

École Seven Oaks Middle School



Report to the community 2024-2025



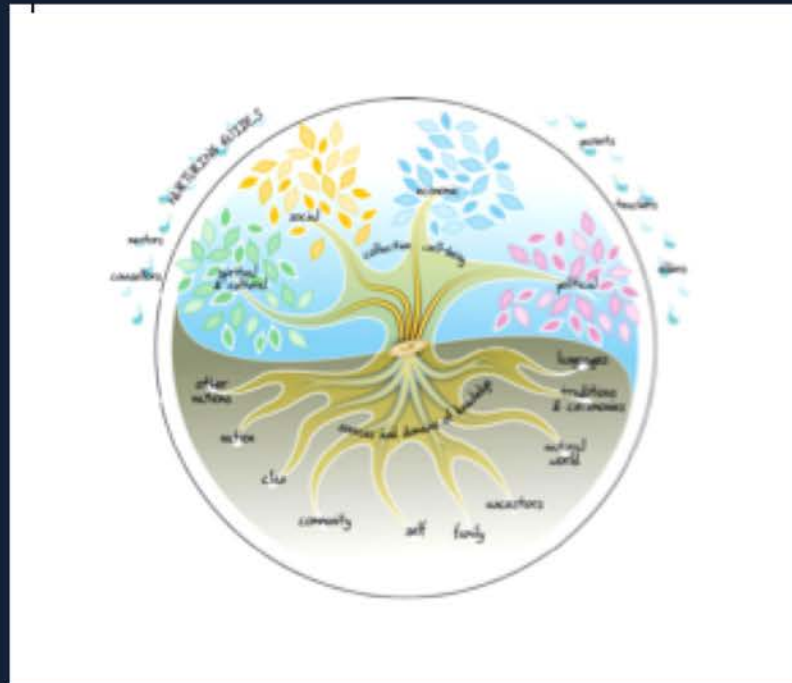
ÉSOMS
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Winnipeg, Manitoba
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esoms@7oaks.org



We would like to acknowledge that we are gathered on ancestral lands, on Treaty One Territory, and that our water is sourced from Shoal Lake 40 First Nation.

These lands are the original territories of the Anishinaabe, Ininiwak, Anishinewuk, Dakota Oyate, Denesuline people and the Homeland of the Red River Métis.

We respect the spirit and intent of the Treaties and Treaty making and remain committed to working in partnership with First Nations, Inuit and Metis people. Every time we acknowledge this truth, we have an opportunity to reflect on what we do, and what we can do to make Manitoba, Winnipeg, and ÉSOMS a better place for everyone.



Nous reconnaissons que nous sommes rassemblés sur le territoire du Traité no 1 et que le Manitoba se trouve sur les territoires visés par un traité et les terres ancestrales des peuples Anishinnabeg, Nehethowuk, Anishinnewuk, Dakota Oyata, Denesuline et du territoire des Métis de la Rivière Rouge.

À chaque fois que nous reconnaissons cette vérité, on a une occasion de réfléchir sur nos actions pour améliorer le Manitoba, Winnipeg, ESOMS, pour créer une communauté où tout le monde vit en harmonie.



Here at
ÉSOMS,
we
have:

- 452 students
- Grade 6: 165
- Grade 7: 145
- Grade 8: 142

We have 8 english classes
and 13 French Immersion
classes. They are made up
of:

- 8 grade 6 classes
- 4 grade 7 classes
- 3 grade 7/8 classes
- 5 grade 8 classes

We have 48 staff
members.

They include:

- 3 custodians
- 9 educational assistants
- 2 admin assistants
- 2 library technicians
- 21 classroom teachers
- 3 physical education teachers
- 3 music teachers
- 3 learning support teachers
- 2 administrators



École Seven Oaks Middle School is a dual-track school for students in grades 6 through 8, offering instruction in both French Immersion and English programs.

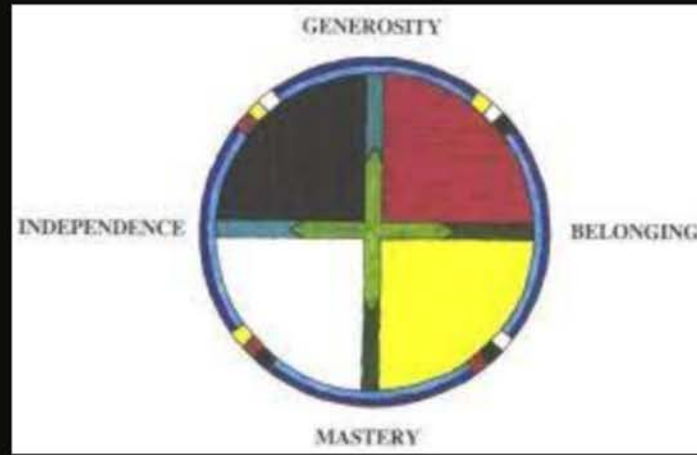
Our school day runs from 8:30 a.m. to 3:00 p.m.

