

R. F. Morrison School

PRINCIPAL: R. VALCOURT

25 MORRISON ST. WINNIPEG, MB. R2V 3B3

PHONE: 204-338-7804 FAX: 204-339-0540

NOVEMBER, 2013

Principal's Message

November is here and with it the start of colder weather. Students are reminded to dress appropriately for the weather. This includes warm winter jackets, hats and mittens, and ski pants once the snow flies. Outdoor recess is an active and enjoyable time, but not much fun if you're feeling cold!

October was another busy month, culminating with the annual Halloween Gym experience planned and carried out by Ms Tarasiuk, Ms Colwell and our capable and enthusiastic helpers from Mr. Ilyniak's Grade 5/6 class.

Other October highlights:

- We are so proud of all of our students in grades 3 – 5 who participated in the divisional cross-country run at Little Mountain Park. Great sportsmanship and dedication!
- Grade 6 runners took part in the middle years cross country run at Bird's Hill Park.
- Our street patrols participated in a training session with Constable Andrea Cain from the Winnipeg Police Service, and had a great time at the patrol outing to the Corn Maze.
- PAC sponsored a family movie night, with over 130 people attending!
- After-school Heritage Language classes started for several of our students.
- Staff attended a variety of interesting professional development sessions and workshops during the annual provincial in-service day (SAGE) on October 25th.
- Grade 1 students in rooms 8 and 12 continue to work hard on their skating skills every Thursday afternoon. Thanks to all the parents who volunteer to come out and help to tie skates and cheer our skaters on!
- Mr. Tarasiuk's Grade 4/5 class started weekly swimming lessons this month.

Reminder re: Illness: Please inform your child's teacher or the office if your child or family member has a communicable illness such as chicken pox, fifth disease, etc. This information is vital to the well-being of other students and staff with health care concerns.

Please continue to drop in or call the school with any questions or concerns. We welcome your comments, interest and support!

Our October assembly was run by Mr. Kammerlock's class. This assembly kicked off our Peak of the Market fundraiser, with all proceeds going to build a new classroom for Kamwokya Primary School in Kampala, Uganda. Special guests included Kish Mohda of the Mondetta Foundation and African drummer and dancer Coffie Mann. Congratulations to Mr. Kammerlock and the students of Room 4 for an informative, entertaining and moving assembly.



Last day to submit Peak of the Market orders is Monday, Nov. 4th. Thank you for your support!

R. F. Morrison School web page: <http://www.7oaks.org/school/rfmorrison/Pages/default.aspx>

IMPORTANT DATES:	
NOV. 8	PICTURE RETAKES A.M. ONLY
NOV. 11	REMEMBRANCE DAY NO SCHOOL
NOV. 15	HOT LUNCH
NOV. 19 & 21	EVENING STUDENT/ PARENT/TEACHER CONFERENCES
Nov. 19	Gr. 6 Novice Band 1st performance night 7p.m. H.C.Avery Gym
NOV. 22	NO SCHOOL STUDENT/ PARENT/TEACHER CONFERENCES
DEC. 11 & 12	11TH ENGLISH CONCERT 12TH UKRAINIAN CONCERT
DEC. 13	HOT LUNCH
DEC. 20	LAST DAY
JAN. 6	FIRST DAY
JAN 7	UKRAINIAN CHRISTMAS
JAN 24	WHOLE SCHOOL PEROGY LUNCH
FEB. 3	P.D. DAY NO SCHOOL
FEB. 17	LOUIS RIEL DAY NO SCHOOL

P.A.C.

News

Co-Chair:

D. Miller

L. Radlinsky

The Parent Advisory Council would like to thank the following parents for coming out and helping for hot food lunch in October: Barb Thiessen, Sharon Salemi, Noelle Yackel, Mariette Atamanchuk, and Nicole Halpin. We would also like to extend our thanks to Mr. Ilyniak's class for helping in distributing the lunches and handing them out to the children in their classrooms. Thank you, we could not have done it without you!

For those who were able to attend our Movie Night we hope you enjoyed the show and snacks! It was nice to be able to give back to our students and we hope to continue doing so as a way of thanking you for supporting us through the year in various fundraising ways. Keep up the good work! Congratulation to Tanya Read, the draw winner who got to take home the Croods movie.

