

A. E. Wright School



A National Hero Makes for Great Learning

Thanks to Mr. Sutton's class for getting our Terry Fox Conversation started on September 15th at our Welcome Back Assembly. Terry Fox ran across Canada for his Marathon of Hope raising money for cancer research and awareness. We are looking forward to helping his cause, that has become a National cause, this year.



Healthy Minds



Healthy Hearts



Healthy Bodies



Healthy World



Important Dates

- ▶ October 3 - Muharram (Happy Islamic New Year)
- ▶ October 3 & 4 - Happy Rosh Hashanah
- ▶ October 10 - Happy Thanksgiving - **No School**
- ▶ October 10-16 Canadian Citizenship week
- ▶ October 11 & 12- Yom Kippur
- ▶ October 12 - Families as Partners meeting 6:30pm (FAP)
- ▶ October 13 - Grade 3, 4, & 5 Cross Country at Little Mountain Park
- ▶ October 18 - School Picture Day
- ▶ October 20 - Community Gathering/Terry Fox walk & Supper
- ▶ October 21 - MTS Learning Day - **No School**
- ▶ October 28 - 9:15 Assembly & Nations
- ▶ October 31 - Halloween costume party - PM



East Indian Music Classes Have Begun

Classes are happening on Mondays (3:30 - 5:30) and Fridays (3:30 - 4:30) in our school music room.



Ask the Children about our Nations Gatherings

Once or twice a month the kids and adults at AE Wright gather to learn together across all grade levels. We believe the more we know about each other and what we learn the stronger our community is. We have over 29 Nations represented!

How Great is That?!



At our school, living a sustainably healthy lifestyle is a priority for us all in our learning. You can look forward to a recipe each month highlighting some of the great nutritious food we will be preparing at school.

DO TRY THIS AT HOME! ENJOY!

VEGETABLE TORTILLA ROLL UPS



INGREDIENTS:

- Whole wheat tortilla wraps
- Cream cheese, softened
- Dill
- Finely chopped vegetables such as broccoli, carrots, and bell peppers
- Shredded cheddar cheese

DIRECTIONS:

1. Combine cream cheese and dill.
2. Spread cream cheese mixture evenly over each tortilla.
3. Sprinkle vegetables and cheese evenly over tortillas.
4. Starting at one end, roll each tortilla tightly. Option: Wrap each roll individually in plastic wrap and chill for 2 hours before slicing.
5. Slice each roll into 8 pieces.

Students from P4 comments:

It was fun making the snack. When we got to give it to the other classrooms it felt good sharing something I made. And then, eating it was delicious.

I enjoyed going to the classrooms because I liked going around the school finding the classrooms that we were going to give the veggie tortillas to and seeing if they liked it or not. I also enjoyed making the veggie tortillas. My part was cutting it when



it was made and it was fun and I would like to help next time if I get the chance to.

When I was handing out the veggie roll ups I felt happy and kind and I felt awesome when I was preparing the veggie roll ups. It was so fun. I was cutting up the rolls and when we got to eat them it was so good and I was proud of my work.



International Walk to School Month is an annual global event taking place each October. It is a mass celebration of active transportation and its related issues are used to introduce communities to the Active & Safe Routes to School (ASRTS) program.

Building Healthy Bodies at AE Wright school means we pay attention to everyday things that can make us healthier and stronger physically. A strong healthy body helps our brain learn at its best!

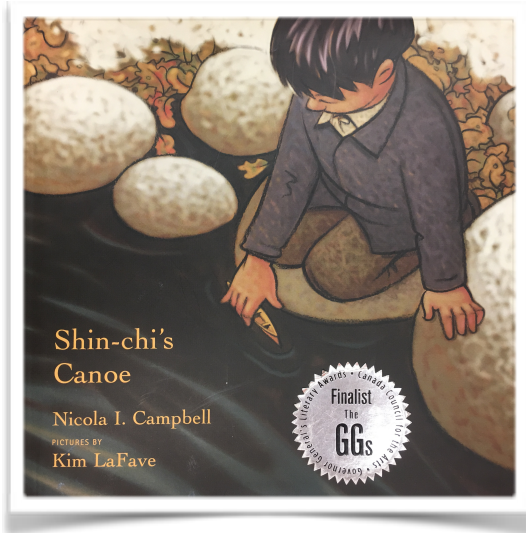


How is your child getting to school everyday? For the month of October we, along with the rest of the world, are asking this question.

We are hoping you will say they are walking, biking, or rolling (scooter etc.) Looking forward to helping our kids getting and staying fit!

A Read You Need

We shared this beautiful book at our September month end assembly as we observed Orange Shirt Day in recognition of the impact of residential schools. The links below share the origins of Orange Shirt Day.



[Huffington Post Article](#)

[CBC News Article](#)





Families as Partners Meetings

October 20 - Community Walk - Supporting Terry Fox and a Shared Meal

Where: Meet in the AE Wright Backyard at 5:30

What:

5:30 - Warm-up with Ms Monique from Good Life Fitness

5:45 - 6:15 - Walk for Terry Fox Marathon of Hope Cancer Research
6:15 - 7:30 Food & Fun

At AE Wright we are supporting Cancer Research and awareness through action. We hope you will join us for a great event. We will take a community walk, come back to school for a free meal and some more fun. From the beginning of October until the 20th children will have the opportunity to bring in loose change daily. Whatever you can spare will be great. If every family was able to donate \$3 our school would raise \$1038.00 for cancer research!

