

Hawk Talk

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Welcome Back! Bonne rentrée!

My Heart Soars

by Chief Dan George

The beauty of the trees,
the softness of the air,
the fragrance of the grass,
speaks to me.

The summit of the mountain,
the thunder of the sky,
the rhythm of the sea,
speaks to me.

The faintness of the stars,
the freshness of the morning,
the dew drop on the flower,
speaks to me.

The strength of fire,
the taste of salmon,
the trail of the sun,
And the life that never goes away,
They speak to me.
And my heart soars



Chief Dan George wrote this poem as an expression of his profound connection to the land and to the environment. At ÉSOMS we strive for students to have a profound connection to their school and to each other. We aspire to create a place where students are engaged in their learning journey and where passions are nurtured. At ÉSOMS, we want every heart to soar!

Important Dates

September 5	First Day of regular classes
September 6	First day for term 1 of TAS morning options. (Grade 6 – Day 4, Grade 7 – Day 1, Grade 8 – Day 5)
October 1	Parent Advisory Council 6:30 pm - Staffroom
October 1	Picture Day
October 14	Thanksgiving – No Classes
October 21	Divisional Professional Development Day – No Classes
October 25	SAGE - Provincial PD day – No Classes
October 28	Picture retakes
November 4	School PD – No Classes
November 5	Parent Advisory Council 6:30 pm
November 8	Remembrance Day Assembly – Periods 3 and 4
November 11	Remembrance Day – No Classes
November 18	Student Reports go home
November 19	Parent/Teacher/Student Conferencing - Evening
November 21	Parent/Teacher/Student Conferencing - Evening
November 22	Parent/Teacher/Student Conferencing - No Classes
December 3	Parent Advisory Council 6:30 pm - ÉSOMS staffroom
December 4	Grade 7 and 8 Band & Fiddling at ÉSOMS
December 12	First day for term 2 of TAS morning options Grade 6 Band, Choir & Fiddling Concert at ÉSOMS
December 20	Last day of classes
January 6	Classes resume – Day 6
January 27	School PD – No Classes
February 3	School PD – No Classes
February 4	Parent Advisory Council 6:30 pm
February 17	Louis Riel Day – No Classes
March 3	ÉSOMS Winter Activity Day
March 4	Parent Advisory Council 6:30 pm
March 10	Student Reports go home
March 11	Parent/Teacher/Student Conferencing - Evening
March 13	Parent/Teacher/Student Conferencing - Evening
March 14	Parent/Teacher/Student Conferencing – No Classes
March 20-21	Brandon Jazz festival
March 28	Last day of classes before Spring Break
April 7	Classes resume after Spring Break – Day 5
April 7	First day for term 3 of TAS morning options.
April 8	Parent Advisory Council 6:30 pm
April 10	ÉSOMS Open House – 7:00 pm
April 15-17	ÉSOMS Musical Production – 7:00 p.m.
April 18	Good Friday (No Classes)
April 25	School PD – No Classes
May 6	Parent Advisory Council 6:30 pm
May 12	School PD – No Classes
May 13-16	Band Trip
May 19	Victoria Day – No Classes
May	Sustainability in Action 5:00 pm (Date TBA)
June 4	Parent Advisory Council 6:30 pm
June 25	Grade 8 Farewell Evening 6:00 – 11:00 – Sunova Centre
June 26	Administration Day – No Classes
June 27	Last Day of Classes

Welcome ~ Bienvenue

We would like to extend a warm ÉSOMS welcome to our new staff members.

Jacqueline Friesen, Grade 6 French Immersion

Landon Gibson, Grade 7 French Immersion

Laurie Tyndall, Grade 8 French Immersion

Jeff Cieszecki, Middle Years Science Coordinator

Andrew Gamby, Grade 7

Marie Sampson, Grade 7

Jenn Bouskill, Band, Choir & Drama

Monthly Newsletter

For this first month of September, all of our students and their families will receive a paper version of the newsletter. For the remainder of the school year, we hope to be environmentally-friendly and use as little paper as possible and will begin emailing our families the newsletter. Please update your home email address with us if you have not done so already by contacting the office at 586-0327. However, if you would rather continue with the paper copy of the monthly Newsletter, please inform your child's homeroom teacher.

