

## WEN-DO

## SELF DEFENSE CLASS FOR WOMEN

## Location

Young United Chruch - 222 Furby St

## Date/Time

Thursday Evenings **Jan 17<sup>th</sup> to Feb 21<sup>st</sup>** from **7-9pm** 

Pre-Register by calling 204-477-1123



Come join us to learn the exciting self defense technique of Wen-Do! For all ages and abilities! Register soon, space is limited.

This Workshop is **FREE** and is a women-only event.

Monetary donations made to the FGWRC are gladly accepted!

A special thanks to The University of Manitoba Women's and Gender Studies Program for their support!