Please help us help! See you October 20th!

Join us each month from 6:30 - 7:30

- ▶ Wednesday October 12
- ▶ Wednesday November 9
- ▶ Wednesday December 7
- ▶ Wednesday January 18
- ▶ Wednesday February 15
- ▶ Wednesday March 22
- ▶ Wednesday April 12
- ▶ Wednesday May 17
- ▶ Wednesday June 14



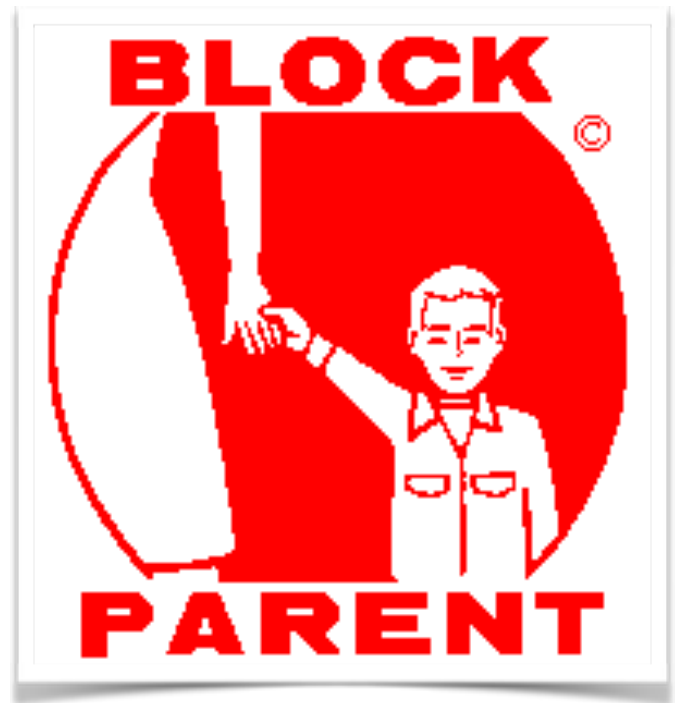
The ABCs of back-to-school safety

As families begin another school year, please remember to review safety rules with your children for walking, biking, skateboarding and bussing to school:

- Encourage them to travel with friends whenever possible;
- Develop an ‘action plan’ in the event of a scary situation;
- Point out Block Parent homes and other safe places along their route;
- Keep a list of your child’s friends, addresses and phone numbers.

Parents and grandparents may recall the familiar Block Parent window sign, which depicts an adult lending a helping hand to a child. Since 1975, the Block Parent goal has been to ensure ‘safe homes with safe strangers’. To that end, every adult in a Block Parent home is background-checked by the police every two years, at no cost to the volunteers.

Today’s Block Parent program has the participation of over 3,000 families in over 180 elementary schools throughout the city of Winnipeg. We are singles, parents, grandparents, empty-nesters, home daycare operators, retirees – any homeowner interested in the safety of their community. Our volunteers dedicate their time as the eyes and ears of our neighbourhoods.



If you are interested in becoming a Block Parent, or in having a presentation at your school, please call 204-284-7562. Further Block Parent and general safety information is available by visiting our website: www.winnipegblockparents.mb.ca

Pre-School Calendar - Mr. Dave Mathers - david.mathers@7oaks.org

<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>
3 STORY TIME 9:00 – 11:00	4 STORY TIME 1:00 – 3:00	5 STORY TIME 1:00 – 3:00	6	7
10 Thanksgiving No school	11 STORY TIME 1:00 – 3:00	12 STORY TIME 1:00 – 3:00	13	14
17 STORY TIME 9:00 – 11:00	18 STORY TIME 1:00 – 3:00 Gym 6:15 – 7:30	19 STORY TIME 1:00 – 3:00	20	21
24 STORY TIME 9:00 – 11:00	25 STORY TIME 1:00 – 3:00 Gym 6:15 – 7:30	26 STORY TIME 1:00 – 3:00	27	28
31 STORY TIME 9:00 – 11:00				



SEVEN OAKS
SCHOOL DIVISION
community begins here

We are pleased to announce that Seven Oaks School Division will again be offering *Positive Discipline in Everyday Parenting* this fall.

Positive Discipline in Everyday Parenting
8 week program
Wednesday evenings from 6:00 pm -8:00 pm
October 12th – November 30th
Program is being delivered at Margaret Park School
385 Cork Ave

Free Childcare is provided on site. Spaces usually fill up fast
First come first served

Registration closes October 4, 2016.

Stay tuned for more information for an upcoming Positive Parenting program in Punjabi that will be held at AE Wright School.



As always, please call the office by 9:00am if you child will be away from school.

204-632-6314

Office staff: Linda Bakowski & Kathryn Humphreys

Principal Teacher - Anna Mangano Vice Principal - Mark Gilchrist

anna.mangano@7oaks.org

mark.gilchrist@7oaks.org