Teachers will also be communicating with families about field trips by email. Please check your email for these messages.

Call Back System

If your child will not be at school or will be late, please contact our office at **204-586-0327** or email

marie.jowitt@7oaks.org

or

bonnie.pollreis@7oaks.org

The office is open for phone calls between 7:45 am and 3:30 pm.

If your child is absent and we have not been notified, you will be contacted to ensure your child is safe.

Breakfast Program

We are pleased to share that ÉSOMS is offering breakfast every morning from 8:00 to 8:20 a.m.

Breakfast is available to every ÉSOMS student who needs to have breakfast at school. We offer a simple, nutritious menu of cereal and toast, available free of charge from the canteen.

Healthy eating is essential to learning. We are grateful that we can assist our students in starting their day with the nutrition and energy that they need to be engaged and successful.

At ÉSOMS, it is our upmost priority to create a safe and caring school community. We strive to act in concert with the Seven Oaks School Division Safe Schools Policy, as follows:

SAFE SCHOOLS POLICY

In order for us to achieve our mission, our schools work daily to teach the children in our care how to get along with others. Some schools teach using the golden rule. . . “treat others as you would wish to be treated yourself.” Some schools teach behaviour using a simple code of conduct like: Take care of yourself. Take care of each other. Take care of this place. Our staff is expected to work on a daily basis to build safe, respectful, considerate and caring communities in our classrooms and schools. They are expected to teach children to do the right thing for the right reason, to take responsibility for their actions, to solve problems, understand one another and to correct and learn from their mistakes.

Our schools are expected to teach students that there are firm and clear expectations for them.

Those expectations include:

- that harassing, abusive or bullying behaviour, whether physical, sexual, psychological or electronic will not be tolerated;
- that behaviour that discriminates against anyone on the basis of any characteristic set out in subsection (292) of the Human Rights Code is unacceptable;
- that using, possessing or being under the influence of alcohol or illicit drugs at school is unacceptable;
- that gang involvement is unacceptable;
- that possession of a weapon as defined in Section 2 of the Criminal Code of Canada is unacceptable;
- that information technology, electronic mail and the internet must be used appropriately and with appropriate safeguards.

Our schools are expected to use a range of instruction, community building and disciplinary approaches to teach our students to behave in ways that are respectful, considerate and safe. Consequences for behaviour must consider the age of students, the context for their behaviour and the pattern of their behaviour. Consequences can range from verbal correction to mediation and restitution to suspension from school and even expulsion and criminal prosecution.

While we aspire to live and learn in a school community where everyone feels safe and included, we understand that children are learning and that issues may arise. When conflicts occur or when students feel unsafe, mistreated or bullied, we encourage them to speak immediately with their homeroom teacher, or with any adult with whom they feel comfortable. We encourage students to advocate for themselves and for one another. When adults become involved quickly, issues often resolve under our guidance. If parents have any concerns, please do not hesitate to call your child’s homeroom teacher. The homeroom teacher is the person who knows your child and their learning environment the best. They are best positioned to intervene, support and to monitor closely on a daily basis. Students and parents are also invited to contact either administrator, Mr. Kowalchuk or Mme Loewen.

Lunch Program

École Seven Oaks Middle School provides lunchtime supervision and activities for students who wish to stay at school for lunch. Our lunch schedule allows children time to eat together in their classrooms with their classmates and then participate in a variety of activities.

We are a Peanut, Nut and Fish-free School

There are several children and staff at ÉSOMS who have life threatening allergies to nuts and fish. Our goal is to provide a safe classroom and school for all students. This also applies to the food which is brought into the school. Please assist us in ensuring that your child's lunches and snacks are nut free and fish free.

- 11:15 Lunch begins. Students leaving the school grounds to eat lunch (e.g. at home) leave at this time.
- 11:15 – 11:35 a) Students eat lunch and converse with their classmates in their homerooms.
- 11:35 - 12:05 a) Students wishing to watch or participate in Intramurals can go to the gym.
b) Students may sign up in the morning to go to the school library.
c) Students may pick up a pass from the office to go to the West Kildonan Library
d) Students may participate in events/clubs (musical rehearsal, leadership etc.)
e) Students who go outside have the choice to:
- remain on school property (the school backyard)
 - walk to Victory School field (The play structure and hardtop are off limits). In our conversations with students we have reminded them to use extra caution and watch for traffic when crossing at Powers and Perth.
- 12:05 – 12:15 Students return to the school for afternoon classes which begin at 12:15.

