



VICTORY SCHOOL

SEVEN OAKS SCHOOL DIVISION

Community News & Events

We've got a lot of great fun events that are happening in our community. We hope you are able to partake in some the fun.!

September 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
16	17	18 Victory Parent Council Meeting 6:30	19	20 Victory BBQ 4:30- 6:30	21	22 Seven Oaks Learning & Service Centre Open House 11am —2 pm
23	24 Preschool Begins! 9:30—11:30 am	25	26 Preschool Program 9:30– 11:30 am	27	28	29



Victory School
Parent Council Meeting
Tuesday, September 18th
6:30 P.M.

~Community Begins Here~

Please join us and participate in your child's
school community in a **BIG** way!

Please join us



**Victory School's
Community BBQ**

Thursday, September 20, 2018

4:30—6:30 p.m.

**Come down and enjoy a complimentary hotdog,
chips and a drink!**

We'll also enjoy some other fun activities such as:



Craft table

Candy Scramble

Face Painting

Healthy Treat Sample

Field Activities

Preschool Program at Victory School



Parent & Child Preschool Program is starting up again, and begins on September 24th!

The preschool program will be running on Mondays and Wednesday mornings from 9:30 –11:30!

You can find a registration form online [here](#) or drop by the school office to pick one up. If you have any questions, please contact Veronica Thiffeault at veronica.thiffeault@7oaks.org or call her at the school Mondays or Wednesdays at 204-586-9716.



Seven Oaks Early Years Coalition will be starting the **Wiggle, Giggle & Munch Program** for parents/caregivers and children to have fun together through active play, games, songs and a healthy snack. All children from ages 1-5 and their supervising adult are invited to this FREE Drop in program! Everything is provided, you only need to bring indoor shoes and a great attitude!

At Victory School - Tuesdays & Wednesdays 6:00—8:00 p.m.

At Governor Semple on Thursdays 5:30 pm & James Nisbet on Fridays at 6:00 pm

[To Register / More information contact:](#)

Danielle Verrier—danielle.verrier@gmail.com 204-296-4780

Cathy Horbas—cathy.horbas@7oaks.org 204-232-9926

Gymnastic Classes

Silhouettes Gymnastic Club

Classes for girls ages 3 and up

recreational and Competitive programs

Located at R.F. Morrison School

For more information email

silhouettesgymclub@gmail.com



**MOTHERS,
DO YOU WANT TO HAVE BETTER COMMUNICATION
WITH YOUR DAUGHTERS?**

Seven Oaks School Division Partners in Learning is offering a FREE 8 week program called

“Mothers and Daughters in Touch”

It is designed for mothers and their daughters 9 -11 years of age.

The program uses different activities, some with moms and daughters together, some with them in separate groups. The *Mothers and Daughters in Touch* program focuses on skill building for both mother and daughter.

Some of the information covered will be:

Learning to hear and respect each others feelings

Developing strategies to deal with peer pressure

Learning how to be an approachable parent

Understanding the meaning of a healthy body image and what contributes to one.

Gain knowledge and skills to cope with changes during puberty

The weekly sessions are a time for the two of you to have some fun, uninterrupted time together and enhance the mother daughter relationship.

When: Monday, October 1 to November 26th, 2018 6:00 – 8:00 p.m.

(NO Class on Oct. 8th)

Where: RF Morrison school

Cost: A commitment to your child that you will attend all 8 weeks to the best of your ability.

**To register or for more information,
please call or email Veronica at 204 586-9716, veronica.thiffeault@7oaks.org or Cheryl at
204-339-1964, cheryl.rajfur@7oaks.org**

The group is limited to a maximum of 16 mother/daughter teams.

Free Capoeira Classes for Grade 5's

Capoeira After School Program @ Victory School



What is Capoeira?

Capoeira is a Brazilian martial art that combines elements of dance, acrobatics, music, and self-defense. Instead of blocking kicks, Capoeira encourages escaping, thus reducing contact. Rather than promoting violence, Capoeira provides a physical outlet while teaching the students self-confidence, respect for others, discipline, cultural acceptance, perception, and community.

