



Arthur E. Wright Community School



SEVEN OAKS
SCHOOL DIVISION
community begins here

Principal Teacher — *Anna Mangano* Vice Principal — *Jennifer Hughes*

*Healthy Hearts, Healthy Minds, Healthy Bodies and a Healthy
World are built here!*

AEW Field Day!

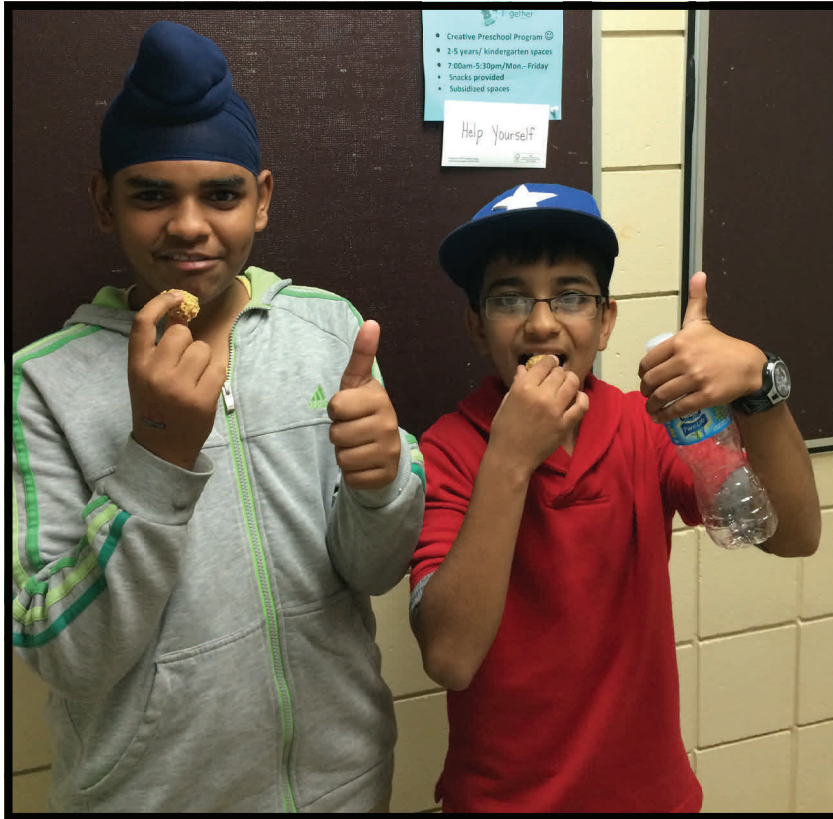
Our children got another opportunity to live actively during our Field Day! A huge thank you our staff and student leaders for all your help in making this day a success!



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In addition to getting active during our Field Day, children also got to enjoy some Energy Bites during our nutrition break!



We are happy to share this delightful recipe with you!

1 Cup Quick Oats

1/3 cup honey

1/2 cup peanut butter/WOW Butter

1/2 cup coconut

1/2 cup ground flax seed

Mix together thoroughly, roll into 1 inch balls, place on cookie sheet, set in fridge for 1 hour. ENJOY!!

Thank You!

We would like to take this opportunity to thank all of our parents and community members for taking the time to participate in the Thought Stream Survey. We value your opinions so much and thank you for sharing your ideas and thoughts! Remember that our door is always open!

October Important Dates

- ♦ October 1-Bus Evacuation
- ♦ October 2– MY Cross Country (Birds Hill Park)
- ♦ October 5-9 Vision Screening– Kindergarten, Gr. 1, 3, 5 & 7
- ♦ October 9– MY Cross Country (Birds Hill Park)
- ♦ October 12– THANKSGIVING– NO SCHOOL
- ♦ October 13- 3/4/5 Cross Country (Little Mountain Park)
- ♦ October 13– 6:00-7:00– Parent Advisory Council
- ♦ October 15– Cross Country Rain Date
- ♦ October 15– Immunizations Gr. 6 Girls
- ♦ October 16-Cross County Rain Date
- ♦ October 20– **PICTURE DAY**
- ♦ October 22– Divisional Inservice– **NO SCHOOL**
- ♦ October 23– SAGE– **NO SCHOOL**
- ♦ October 26-30– Hearing Screening - Kindergarten, Gr. 1 & 2
- ♦ October 29— School Assembly
- ♦ October 29– Diwali Celebration at The Maples Collegiate
- ♦ October 30– Halloween Celebrations (**Please keep costumes fun and celebratory, not frightening**)