Cell Phones, Digital Cameras, Electronic Music Devices & Games

We realize that many parents provide their children with cell phones for safety reasons. We expect that students will use them appropriately. At no time should these digital devices disrupt the learning environment. Students may not use digital cameras or camera phones in school except under the direct supervision of a teacher. To protect the privacy and safety of others, students who take unauthorized pictures of friends and classmates in or around the school may be asked to delete them from cameras and storage devices. The use of iPods or MP3 players is entirely at the discretion of individual classroom teachers.

The school cannot be responsible for loss of these items and we recommend that these valuable items be left at home.

T.A.S.

École Seven Oaks Middle School is pleased to offer many opportunities to our students in T.A.S. options. (Technology, Arts and Sports) T.A.S. occurs all morning the following days of the school cycle:

Grade 6 – Day 4

Grade 7 – Day 1

Grade 8 – Day 5

Students take 3 options during the year for approximately 10 weeks each.

The dates for each of the terms are:

Term 1 – September 6– December 11

Term 2 – December 12 – March 28

Term 3 – April 7 – June 23

ÉSOMS T.A.S. Options

Grade 6	Grade 7	Grade 8
<input type="checkbox"/> Art	<input type="checkbox"/> Clothing & Textiles	<input type="checkbox"/> Clothing & Textiles
<input type="checkbox"/> Writing & Illustrating	<input type="checkbox"/> Graphics	<input type="checkbox"/> Graphics
<input type="checkbox"/> Engineering & Design	<input type="checkbox"/> Drama	<input type="checkbox"/> Electronics
<input type="checkbox"/> Introduction to guitar	<input type="checkbox"/> Engineering & Design	<input type="checkbox"/> Foods & Nutrition
<input type="checkbox"/> Drama	<input type="checkbox"/> Outdoor Education	<input type="checkbox"/> Metals
<input type="checkbox"/> Indoor Soccer	<input type="checkbox"/> Electronics	<input type="checkbox"/> Indoor Soccer
<input type="checkbox"/> Seven Oaks Hockey Skills Academy (term 1 & 2)	<input type="checkbox"/> Foods & Nutrition	<input type="checkbox"/> Seven Oaks Hockey Skills Academy (term 1 & 2)
<input type="checkbox"/> Sport Conditioning & Ball Hockey (term 3)	<input type="checkbox"/> Metals	<input type="checkbox"/> Sport Conditioning & Ball Hockey (term 3)
	<input type="checkbox"/> Guitar	
	<input type="checkbox"/> Indoor Soccer	
	<input type="checkbox"/> Seven Oaks Hockey Skills Academy (term 1 & 2)	
	<input type="checkbox"/> Sport Conditioning & Ball Hockey (term 3)	

Picture Day

Lifetouch Canada will be taking student's portraits at our school. Your child/children will be photographed using a proof program. Below are some key points to the proof program:

- Picture day is **TUESDAY, OCTOBER 1st**
- Picture re-takes will be **Monday, October 28th**.
- Watch for a Lifetouch flyer with pose and background colour choices that will be sent to you shortly.
- All Students will be photographed. **No payment is required on picture day.**
- A proof order form will arrive approximately 10 days after picture day.
- Please return orders to the school by the due date indicated on the order form.
- Once orders are received, packages will be delivered to your school in approximately 10 days.
- Upon receipt of your proof, if a retake is required, you must check the retake request box on the proof order form and return it to the photographer on photo retake day.
- Please direct any questions to Lifetouch Canada.

Lifetouch Manitoba:

Unit # 3 - 1410 Mountain Avenue, Winnipeg, Manitoba R2X 3C4
Telephone 1 866 443- 9640

City of Winnipeg Leisure Guide



The City of Winnipeg is proud to provide a wide variety of recreation and leisure opportunities that contribute to the overall well-being of our community. The Leisure Guide is published three times per year and is filled with fun and exciting programs for everyone.

