

HAWK TALK

Welcome back! We are excited to start another new year of learning at ÉSOMS. September is a time of new beginnings, a hopeful time when we look forward to what the school year ahead has to bring. This year we are focusing on building community in and around our school and taking advantage of all the outdoors has to offer. We are fortunate to have beautiful outdoor classroom spaces and we are working to use these spaces to expand our opportunities for learning.

A reminder that ÉSOMS is on Twitter so be sure to follow @ESOMSchool to stay up to date on the most recent goings-on at ÉSOMS!



Bienvenue!

We would like to extend a warm ÉSOMS welcome to our new staff members.

Myckaila Grimes – Supply Teacher
Melissa DeNoon – Physical Education
Katy Abraham – Band, Music
Evan Knight – Education Assistant
Matthew Mousseau – Education Assistant
Amy Wilson – KYAC Co-ordinator
Erik Arac – Custodian

Kirk Baldwin, Principal
800 Salter Street, Winnipeg, MB R2V 2E6
kirk.baldwin@7oaks.org

Crystal Hanson, Directrice adjointe
Phone: 204-586-0327 Fax:204- 589-0121
crystal.hanson@7oaks.org

www.7oaks.org

Call Back System

If your child will not be at school or will be late, please contact our office at 204-586-0327 or email marie.jowitt@7oaks.org or bonnie.pollreis@7oaks.org. The office is open for phone calls between 7:45 am and 3:30 pm. If your child is absent and we have not been notified, you will be contacted to ensure your child is safe.

Breakfast Program

We are pleased to share that ÉSOMS is offering breakfast every morning from 8:00 to 8:20 a.m. Breakfast is available to every ÉSOMS student who needs to have breakfast at school. We offer a simple, nutritious menu of cereal and toast, available free of charge from the canteen.

Lunch Program

École Seven Oaks Middle School provides lunchtime supervision and activities for students who wish to stay at school for lunch. Our lunch schedule allows children time to eat together in their classrooms with their classmates and then participate in a variety of activities.

11:15: Lunch begins. Students who are leaving the school grounds to eat lunch (for e.g. at home) leave at this time.

11:15 – 11:35: Students eat lunch and converse with their classmates in their homerooms.

11:35 - 12:05:

- a) Students wishing to watch or participate in Intramurals can go to the gym.
- b) Students may sign up in the morning to go to the school library.
- c) Students may pick up a pass from the office to go to the West Kildonan Library
- d) Students may participate in events/clubs (musical rehearsal, leadership etc.)
- e) Students who go outside have the choice to:
 - remain on school property (the school backyard)
 - walk to Victory School field. **In our conversations with students we have reminded them to use extra caution and watch for traffic when crossing at Powers and Perth.**

12:05: Students return to the school for afternoon classes which begin at 12:15.

We are a peanut, nut & fish-free school

There are several children and staff at ÉSOMS who have life threatening allergies to nuts and fish. Our goal is to provide a safe classroom and school for all students. This also applies to the food which is brought into the school. Please assist us in ensuring that your child's lunches and snacks are nut free and fish free.

Picture Day

Lifetouch Canada will be taking student's portraits at our school. Your child/children will be photographed using a proof program. Below are some key points to the proof program:

- Picture day is **TUESDAY, OCTOBER 18th**
- Picture re-takes will be **THURSDAY, NOVEMBER 3rd**.
- Watch for a Lifetouch flyer with pose and background colour choices that will be sent to you shortly.
- All Students will be photographed. **No payment is required on picture day.**
- A proof order form will arrive approximately 10 days after picture day.
- Please return orders to the school by the due date indicated on the order form.
- Once orders are received, packages will be delivered to your school in approximately 10 days.
- Upon receipt of your proof, if a retake is required, you must check the retake request box on the proof order form and return it to the photographer on photo retake day.
- Please direct any questions to Lifetouch Canada.