All students at ÉSOMS engage in a well-rounded curriculum that includes Mathematics, English Language Arts, Science, Social Studies, French, Physical Education, and TAS (Technology, Arts, and Sports). In addition to these core subjects, students can enrich their learning experience by choosing from a range of optional programs such as Band, Jazz Band, Choir, Fiddle, and Exploratory.

Meet our office team..

*Melanie Sharp - Principal
Cara Seidel - Vice Principal
Leah Aiello - Admin Assistant
Kevin Mogk - Admin Assistant*





OUR MISSION

At ÉSOMS we are a community of learners, valuing and supporting resiliency by providing opportunity to build mastery, independence, generosity and belonging. Together we strive to meet the academic and social needs of all students as they develop a greater sense of self.



Here at ÉSOMS we are committed to truth and reconciliation.

We know that understanding the truth about our history is the first step toward building a better future. As Justice Murray Sinclair said: "Education got us into this mess, and education will get us out of it."

We believe that through learning, listening, and participating, we can be part of the meaningful change that is needed. The National Day for Truth and Reconciliation, our Calls to Action, MMIWG2S2, Treaty Days, and celebrating Indigenous sports and music are just some of the ways we stay involved and committed.

*Staff and students are
getting involved and
having fun with
Indigenous games as
part of our learning
and celebration.*



*At ÉSOMS, we are a community of
curious, active learners.*

*Our students uncover the curriculum
through hands-on activities, interactive
games, novel studies, research projects,
and the use of technology. Our approach
balances teacher directed with student-
led exploration, making space for
curiosity, creativity, and deeper
understanding.*







We learn through a variety of activities, such as playing math games, constructing science circuits, doing dissections, and applying acquired skills in our TAS program.

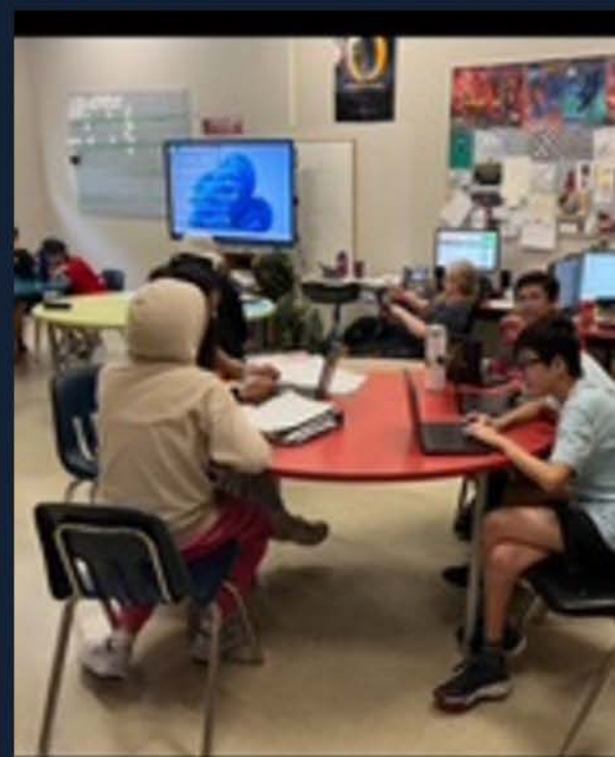






We collaborate, we grow together, and we learn from one another every step of the way.

On travaille ensemble, on grandit ensemble, et on apprend les uns des autres tout au long du chemin.



*À ÉSOMS, nous valorisons la langue française!
Nos élèves apprennent toutes les matières en français tout
en développant régulièrement leurs compétences en lecture,
en écriture et à l'oral. On forme une communauté
francophone, où on s'aide, on apprend ensemble et on
s'améliore tous les jours. Ensemble, on devient plus confiant,
plus compétent et fier de faire partie de notre école à double
voie.*

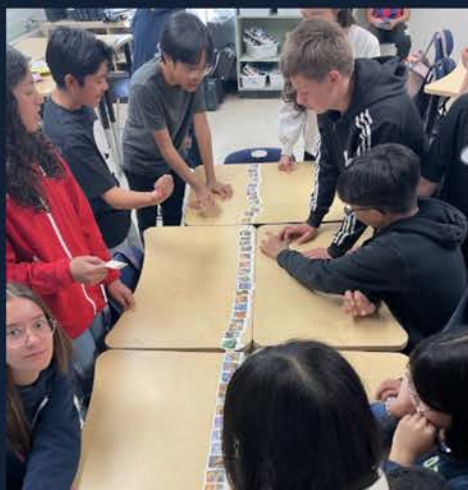




At ÉSOMS, we value the French language! Our students learn all subject areas in French while regularly building their reading, writing, and speaking skills.



As a French-speaking community, we support one another in learning, practicing, and growing every day. Through this shared journey, we become confident, capable, and proud members of our dual-track school.



*Here at ÉSOMS we value the arts!
Many of our students are involved in the arts
through our musical production, as well as
band, choir, fiddling, visual arts—and
sometimes all of the above!*





*Whether we're
creating, performing,
or celebrating, the
arts are a big part of
who we are, every
single day.*







At ÉSOMS, we love sports!

