

SEPTEMBER 2024

PRINCIPAL'S MESSAGE

Welcome to the 2024-2025 school year! I would like to start off by extending my gratitude to the Victory School community for the warm welcome as I step into the role of Principal. As I continue to meet Victory families and staff, it is clear that this is a very special place with a strong commitment to children and to *Mino Pimatisiwin: the good life*! I am excited to play a role in supporting this on-going work in the coming months and beyond.

Over the summer, I spent time reflecting on the Victory School Mission Statement and thinking about how it aligns with my own beliefs as an educator... Every child has a voice and brings unique gifts to celebrate as they grow into global citizens. Lifelong learning begins with the strong relationships that are formed in a caring community. These beliefs are evident at Victory – they are beliefs I share and am committed to upholding as we work together. *We are Victory School*, and this is a great place to be! -*Mr. Volk*

REMINDERS & UPDATES

We have a new Administrative Assistant in the Victory Office – Lorie Pascual (Ms. Lorie). She will be the first face you see when you drop in and the voice on the other end of the phone when you need to call the school. Please remember to call the office if your child is going to be away for any reason, or if they are getting picked up before the end of the school day. If you get the school voicemail, please leave a detailed message.

You can find our <u>2024-2025 Victory School Handbook</u> on our website under *Publications*. It is filled with useful information about the school year and daily routines that should be reviewed before the start of school.

Be sure to log in to <u>Parent Connect</u> to make sure your information is accurate and pay your school fee. You will use your account to access important things like conference bookings and report cards throughout the year.



VICTORY SPOTLIGHT

Victory Spotlight will be a monthly newsletter item that showcases the amazing work taking place in classrooms. Every classroom will be contributing to the newsletter at least once throughout the school year to share the learning that they're proud of. Be sure to check it out every month. You'll also be able to see highlights by following the Victory School Instagram account @victoryschoolmb. Your child's Teacher will provide you with information for any online tools such as classroom Instagram or Seesaw online portfolios so that you can celebrate learning along with us!

VICTORY READS

Victory Reads is an initiative that has been running strong for a few years now! It provides a chance for the whole school community to come together around a common book every month. In this section of our newsletter, we'll be sharing the book with families so that you can continue discussions about reading at home!



The title for September is "In My Skin" written by Morgan Christie, illustrated by Martina Stuhlberger.

In My Skin is a poem where children find creative ways to embrace the world around them. Told by many different children as they sing, rise, reach, move, learn, hope, laugh, rest, remember and love, this gorgeous poem shows us that when you embrace the skin you're in, you open yourself up to a world of possibilities.

Check in every month for a *Victory Reads* update and share the love of reading and learning with your child!



MONTHLY MINDFULNESS

Monthly Mindfulness is a monthly newsletter item where we'll share tips and resources related to wellness and mindfulness that families can use at home. As partners in learning, we want to share tools that support your child's development and learning.

Tips for Healthy Sleep



After the summer break, it's common for many of us (adults included) to have to make some adjustments to our *sleep*! That's this month's topic as we all adjust our bedtimes, wake up a little earlier and make sure we're rested for the day ahead.

According to this article from <u>Canadian Mental</u> <u>Health Association</u>, kids age 5-13 years old need 9-11 hours of sleep per night. To help with this,

experts suggest some basic tweaks to your routine that include creating a consistent routine, reducing screen time, and setting up a good sleep environment.

For more examples of effective bedtime routines that are also great ways to connect with your child, check out the suggestions at <u>sleepfoundation.org</u>.

Hopefully you find some tips that work for your family and help your child get the healthy sleep they need – and who knows... maybe some tips that help you enjoy your own bedtime routine even more as well!

Sweet dreams!



LIBRARY NEWS

Reading and Literacy are a very big part of who we are at Victory School! Nothing is more important to early literacy than developing a *love* of reading!

Every month, Mr. Malloy will share updates and features including new books in our school library collection, featured read-aloud books and themes that will ignite the imagination!



"Welcome back Victory students! I'm looking forward to another year full of fun in the library. I've been busy adding some awesome new books to our collection over the break. As summer turns to fall, get ready to kick off the school year with some stories involving creatures and the outdoors in my favourite season. I can't wait to see everyone!" - Mr. Jesse

UPCOMING DATES

September 3 & 4	Orientation Days – Appointment Only – NO CLASSES
September 5	First Day of Classes Gr 1-5
September 5&6	Kindergarten Staggered Start
September 9	First Day of Full Kindergarten
September 19	Family BBQ
September 23	Treaty Education PD Day – NO SCHOOL
September 30	National Day for Truth & Reconciliation – NO SCHOOL