

# James Nisbet Community School

Nov 1

## seeds of peace grow here

#### November 2023

Principal: Sean McGillivray Vice-Principal: Martina Vergata, Jennifer Lamoureux

### Principal's Message

To Our Nisbet Families,

October was a busy month at James Nisbet. One memorable event was Middle Years Life Day. The morning began with Michael Redhead Champagne championing and inspiring our students to create impactful and necessary change in our community. The middle years classrooms then headed to the Forks for some community cleanup and community building as a full grade 6-8 middle years group.

Thank you to our middle years staff and students for your leadership and for being amazing role models for our early years classes.

For our students, we ask them "What is one thing you are going to do today to make today better for someone else? And what are you going to do today to care for yourself?" At James Nisbet, we are a family and families take care of each other. We are grateful to be a part of such a caring and exceptional family.

See you soon, Sean McGillivray, Martina Vergata, and Jennifer Lamoureux

	Day—no classes
Nov 7	Diwali Celebration (will be lived-streamed, details will be emailed closer to the date)
Nov 11	Remembrance Day
Nov 13	Picture Retakes
Nov 22	Report Cards open on Parent Connect
Nov 23	Celebrations of Learning 4:00-8:00pm
Nov 24	Celebrations of Learning—all day, no classes
Dec 13	Kindergarten to grade 3 Winter Concert
Dec 22	Last Day of Classes before Winter Break
Dec 25— Jan 5	Winter Break (classes resume Jan 8)

Professional Development



#### From Room 3

#### Hello My Name Is .....



For the past month, Room 3 has been listening to stories about names. We asked the adults in our lives about the history & meaning of our names (we asked Google too). We reflected on what we do when someone mispronounces our name or we don't know how to pronounce someone's name. We wondered who the buildings, streets, schools & sports teams are named after. Are they appropriate? Outdated? Should they be changed? Who gets to choose names? Who gets to change names? There is so much power in names!

Also a big thank you to Mr. Sean, Mr. Winchar & Ms. Martina for sharing their name stories & how they named their child(ren).

Here is what we learned and reflected on about names:

- "I learned that all names have a history or meaning" Marc
- "I learned that our School is named after James Nisbet who was a missionary" Alexa
- "I thought about the importance of names. Now, whenever I hear someone's <u>name</u> I often think what would happen if this person or place had a different name" Sahib
- "One thing I learned was that your name is beautiful no matter what. Do not change your name because someone doesn't like
- it". Amrit





## **A Message from Mindful Moments**

James Nisbet's Mindful Moments delved into the world of breathwork and primary colours. In a remarkable collaboration with our school library, we explored the work of Piet Mondrian. Our children discovered the positive emotions associated with the red, blue, and yellow—the primary colours featured in Mondrian's artwork. We reflected on moments of our lives that resonated with these feelings. The artwork is now on display in our school library and we are looking forward to more art collaborations in the future.



Socktober Update

Thank you to our James Nisbet family for your donations of 576 pairs of socks!

Also, thank you to Ms. Annaka's class for their weekly counting and tracking, and thank you to Balraj, Mehtab, Sahib, and Amrit from Ms. Badhan's class for collecting them!





## News from Phys Ed and Music



The gym has been busy this past month with volleyball, intramurals, handball practices, and completing the fall cross country season.

Thank you to all coaches and volunteers for your time and commitment to the Nova Athletics program!

Our Nisbet Nova school wear store is up and running! Check out new items that have been added to the shop.

Orders must be in by November 13th to have them shipped before the holidays. If you have any questions, please contact Mr. Winchar.

https://teamstores.carberryinternational.com/James-Nisbet-School-Home-s/515.htm

CS ave The Date Our kindergarten to grade 3 music concert will be happening on December 13th at James Nisbet Community School!

More information to follow.

## November 2023

l ——				.,		
			1	2 Seven Oaks Immigrant Services program 3:30- 5:00pm Tabla 3:30- 4:45pm	3 City of Wpg Free Play Drop-in 3:30pm-5:30pm Gym	4
5	6 MYAC Volleyball 6-8pm	7	8	9 Seven Oaks Immigrant Services program 3:30- 5:00pm Tabla 3:30- 4:45pm	10 City of Wpg Free Play Drop-in 3:30pm-5:30pm Gym	11
12	13 MYAC Volleyball 6-8pm	14	15	16 Seven Oaks Immigrant Services program 3:30- 5:00pm Tabla 3:30- 4:45pm	17 City of Wpg Free Play Drop-in 3:30pm-5:30pm Gym	18
19	20 MYAC Volleyball 6-8pm	21	22	23 -Seven Oaks Immigrant Services program 3:30- 5:00pm -Tabla 3:30- 4:45pm	24 City of Wpg Free Play Drop-in 3:30pm-5:30pm Gym	25
26	27 MYAC Volleyball 6-8pm	28	29	30 Seven Oaks Immigrant Services program 3:30- 5:00pm Tabla 3:30- 4:45pm		

MYAC: Registrations online https://www.7oaks.org/Programs/myac/

City of Winnipeg programming: One-time form to be filled in at first session by guardian, available onsite at Friday, 3:30pm; no pre-registration required Seven Oaks Immigrant Services: please pre-register by email to kateryna.kashchak@7oaks.org (K-5) or sasha.fadikova@7oaks.org (6-8)
Tabla: to register email sean.mcgillivray@7oaks.org