November 15, 2013 is our next Hot Food Lunch. We will be sending home order envelopes with the students for Subway. Please keep your eye out for

them and ensure they are returned on time as we do not order extra for late orders.

We would also like to remind parents to hand in their volunteer sheets so that we can contact you if you are available to help out. For those that may not have filled one out, there are many opportunities to volunteer throughout the year and if circumstances change and you become available please let us know. We would love to have you. As much as it hurts for me to write this, if for some reason we do not have enough volunteers we will unfortunately have to cancel programs like hot food lunches and barefoot gym. These programs need volunteers to succeed and it will be our children who miss out!

The next PAC meeting is scheduled for 6:30 on Tuesday, November 5, 2013 at R.F. Morrison School, staff lounge. We encourage all parents/grandparents/caregivers to join us.

Future PAC meetings:
December 3, 2013

No meeting in January

February 4, 2014

March 4, 2014

April 8, 2014

May 6, 2014

June 3, 2014

OCTOBER ASSEMBLY



R. F. MORRISON SCHOOL

25 Morrison St.
Winnipeg,
Mb. R2V 3B3

204-338-7804



NOVEMBER 2013

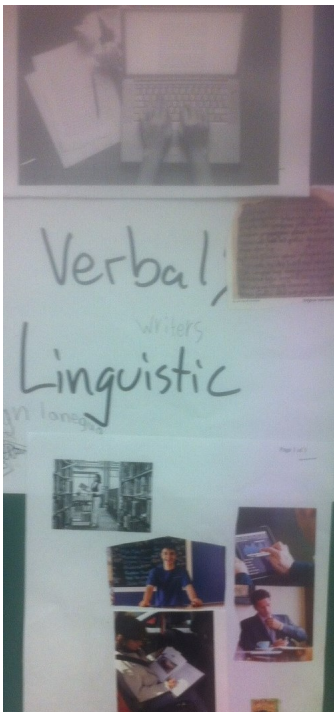
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 day 6 GR. 6 OAK HAMMOCK MARSH	2
3	4 day 2 Rm. 8 & 12 Skating Pre-School Program 9:30-11:30	5 day 3 P.A.C. meeting 6:30 everyone welcome	6 day 4 Rm 5 Swimming 10:45—11:30 Pre-School Gym (3-6) 6pm-7:30	7 day 5 Pre-School Program 9:30-11:30	8 day 6 Picture Re-takes a.m. only	9
		Hearing	Screening	Week		
10	11 REMEMBRANCE DAY NO SCHOOL	12 day 1 GR. 6 AVIATION MUSEUM 9-12 Heritage Language	13 day 2 Rm 5 Swimming 10:45—11:30 Heritage Language Pre-School Gym (3-6) 6pm-7:30	14 day 3 10am Assembly Heritage Language Pre-School Program 9:30-11:30	15 day 4 HOT LUNCH	16
17	18 day 5 Rm. 8 & 12 Skating Pre-School Program 9:30-11:30	19 day 6 Parent/Teacher/Student conferences Evening <i>(pickup of PAC fundraising orders)</i> <i>(pickup of Farm to School orders)</i> Heritage Language	20 day 1 Rm 5 Swimming 10:45—11:30 Heritage Language Pre-School Gym (3-6) 6pm-7:30	21 day 2 Pre-School Program 9:30-11:30 Heritage Language Parent/Teacher/Student conferences Evening <i>(pickup of PAC fundraising orders)</i> <i>(pickup of Farm to School orders)</i>	22 day 3 PARENT/TEACHER/STUDENT CONFERENCES NO SCHOOL <i>(pickup of PAC fundraising orders)</i> <i>(pickup of Farm to School orders)</i>	23
24	25 day 4 Rm. 8 & 12 Skating Pre-School Program 9:30-11:30	26 day 5 Rm 11 - 9-2 Children's Museum Heritage Language	27 day 6 Rm 5 Swimming 10:45—11:30 Heritage Language Pre-School Gym (3-6) 6pm-7:30	28 day 1 Pre-School Program 9:30-11:30 Heritage Language	29 day 2	30
		Vision	Screening	Week		