For more information on leisure, sport and fitness programs, please pick up a copy of the Leisure Guide, call 311 or log on to Winnipeg.ca/leisureonline. Guides are available for pick up at civic pools, libraries and leisure centres, and at a number of retail locations including Safeway, 7-Eleven and Mac's.

Register now for fall programs!

City of Winnipeg Priceless Fun

Winnipeggers now have easy access to information about free recreation, leisure and library programs with the free programming guide, Priceless Fun.

The fall edition of Priceless Fun, available in September, provides information about the free programs for children and youth being offered by the City of Winnipeg throughout the city, all in one convenient guide.

Hard copies of Priceless Fun are available for pick up at all civic indoor pools, libraries and leisure centres. You can view the current edition of Priceless Fun online at: Winnipeg.ca/cms/recreation/pdfs/Free_programs.pdf. Information about programs is also available by calling 311.



EXTENDED DAY GROWTH EDUCATION

GREAT AFTER SCHOOL - MIDDLE YEAR ACTIVITIES!

EDGE once again will be offering a variety of **middle year** after school activities for grades 6 – 8 students. Participation begins after regular classes and in most cases – right in your own school! Parents and students who are looking to fill the gap between school and the supper hour can check out the affordable programs offered by EDGE. We offer up to 18 hours of instruction plus all materials are supplied - that works out (to a class registration fee of maximum \$50.00) to only **\$2.78** an hour!

Registration booklets and forms will be available soon. Programs will begin the *week of October 14th* (NO CLASSES ON THANKSGIVING) through to *December 16th*. Courses are fun and educational, but spaces are limited. So...don't delay, register as soon as possible to ensure participation in EDGE programming at your school. Registration is due **Monday, October 7th**.

Soon you can pre-view the activities on the Seven Oaks School Website! Scroll down to Students – find **EDGE** for a list of programs offered at your school. There is even an **EDGE** calendar available!

Questions? Contact Penny Raymond,
Extended Day Coordinator at:
885-4333 or
E-mail: penny.raymond@7oaks.org

KYAC is FREE all school year long!

KYAC OPENS Monday September 9th!

2013-14 Hours of Operation

Edmund Partridge – MONDAYS, WEDNESDAYS and FRIDAYS from 6-9pm
Ecole Seven Oaks Middle School – Tuesdays and Thursdays from 6-9pm
and Saturdays from 12-5pm

Governor Semple – Wednesdays from 3:30-5:30pm

Forest Park – Thursdays from 3:30-5:30pm

Riverbend Tuesdays from 3:15-5:15pm

and Fridays from 6-9pm

Check out our website: <http://www.7oaks.org/Programs/KYAC/Pages/default.aspx>

We are looking for parent representatives on the KYAC board council, email us!

Have a suggestion for KYAC programming?? Let us know!

Register w/ KYAC - Email us kyac@7oaks.org for more details! **

ALL ARE WELCOME!

****Subject to cancel if there are not enough participants****

'Like' our page on **facebook**, search: **KYAC**

Follow us on **twitter** → **@kyac7oaks** for daily updates

For more information, contact Pierre Feng, KYAC Program Coordinator, at 586-0327 or by email at pierre.feng@7oaks.org.

September 2013

SUN	MON	TUE	WED	THUR	FRI	SAT
1	2 Labour Day	3 Day 1	4 Day 2	5 Day 3	6 Day 4	7
8	9 Day 5	10 Day 6	11 Day 1	12 Day 2	13 Day 3	14 Yom Kippur
15	16 Day 4	17 Day 5	18 Day 6	19 Day 1	20 Day 2	21
22	23 Day 3	24 Day 4	25 Day 5 X-Country Bird's Hill Park 10am - 2pm	26 Day 6	27 Day 1 Terry Fox Walk	28
29	30 Day 2	OCTOBER EVENTS 1 st - Picture Day 2 nd - X-Country - Harbourview - all day 5 th - X-Country - Bird's Hill Park - 10 am - 2pm 21 st - No Classes - Divisional PD 25 th - No Classes - SAGE 28 th - Picture Retakes				