Lifetouch Manitoba:

Unit # 3 - 1410 Mountain Avenue, Winnipeg, Manitoba R2X 3C4
Telephone 1 866 443- 9640

Cell Phones, Digital Cameras, Electronic Music Devices & Games

We realize that many parents provide their children with cell phones for safety reasons. We expect that students will use them appropriately. At no time should these digital devices disrupt the learning environment. Students may not use digital cameras or camera phones in school except under the direct supervision of a teacher. To protect the privacy and safety of others, students who take unauthorized pictures of friends and classmates in or around the school may be asked to delete them from cameras and storage devices. The use of iPods or MP3 players is entirely at the discretion of individual classroom teachers.

The school cannot be responsible for loss of these items and we recommend that these valuable items be left at home.



EXTENDED DAY GROWTH EDUCATION

GREAT AFTER SCHOOL ACTIVITIES FOR MIDDLE YEAR STUDENTS!

EDGE once again will be offering a variety of middle year after school activities. Participation begins after regular classes **and in most cases** – right in your own school! Parents and students who are looking to fill the gap between school and the supper hour can check out the affordable programs offered by **EDGE**. Courses like the Babysitter Certificate Program, Teen Club and Math Busters are regularly offered along with art programs and a variety of special interest courses including cooking, crafts and more!

Registration booklets and forms are now available online. Programs will begin the *week of October 11th to mid-December*. The courses are fun and educational, but spaces are limited. So...don't delay, register as soon as possible to ensure participation in **EDGE** programming at your school. Fall registration is due October 3rd.

[You can view and register for EDGE fall activities on the Seven Oaks School Website.](#)

Questions? Contact Penny Raymond,
Extended Day Coordinator at:
885-4333 or
E-mail: penny.raymond@7oaks.org

Welcome back to another year with the ÉSOMS music program!

Over the summer we had seven students participate in the Manitoba Band Association's Summer Band Camp at Garden City Collegiate. Congratulations to Dillan Karamchand, Maddie Stenning-Brown, Evan Karamchand, Nathaniel Karamchand, Kaitlyn Gunkel, Mikayla Klyne, and Michael Ross (some of whom are off to Garden City for high school this year) for your hard work and amazing performance at the end of a successful week! An extra special congratulations to Michael Ross for being selected as the first Seven Oaks Camp recipient of the Ken Epp Character Award; what an honour!



Please note that the Grade 6 Instrument Tryouts will once again be happening during the school day the second week of school. Students will come down as a class and instruments will be sent home as soon as instrument contracts have been signed by parents/guardians. Grade 7 and 8 band students should have already received their instruments during orientation days.

We will once again be running the Show & Save fundraiser this September. This fundraiser is open to all **band students** in grades 6-8. Please be aware that fundraising money cannot be transferred to another school once your child leaves ÉSOMS, so try not to exceed the amount your child will need during their time here.

We are pleased to announce that the Grade 7/8 Winter concert will take place at Garden City on **November 30, 2016**. The Grade 6 Winter Concert will be held here at ÉSOMS on **January 25, 2017**. Our year-end Band/Choir/Fiddle concert for all three grades will be at Garden City on **June 7, 2017**. Please make arrangements now to clear your schedules or arrange car-pooling for these special events.

We are excited to announce that we have two out-of-town Music Festivals planned for the upcoming school year. The Jazz Band and Vocal Jazz ensembles will once again be attending the Brandon Jazz Festival in mid-March. The Grade 8 Band will have the opportunity to participate in the Moose Jaw Band Festival in mid-May. More information will be sent home later in the fall regarding both of these opportunities.