YOU MAY VIEW OUR FULL OCTOBER NEWSLETTER ON OUR SCHOOL WEBSITE:

<http://www.7oaks.org/school/rfmorrison/Pages/default.aspx>

Multiple Intelligences

An important part of learning in Room 10 are the Multiple Intelligences. We have learned that there are 9 different ways that people learn and show their learning. We make sure we have a chance to learn and share our learning in all 9 ways. These pictures show collages that we made



Verbal/Linguistic
(Word Smart)



Visual/Spatial
(Picture Smart)



Musical/Rhythmic
(Music Smart)



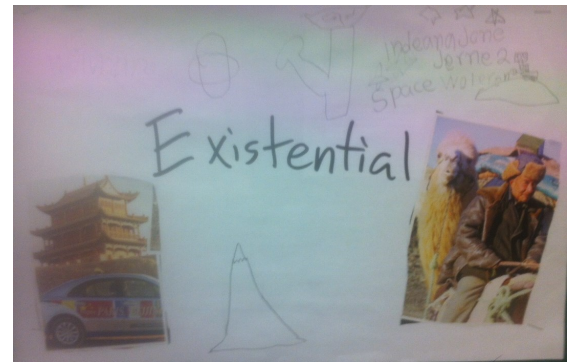
Bodily/Kinesthetic
(Body Smart)



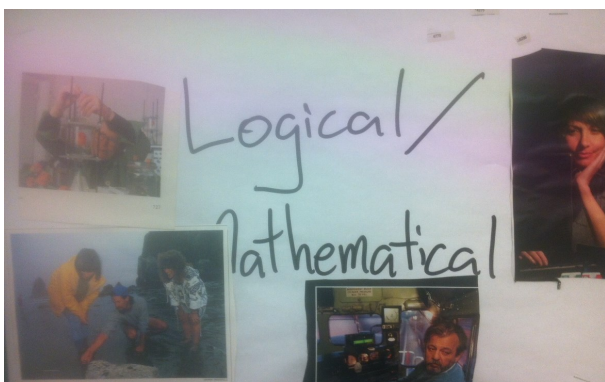
Naturalistic
(Nature Smart)



Intrapersonal
(Myself Smart)



Existential
(Wondering Smart)





Logical/Mathematical
(Number Smart)



Interpersonal
(People Smart)

RF Morrison Preschool Program November 2013



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 <i>Preschool Program</i> 9:30-11:30 <i>Performance from</i> <i>Sonja Rasmussen</i>	5	6	7 <i>Preschool Program</i> 9:30-11:30	8	9
10 	11 <i>Remembrance Day</i> NO SCHOOL	12	13	14 <i>Preschool Program</i> 9:30-11:30	15	16
17	18 <i>Preschool Program</i> 9:30-11:30	19	20	21 <i>Preschool Program</i> 9:30-11:30	22	23
24	25 <i>Preschool Program</i> 9:30-11:30	26	27	28 <i>Preschool Program</i> 9:30-11:30	29	30 

****Be sure to join us on Monday November 4 as we have Sonja Rasmussen from 'Wee Be Jammin' joining us as she will lead us in sing-alongs and dancing with her guitar!**



Active Healthy Kids Canada: Are we driving our children to unhealthy habits?

Active transportation – walking, biking, in-line skating and skateboarding to get to and from places such as school, parks and shops – has long been known to be an important source of physical activity for children and youth. If children walked for all trips of less than one kilometre rather than being driven, they would take an average of 2,238 additional steps per day! This translates to approximately 15-20 minutes of walking and thus has the potential to make a substantial contribution to the 60 minutes of daily physical activity children need for overall health. Imagine the potential impact this small change could have on increasing overall physical activity levels in Canadian children! Students who use active transportation to get to and from school can accumulate up to 45 more minutes daily of moderate- to-vigorous-intensity physical activity compared to students who get to school via car, train or bus.

