



## Seven Oaks Better Access to Groceries

## Better Access to Groceries (BAG) is

Available for people in the Seven Oaks community

A bag of fresh and low-cost fruits and vegetables

A program to promote healthy eating

## You can learn more about Seven Oaks BAG online!

Join the Facebook Group: Seven Oaks Better Access to Groceries of "Like" us on Instagram: sevenoaksbag

## **BAG** instructions:

- 1. FILL OUT order form below
- 2. ORDER YOUR BAG. Please see attached schedule
- 3. Place your order by no later than 4:30 on the Monday before BAG pick up (See updated schedule □).

Email: sevenoaksbag@gmail.com

OR- Telephone: 204-9603050 (ask for Emmy) -OR-

In-person: 3-1050 Leila Avenue (Right behind the Shoppers Drug Mart)

4. PICK-UP YOUR BAG on the Scheduled Sunday and Enjoy!

Date: see attached schedule

Location: Education room at 3-1050 Leila Avenue

SUNDAY PIO	CK UP 10:00- 2 PN	Л
Ul	PDATED	
ORDERS DUE BY	PICK UP DATES	prepaid
Monday @ 4:30pm	Sunday	
May 12 <sup>th</sup>	May 18 <sup>th</sup>	
June 9 <sup>th</sup>	June 15 <sup>th</sup>	
July 7 <sup>th</sup>	July 13 <sup>th</sup>	
August 11 <sup>th</sup>	August 17 <sup>th</sup>	

Any changes to schedule will be made one month in advance and members will be notified via email and/ posted at pick up

- Please submit payment before the pick-up day. Exact change is preferred (change is not always available). Payment can be cash, or a cheque made out to Gwen Sector.
- If you notify the Coordinator you are missing the current month's bag pick up day after the order
  has been submitted to Save on Foods on Monday, we <u>cannot</u> hold your payment for the following
  month.

If you missed picking up your order, your payment DOES NOT go towards the next month.

Seven Oaks BAG: ORDER FORM		Date:	/ 	/ MONTH	YEAR	
First Name:	Last Name:_					
Address:	Postal Code:					
Phone #:	Cell:		_Email:_			
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