester II

Semester II brought a number to challenges to our Textile Arts course. If anything the remote learning course was reminiscent of a previously offered Fabric Arts course, where we explored various crafts popular among Manitobans. An attempt was made to approach these crafts from a historical perspective. Ideally, we would have explored the crafts while looking at their history. However, because we were not in the classroom, only a few students were able to continue with practical work at home.

It is hoped that looking at history, we can keep events, like this pandemic in perspective. The comparisons to war times and the depression of the 30s to our current experience is uncanny. People mobilized to do what they can to help provide personnel protective equipment, for example, anywhere from companies reconfiguring to students making face masks. The need to become more creative and use what supplies were available to us since stores were closed, was reminiscent of earlier times when we could not just walk out and get everything we wanted.

The other observation of note is that many students found a new value in doing crafts to relax, to be creative and to fill the time. Many students also had to confront who they were as a learner, a valuable life long lesson. They also had to deal with being resilient, learning how to adapt to a whole new world and carry on.