We're proud to offer a wide range of opportunities for students to get active—whether it's trying something new, learning a skill, or sharpening existing talents. From volleyball and basketball to badminton, soccer, track, and cross-country, there's something for everyone.







Whether you're joining an after-school team, playing with friends in Phys-Ed, or taking part in intramurals, there are so many ways to get involved, stay active, and have fun!



At ÉSOMS, our Indigenous Cultural Group participated in a variety of enriching outings and activities, including trips to Aki and Hollow Water First Nation. Students engaged in a wide range of cultural and land-based experiences, such as moose hide preparation, fire building, Bannock and stew making, cross-country skiing, ice fishing, sharing circles, Indigenous games, tobogganing, and snare preparation.

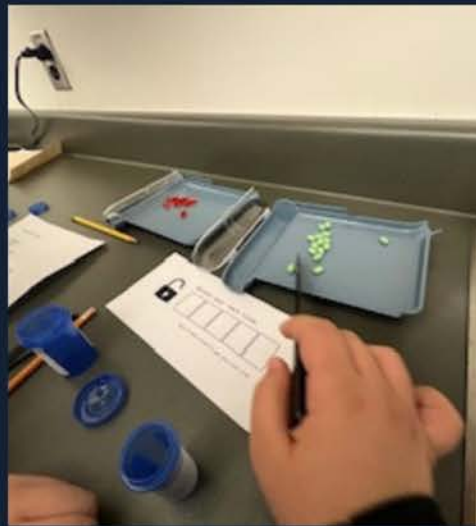




Our Indigenous Cultural Group came together to have fun, learn new things, and build stronger connections—with each other, their community, their culture, the land, and their experiences as students in our schools.



The Beyond Medicine Program that our class participated in this year was a unique and rewarding opportunity for students. Throughout the program, our class attended nine diverse sessions exploring various areas within the broad field of medicine. These included anatomy, cardiovascular studies, neuroscience, occupational therapy, physiotherapy, respiratory therapy, dentistry, pharmacy, psychology, and a special session led by administrative professionals working in healthcare.



Students engaged in hands-on, informative sessions hosted on-site at the Max Rady College of Medicine, providing them with meaningful exposure to different facets of the medical and health sciences. They reflected on their experiences through personal responses and completed mini-inquiry projects inspired by the topics they encountered. Many students expressed how valuable and inspiring they found the experience, noting that it broadened their understanding of possible future careers in healthcare.





Our students had an unforgettable time on the shoreline with Todd from City Cats. Fish were caught, released, and plenty of fun was had! It was a day full of excitement, learning, and lasting memories. Thanks to Todd for making it such a great experience!





At ÉSOMS, we believe that building strong relationships and a sense of community is at the heart of everything we do! We see it every day—in our classrooms, in the hallways, and out in the community. We value every moment we share together, whether it's during classroom activities, school-wide performances or events, Spirit Weeks, or field trips around the city. These shared experiences help us grow closer, learn more, and celebrate who we are as a school community.

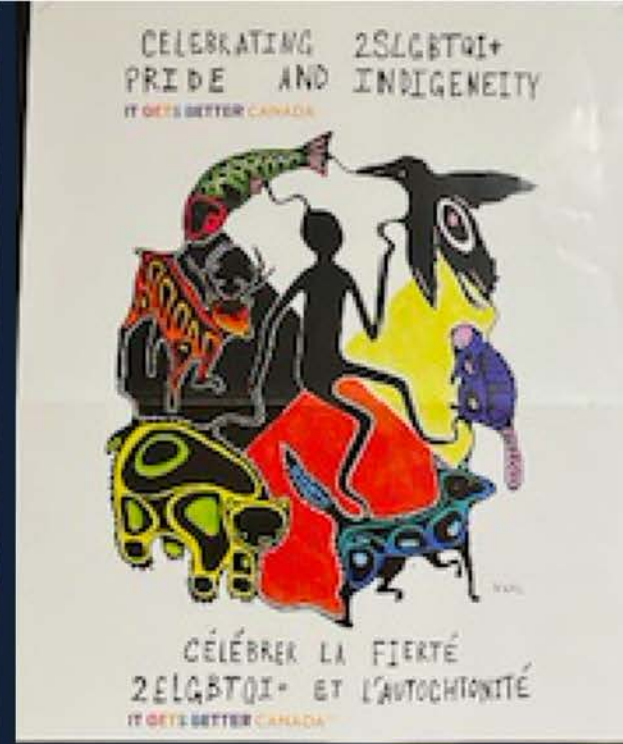






At ESOMS, we believe in the power of community, respect, and understanding. Throughout the year, our staff and students have been engaging in meaningful conversations around human rights, significant historical events, and the importance of kindness, acceptance, and responsible citizenship.





Our goal is simple yet profound: to ensure every student feels seen, heard, valued, and accepted for who they are. We are committed to creating an inclusive environment where all voices matter and every individual is encouraged to grow with empathy, integrity, and mutual respect.

Together, we continue to build a school culture that celebrates diversity and empowers students to lead with compassion and purpose.