Steps we can take: Recommendations for increasing active transportation

Parents should: Encourage and support their children to actively travel to and from school as well as to other destinations (friends' houses, parks, etc.). Share responsibility with other parents for supervision of younger children as they travel to and from school and activities (e.g., take turns leading a walking school bus). Park the car a short distance from school and/or other destinations and walk from there when it is not possible for their kids to walk the whole way.

Source: Healthy Active Kids Canada 2013 Report Card

Submitted by:

Greg Wazney

Physical and Health Education Divisional contact



Foundation

NEWS

Fall/Winter 2013

The Foundations of the Seven Oaks Education Foundation

Most of us have volunteered for something at some point, whether it's to help organize an event, raise money for a cause or just be there to lend a helping hand when needed.

But the reasons we volunteer are different from person to person.

Our Seven Oaks Education Foundation volunteer Board of Directors is no different. Each person has reasons for giving his or her time and energy to the Foundation. And though some of the reasons may be similar, it's the personal meaning that makes them unique.

Pat Stefanchuk

After years of teaching in the Seven Oaks School Division, Pat Stefanchuk retired in 2004. But you'd never know it from the amount of time she spends working for the Seven Oaks Education Foundation Board.

Already busy volunteering for the F.A.S.T. (Families and Schools Working Together) program at Margaret Park School, chairing a committee that plans luncheons for ex-Flin Floners and taking courses through Creative Retirement, Pat wanted another way to maintain her ties with Seven Oaks.

"I looked for a way that I could stay connected to the school division and contribute as a volunteer," explains Pat. "The Seven Oaks Education



"By awarding me the SOEF (Early Education) scholarship you have lightened my financial burden. Because of you, I now can focus on my studies. I am inspired by your generosity and hope that one day I can help students achieve their goals as you have helped me."

Paige, Garden City Collegiate

"I'm really happy to have received this scholarship. I hope that you will continue to help future Seven Oaks students. I wish you fortitude, good fortune, and fulfillment in life."

Claudine, Maples Collegiate

Foundation was a perfect opportunity to continue to work for students who graduate and pursue post-graduate studies at a university or community college."

"I joined the Board in March, 2005, and

immediately began my quest to have a Creative Arts Scholarship created for each of the three high schools. The creative arts have always been important to me as a former Music teacher and Arts Consultant in Seven Oaks School Division."

The Board moved to approve a Creative Arts Scholarship along with two others: the Technology and Campus Life Scholarships. Seeing the addition of new scholarships and knowing what a vital role they played in promoting post-secondary education, Pat decided to continue her volunteering. She's been part of the Board ever since.

Today, she's Past President and current Chair of the Newsletter Committee (the most recent edition of which you're enjoying right this second). And she doesn't intend to stop volunteering any time soon.

"I believe in making a commitment once I have joined an organization," says Pat. "I enjoy meeting with my fellow Board members, serving on committees and working on fundraising initiatives such as our annual Bud, Spud, and Steak night."

More than that, however, Pat remains involved for the simplest of reasons; she believes in what the Board does.

"I don't think there's such a thing as too much support for education," says Pat. "Anything we can do to help encourage a student to take that next step into post-secondary learning is something that we should consider. Because it means a lot more than people realize."

Wayne Shimizu

Wayne Shimizu's involvement with the Seven Oaks Education Foundation Board actually started when he was working at another school division.

Wayne was originally a member of the Seven Oaks Scholarship Board, the precursor to the Seven Oaks Education Board. However, when the Scholarship Board began its transition to a full-fledged Foundation, Wayne took a job with the St. Vital/Louis Riel School Division.

"I began working with the St. Vital Education Foundation and learned of the support they were receiving

from the Winnipeg Foundation," says Wayne. "I mentioned this to Ed Johns, the Secretary-Treasurer of the Seven Oaks School Division who was spearheading the transition from Board to Foundation."

Ed arranged a meeting between the newly formed Seven Oaks Education Foundation and the Winnipeg Foundation, and an agreement was completed for the Winnipeg Foundation to look after a portion of the Seven Oaks Foundation's investments.

When Ed retired from Seven Oaks in 2005, Wayne returned to the Division and immediately re-involved himself with the Foundation. He remains part of the SOEF Board because he wants to ensure the good work – and opportunities for students – continue to grow.