Join us for our Parent Advisory Council Meeting

Date: Tuesday, October 13th, 2015

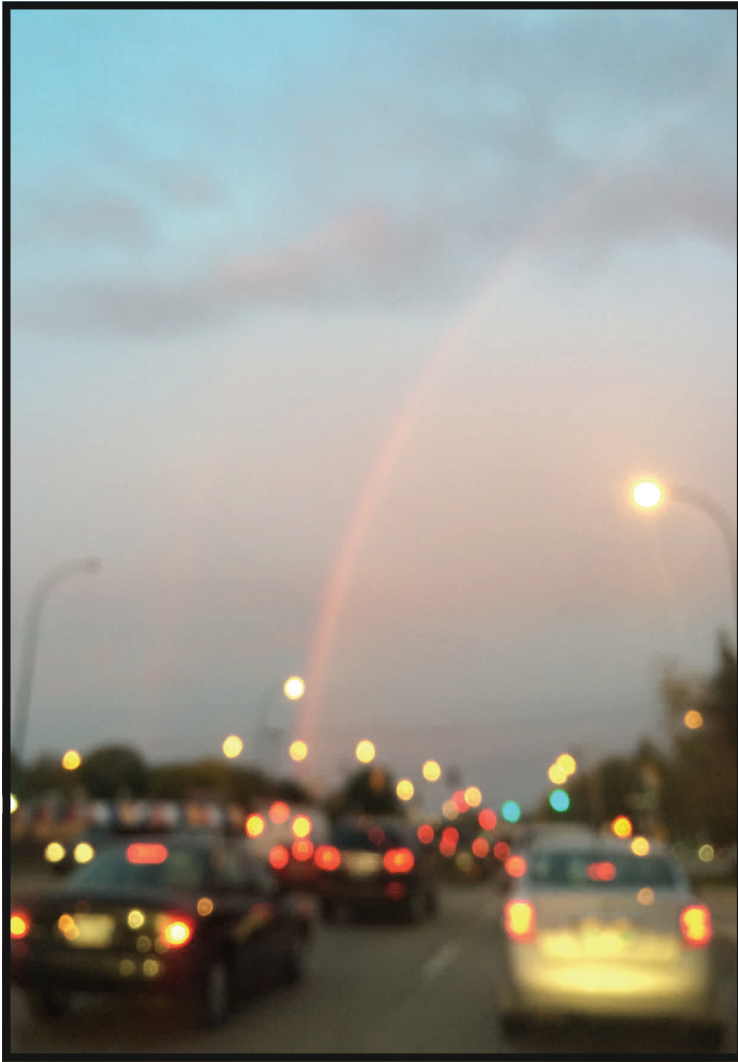
Time: 6:00-7:00

Child Care Available upon Request

Please contact the office by Thursday, October 8th for childcare!



October is Sustainability Month



Did you know?

- Every ton of recycled paper saves almost 400 gallons of oil, three cubic yards of landfill and seventeen trees.
- The energy saved from recycling one glass bottle will light a 100-watt light bulb for four hours
- Each day 50 to 100 species of animals and plants are driven extinct by human influences.

Green Tips!

- You can maximize the heating and cooling efficiency of your home by keeping blinds and curtains open during the day and closing them at night to insulate the windows.
- Use rechargeable batteries. Otherwise dispose of batteries properly because they contain toxic chemicals.
- Ride your bike or walk to school rather than asking for a ride if you live close!

REMINDER

East Indian Music Program

Available for children in grades 1-8.

Grades 1-4 must be picked up by parent/guardian when class is complete.

Classes are Mondays and Fridays between 3:30-5:30

Please see your child's teacher for more information if you haven't already registered!

Heritage Language

Classes will begin the week of October 13, 2015 and go to the week of March 24, 2015.

Just a reminder that the school parking lot is reserved for staff. Thank you for not parking there while dropping off children.



WE SCARE HUNGER!