ÉCOLE SEVEN OAKS MIDDLE SCHOOL

IMPORTANT DATES 2016-2017

September	6	Orientation Day
	7	Orientation Day
	8	Welcome Assembly
	19	Grade 8 Camp Manitou
	21	Divisional PD
	29	Terry Fox Walk
	30	Orange T-shirt Day
October	3-4	Power Positif Camp
	4	HawkTalk (6:30pm in MPR)
	10	Thanksgiving – No Classes
	18	Picture Day
	21	MTS PD Day – No Classes
November	3	Picture Retakes (am only)
	7	PD/Admin Day – No Classes
	10	Remembrance Day Assembly
	11	Remembrance Day – No Classes
	17	Student Reports go online
	24	Parent/Teacher/Student Conferencing – Evening
	25	Parent/Teacher/Student Conferencing – No Classes
30	Grade 7 & 8 Winter Concert	
December	2	School PD – No Classes
	22	Last day of classes before winter break
January	9	Classes resume
	25	Grade 6 Winter Concert
February	3	School PD – No Classes
	20	Louis Riel Day – No Classes
	27	PD/Admin Day – No Classes
March	6	Winter Activity Day
	10	Student Reports go online
	16-17	Brandon Jazz Festival
	16	Parent/Teacher/Student Conferencing – Evening
	17	Parent/Teacher/Student Conferencing – No Classes
	27-31	Spring Break
April	3	Classes resume
	3-13	School Production
	14	Good Friday – No Classes
	19	ÉSOMS Open House – 6:30 pm
	21	School PD – No Classes
May	15	School PD – No Classes
	15-17	Moosejaw band trip
	22	Victoria Day – No Classes
	31	Arts in the Park
June	1-2	Arts in the Park
	7	Spring Concert
	22	Grade 8 Farewell
	29	Report Cards go online
	30	Last day of school

The City of Winnipeg is proud to provide a wide variety of recreation and leisure opportunities that contribute to the overall well-being of our community. The Leisure Guide is published three times per year and is filled with fun and exciting programs for everyone.

For more information on leisure, sport and fitness programs, please pick up a copy of the Leisure Guide, call 311 or visit Winnipeg.ca. Guides are available for pick up at civic indoor pools, libraries and leisure centres, and at a number of retail locations including Safeway, 7-Eleven and Mac's.

Registration for swimming lessons only will begin on August 30 at 8:00 am. Registration for all other activities will begin on August 31 at 8:00 am.

City of Winnipeg Priceless Fun

Winnipeggers now have easy access to information about free recreation, leisure and library programs with the free programming guide, Priceless Fun.

The fall edition of Priceless Fun, available in September, provides information about the free programs for children and youth being offered by the City of Winnipeg throughout the city, all in one convenient guide.

Hard copies of Priceless Fun are available for pick up at all civic indoor pools, libraries and leisure centres. You can view the current edition of Priceless Fun online at: Winnipeg.ca/cms/recreation/leisureguide.stm.



HELPING FAMILIES HEAL TOGETHER ACROSS THE PROVINCE!

Reach \$4000 or more in pledges to receive a pair of honorary, big red shoes! **GRAND PRIZE:** Win a pair of WestJet tickets to anywhere WestJet flies! **IN SUPPORT OF** Ronald McDonald House Charities Manitoba

WESTJET

SIGN UP FOR A FUN, 3KM WALK TO KEEP FAMILIES CLOSE!

Join us for our 2nd Annual RED SHOE CREW WALK

Saturday, September 24th, 2016
Assiniboine Park, Winnipeg, MB

Registration Fees
Ages 13 & up: \$25 | Ages 12 & under: \$5
Receive a FREE event t-shirt by signing up!

Find organized Red Shoe Crew Walks in these other participating communities!

Dauphin, Neepawa, Portage la Prairie, Brandon, Winnipeg, Winkler, Steinbach, Waywayseecappo First Nation

CIBC **RED SHOE CREW WALK**

TAKE PART IN GAMES, ACTIVITIES AND MORE TO WIN FUN PRIZES!

rmhmanitoba.org

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SYNCHRO CLASSES

LIKE MUSIC? LIKE WATER? COME TRY A SPORT THAT COMBINES BOTH.....