"My interest is in seeing students from the high schools receive financial assistance for their post-secondary education," explains Wayne. "It would be great if we were able to see our asset base grow to the extent that we would be able to provide some very significant scholarships."

Since the move to an endowment model, the Foundation's asset base has grown from around \$60,000 in the late 90's to approximately \$600,000 as of today. But the goal is to continue to build on that so more scholarships in larger amounts can be awarded.

"An asset base of over \$1,000,000 would likely enable the Foundation to provide a number of \$500 scholarships along with a few scholarships in the \$5,000 range," says Wayne. "So my hope is to see our asset base grow to the extent that we can provide a few significant scholarships along with the ones we are providing currently."

Dawne Smithson

For Dawne Smithson, volunteering as a member of the Seven Oaks Education Board is a matter of family. Starting with her own.

As the mother of three children who attended school in Seven Oaks, Dawne has seen the changes and challenges students and their families encountered, including those related to post-secondary education.

Now, with grandchildren in the Division, Dawne volunteers her time to help ensure as many children as possible have more doors open when it comes to their education – particularly in an age where post-secondary education is becoming increasingly expensive.

"I joined the board because I was impressed with the way the division is adapting itself to the challenges associated with education in 2013 and with the unique programs that have been put in place to address these needs," says Dawne. "I also believe that providing financial support for education through the Foundation can make a real difference for someone."

"We have seen first-hand the commitment that the people that work in the Division have towards their role in helping to set children on a strong path for the future. I want to be part of that."

Dawne is currently the Secretary of the Board, and she definitely intends to remain involved with the SOEF Board for some time. She has a vision for where the Foundation can go; one she shares with her fellow Board members.

"For the future, I hope that the SOEF can raise its visibility and awareness in the community, allowing for greater fundraising opportunities which will ultimately benefit students in the Seven Oaks School Division by providing greater funds for scholarships."

Ramona Gallos

Though Ramona Gallos is now an Honorary Member of the Seven Oaks Education Foundation Board, you can rest assured her dedication and belief in what the Foundation does remains steadfast.



Seven Oaks School Division OJIBWE & CREE LANGUAGE PROGRAMMING APPLICATION FORM

**PARENT/GUARDIANS/CAREGIVERS
of Seven Oaks School Division**

Seven Oaks School Division is once again pleased to offer languages classes in Cree and Ojibwe to its division community including. These sessions are Free and open to all staff and parents of Seven Oaks School Division. The classes will run as a 10 week program on Wednesday evening from 4:30-6:30 at Edmund Partridge School, 1874 Main Street. This series will incorporate experiential learning opportunities and work to build community through interactive learning. Mark your calendar, all classes will take place on Wednesday's which include:

October 16 23, 30
November 6, 13, 20, 27
December 4 & 11

On Saturday December 7th, 2013 there will be a 4 hour cultural experiential learning class that will allow you to apply what you learned throughout this series. Don't miss this celebration!

FOR MORE INFORMATION EMAIL REBECCA.CHARTRAND@ZOAKS.ORG

FILL OUT THE ATTACHED REGISTRATION FORM ASAP

WE LOOK FORWARD TO SEEING YOU THERE!

SOSD ABORIGINAL LANGUAGES REGISTRATION FORM

Applicant Information:

Name:
Address:
City, Province:
Postal Code:
Phone number(s)

Emergency Contact Person:
Relationship:
Phone Number:
E-Mail Address:

Choose a Language Program:

Teacher: Shirley Cook Cree ___
Teacher: Pat Ningewance Ojibwe ___

Have you taken a language program before YES ___ NO ___
Are you of Aboriginal descent YES ___ NO ___

PLEASE SUBMIT REGISTRATION FORM TO:

Bernadette Smith
EMAIL: BERNADETTE.SMITH@7OAKS.ORG
FAX: 204 632-6198
MAIL: 1520 JEFFERSON AVENUE
TELEPHONE: 2042507253

FOR MORE INFORMATION EMAIL REBECCA.CHARTRAND@7OAKS.ORG

If you are a staff member of the division (i.e EA, teacher admin, bus driver) please register on employee connect to participate.