Join us in support of the Winnipeg Harvest Food Bank

At A.E. Wright School we are joining *Free the Children* in support of ensuring children here in Manitoba and around the world have their basic HUMAN RIGHTS met. This year our school will continue to focus on how to be better local and global brothers and sisters. Our first project with *Free the Children* will help to provide dry goods (food) to Winnipeg Harvest, a local food bank, that provides food to so many in need. This is how it works:

If your children go out for Halloween maybe they can trick or treat for food items instead of candy and bring those in to school.

Maybe your kids can trick or treat for goodies for them and food items for Winnipeg Harvest bringing the food items in to school as well.

Children who don't go out for Halloween at all can contribute to the Food Bank by bringing their non-perishable food items throughout the month of October—we welcome all to do this!

Hunger is a challenge that faces many Manitobans! With the help of our AE Wright Community we can make the cold weather approaching feel a little warmer for people in need.

***AT A.E. WRIGHT SCHOOL We Build Healthy Hearts, Healthy Minds,
Healthy Bodies and A Healthy World!***

THANK YOU FOR HELPING US HELP SO MANY OTHERS!

AEW Community BBQ



**Thank You
for another
successful
community
BBQ!**

**A great time
was had by
everyone!!**



**We are so
lucky to have
such an
amazing
community!**

OCTOBER 2015



Seven Oaks Immigrant Services Newsletter Announcements

Our office will be closed for Thanksgiving Monday October 12, 2015.

Upcoming

Job Fair: Friday October 23 2015 at 950 Jefferson Avenue 3:00—7:30 pm. Employers such as Shaw, RCMP, Winnipeg Transit Manitoba, Tim Hortons, City of Winnipeg and many more will be participating in this fair.

Health Fair: Friday November 20 2015 at 950 Jefferson Avenue 3:00-7:30 pm.

October Programs

Women's Group: Every Tuesday starting October 6th to November 10th from 6:00 to 8:00 pm. Child care will be provided.

Women's group is a safe place to discuss common interests, cultural issues & parenting. Come out and learn about sewing and fitness.

Conversation Classes: Every Tuesday 10:00-11:30am (with childcare) & Thursday 6:00-7:30pm. 930 Jefferson Avenue starting October 1 to November 5. For more information contact Shane. 204-697-5967.

Client Success/Change story: *One of our clients had applied for day care jobs with no call backs. The client then met with a settlement worker one on one to practice interview skills. We met on three occasions and had her do "mock interviews" with me. She had great experience she just lacked self-confidence when it came to the interview. After practicing for over six hours in total she was ready for her interview she ended up getting the job. Anonymous submitter.*

About us

Seven Oaks Immigrant Services

The Seven Oaks Immigrant Services was established to help settle immigrants within Seven Oaks and Winnipeg community.

The Settlement Team provides services to newcomers such as Employment, English Classes, Family Services, Finances, Health,

Contact Information

www.7oaks.org/programs/settlement

950 Jefferson
(204) 632-1716
930 Jefferson
(204) 697-5967

Email:

settlement@7oaks.org

Office Hours

930 Jefferson
Monday to Thursday
9:00—8:30
Friday: 9:00—5:00

950 Jefferson
Monday to Thursday

10:00am—7:30pm
Friday: 9:00—5:00

Settlement Team

Settlement Workers
Shane, Rowena, Simmy and Jose,
Sorine (Intern)

Program Manager
Jana

OCTOBER 2015



New & Continuing Programs

Computer Tutoring: Every Monday 6:00-7:30pm & Wednesday

1:00-3:00pm from September 28 to November 16 drop by 930 Jefferson Avenue.

Conversation Café: Thursday October 29th, 2015, 6:30-8:00 @ 930 Jefferson Ave. We will have a guest presenter who is a registered pharmacist in the area. She will talk about her experience as a newcomer to Canada and how she accomplished her career goals. Coffee & tea will be provided. All are welcome.

Employment Related

Employment assistance:

Are you looking for a job? Come and get assistance with finding a new job or exploring different job options you may be interested in doing, learn what careers Canada can offer. To make an appointment contact Shane or Jose @ 204-697-5967 or drop by 930 Jefferson Avenue.

Career Coaching: we can help you to use your skills and experience to find a job.

Every Wednesday

1:30pm-3:30pm

Resume Support: Tuesdays 6:00pm-7:30pm

For other appointment times please contact Immigrant Services

(204) 697-5967



Job Fair 2014



Happy Halloween