Capoeira is played two by two, and the game works like the dialogue of a conversation. Capoeira develops gross and fine motor skills, coordination, muscular strength, proprioception, cardiovascular endurance, balance, flexibility, and rhythm. Involving the music/rhythm aspect adds an additional interest area and diversifies the classes.

After School Program open to Grade 5's.

The after-school program will be running every **Monday (starting on Monday, October 15th)** at **3:30 PM – 4:45 PM**, in the gymnasium at Victory School.

Children who participate will have a light snack before starting Capoeira.

The classes will be taught by Capoeira Instructor My Löfgren.

Parents are responsible for making arrangements for their children at the end of class.

Watch for the registration forms, they will be sent out soon!

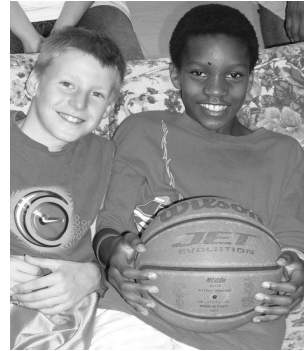
THE CITY OF WINNIPEG • VILLE DE WINNIPEG

COMMUNITY SERVICES DEPARTMENT • SERVICES COMMUNAUTAIRES

in partnership with Lighthouses, a Neighbourhoods Alive! Program

presents a CHILDREN'S FREE PLAY PROGRAM

Fall 2018



Qualified leaders will provide a variety of supervised, structured activities such as games, sports, arts & crafts, music, drama, and special events.

Parents are always welcome to participate in the activities.

OPEN TO ALL CHILDREN IN GRADES 1-5

Children who choose to participate in the Free Play program are required to stay at the school with the Free Play leaders until a parent/guardian has picked them up from the program.

The program will operate on a **scheduled** basis

All children must be picked up by 5:30 pm.

Parents/guardians must complete a participant medical form before their child will be allowed to participate in the program.

If you have any questions about our Free Play Program,
please contact Victory School or 311.

REGISTRATION FORMS WILL BE SENT HOME SOON. STAY TUNED FOR MORE INFO!



Don't miss out!

You only **need to apply once** to find out if you are eligible for benefit and credit payments. Then you need to **do your taxes every year** to continue getting payments, even if your income is tax exempt or you had no income at all.

We use the information from your tax return to calculate your federal benefit and credit payments, and **any related provincial and territorial payments**.

You could get up to:

\$6,496	annually per child in Canada child benefit payments
\$568	annually in GST/HST credit payments + \$149 annually per child
\$1,894	for the working income tax benefit; you could also apply for advance payments
\$2,771	annually in child disability benefit payments if your child is eligible for the disability tax credit

RC4498 Rev.18

How do you apply?

Find all the information you need on how to apply for benefits and credits at canada.ca/child-family-benefits or call 1-800-387-1193.

We can help!

If you have a modest income and a simple tax situation, volunteers from the Community Volunteer Income Tax Program can do your taxes for you, for free. Find a tax preparation clinic near you at canada.ca/taxes-help.



Canada Revenue Agency
Agence du revenu du Canada

Canada



OPEN HOUSE

Sat. Sept 22

11:00 am - 2:00 pm

Seven Oaks Learning & Service Centre

Seven Oaks School Division is hosting an open house in the new Learning and Service Centre in West St. Paul at 1985 Grassmere Road (between McPhillips and Pipeline). The centre will house an Agricultural Learning and Outdoor Education Centre in addition to being the new home of our Transportation and Maintenance operations.

Join us for an open house at the new centre

Saturday, September 22nd

from 11:00 a.m. to 2:00 p.m.

There will be a Petting Zoo, Hay Rides, various booths with information on gardening, cooking nutrition, Indigenous education and environmental literacy and hot dogs and drinks.