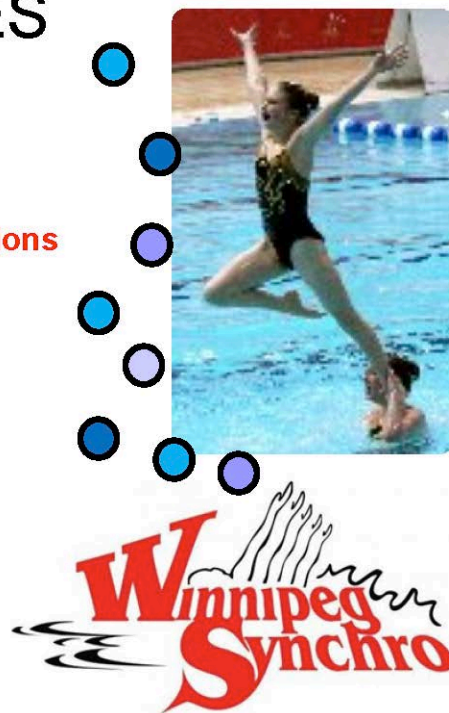
Free Try-It Days Available
Check our website for times and locations

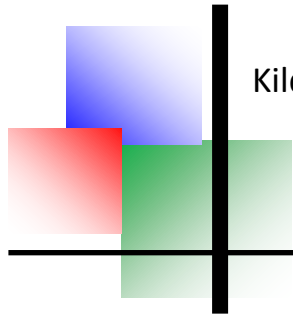
Winnipeg Synchro

- largest synchro club in Manitoba
- programs from beginner recreation to high performance
- outstanding, nationally certified coaches with years of experience
- Programs support Long Term Athlete Development

For a complete list of programs, dates and locations please visit our web site:

www.winnipegsynchro.com





Kildonan Youth Activity Centre (KYAC)

SEPTEMBER 2016



Kildonan Youth Activity Centre

KYAC Program Coordinator: amy.wilson@7oaks.org OR (204)470-9460

<http://www.7oaks.org/Programs/KYAC/Pages/default.aspx>

What is KYAC?

KYAC is a non-profit youth drop-in centre concerned with meeting the needs of youth, ages 8-17, in Seven Oaks School Division. Our drop-in programs offer a wide variety of activities ranging from low organized games, recreational sports, movie nights, guitar lessons, art classes and crafts.

Programming Hours :

Drop-in Gym Hours:

Edmund Partridge Community School (EP):
Monday, Wednesday and Friday 6-9pm

École Seven Oaks Middle School (ESOMS):
Tuesday and Thursday 6-9pm
Saturday 12-5pm

Structured Program Hours:

Governor Semple School:
Wednesdays 3:30-5:30pm

Forest Park School:
Thursdays 3:30-5:30pm

École Riverbend Community School:
Tuesdays 3:00-5:00pm

Fridays 6-9pm **(students from all schools welcome!)**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6 School Starts	7	8	9	10
11	12	13	14 Registration for Art & Guitar Open!	15	16	17
18	19	20	21 Divisional Day—No KYAC	22	23	24
25	26	27	28	29	30	

KYAC Fall Art and Guitar Programs (supplies provided— free of cost):

KYAC will once again be running art and guitar programs starting in October. Visit the KYAC website to register or for more info contact KYAC's Program Coordinator (info above).

Art: Thursdays 6:00-9:00pm @ Edmund Partridge School in the Multi-Purpose Room.

Guitar: Wednesdays 6:00-9:00pm @ École Seven Oaks Middle School in the Band Room.

small club, **BIG** results!

With the Winnipeg Wave, your child will benefit from **SMALL CLASS SIZES**, supporting individual athletes in a **TEAM ENVIRONMENT**.

Progress is based on ability and there are **NO** failing levels.

RIPPLES

learn to swim

- **5 years old and up**
- **3 sessions annually**

COMPETITIVE GROUPS

train to compete

- **8 years old and up**
- **10 month season**
- **Professional dryland training provided by NRG** (*strength & conditioning, injury prevention, nutritional guidance*)

WINNIPEG
WAVE
SWIM CLUB

1916-2016

100
years

FALL SESSION STARTS **SEPTEMBER 30, 2016**

REGISTER AT www.WinnipegWave.com

OR EMAIL WinnipegWaveSC@gmail.com FOR MORE INFORMATION