

# Hawk Talk

*Howard Kowalchuk, Principal*  
800 Salter Street, Winnipeg, MB R2V 2E6  
howard.kowalchuk@7oaks.org

*Leanna Loewen, Directrice adjointe*  
Phone: 204-586-0327 Fax: 204-589-0121  
leanna.loewen@7oaks.org www.7oaks.org

## CURTAIN CALL

For the past 2 years at ÉSOMS, we've never done an "all ages" production. Two years ago we did "Back to the 80's" and the year after we did "Footloose". This year, we put on a Disney show. "Aladdin" is a well known story that kids of all ages could understand. Most of us grew up watching Disney movies, such as Aladdin.

Auditions were held in October. Once the list of the cast was posted, it was time to start rehearsals. We started learning songs, and then adding choreography into the numbers. At first, a lot of us had a hard time singing while dancing. Concentrating on remembering the dance moves and the lyrics, we finally put it all together. Although we had to sacrifice our lunch times, it was worth it in the end.

Commitment was another big thing too. Taking the time to remember pages of dialogue, or remembering dance moves, we all had a part to play. Each of our roles were important, whether it was a lead, dancer, chorus or backstage crew. Everyone had to have that commitment in order to put on a good show.

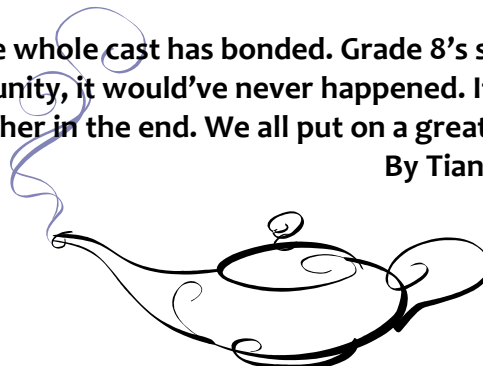
Before Spring Break, we were given our schedule for the theatre. A week later, we started putting everything together for our first show at the theater. A week passed, and it was time for the first matinee. Everybody was excited, with a few "first show jitters". But after our first show was done, it became better and better. We got more comfortable performing on stage. After that it was easy.

Throughout this whole journey, the whole cast has bonded. Grade 8's started to talk to grade 6's, etc. Without this opportunity, it would've never happened. It was a bit rough in the beginning, but it all came together in the end. We all put on a great show to remember for a long time.

## IMPORTANT DATES

May 6	School PD – No Classes
May 7	Parent Advisory Council 6:30 pm
May 14 – 17	Gr 8 Band Trip
May 20	Victoria Day – No Classes
May 29 – 31	Arts in The Park / Plein d'arts au parc
June 4	Parent Advisory Council 6:30 pm
June 5	Education for a Sustainable Future 6:00 pm
June 26	Grade 8 Farewell 6:00 pm Sunova Centre
June 27	Administration Day – No Classes
June 28	Last Day of Classes

By Tiana, Tayler & Jordyn



## CLEAN AIR DAY WEDNESDAY, JUNE 5<sup>TH</sup>

École Seven Oaks Middle School would like to celebrate Clean Air Day with other students in Manitoba by taking part in the province wide “Walk to School Day”. Students are encouraged to walk, bike or skate to school!

## Grade 8 Camp

We are excited to announce that our grade 8 students in the English Program will be going to Camp Roseau River from June 18<sup>th</sup> to June 20<sup>th</sup>. We will be attending camp to provide several learning opportunities for the students. Students will be able to connect with nature in a way that they would not be able to do in a regular school setting. Students will have the opportunity to go zip-lining, ride horses, take archery lessons, swim, go rafting, participate in BMX racing, and take part in team building games. For further information about Camp Roseau River visit their website at <http://www.roseauriver.ca>

## Grade 8 Farewell

This year we will be having our Grade 8 Farewell on June 26<sup>th</sup> from 6:00 pm – 11:00 pm at Sunova Center in West St Paul. The evening will consist of a catered buffet dinner followed by brief class presentations and musical entertainment provided by our grade 8 vocal jazz groups. We invite each grade 8 student to invite 2 family members to attend the formal portion of the evening. Following the student presentations, students will enjoy a dance. Cost for this event will be \$20 per person (student and parent). Additional information regarding Grade 8 Farewell will be provided in the near future.

Mark Your Calendars!

WEDNESDAY, JUNE 5<sup>TH</sup>  
6:00 PM

We invite all families of ÉSOMS to join us for

## “SUSTAINABILITY IN ACTION”

*An evening of interactive presentations, student work, arts and entertainment, food and activities that promote action for environmental sustainability, economic sustainability and cultural sustainability*

We look forward to seeing you!

# MUSIC NEWS

Our Minneapolis Trip for Grade 8 band Students is fast approaching! Our trip occurs from Tuesday, May 14<sup>th</sup> to Friday, May 17<sup>th</sup>. We will be sending a complete info/forms/itinerary package home this week. Parents are strongly urged to make certain their child has a valid passport for border crossing.

We will be holding a brief meeting for parents of those students going on the Minneapolis Trip on WEDNESDAY, MAY 8<sup>TH</sup> from 6:30-7:00 PM in the ESOMS band room.

Don't forget to check out our various student performances at Arts in the Park from May 29<sup>th</sup> -31<sup>st</sup>!

# PHYS ED MOVES

## Physical Education Classes

Throughout the month of April students completed an indoor ultimate Frisbee unit and the April Fitness Run.

Please help remind your child to bring a change of clothes and their runners to gym class.  
Special Olympics

We are currently preparing for our next Special Olympics event: outdoor track. It will take place on Wednesday, May 15<sup>th</sup> at Grant Park High School.

## Extracurricular

**Badminton:** Badminton season has come to another successful end. Our students were fantastic representatives for our school at their various badminton tournaments. A special thanks to Mrs.Kahn and Mr.Kraychuk for coaching this season!

### Upcoming extracurricular activities

**Marathon Club:** Running club will be starting up the first week in May. Further details will follow.

**Outdoor Track and Field:** The outdoor track season will be starting up early May. Further details will follow.

**Slo-Pitch:** Slo-Pitch season will be starting up mid-May. Further details will follow.



# LA VIE ET L'APPRENTISSAGE LIFE & LEARNING AT ÉSOMS

## INCORPORATING ART INTO SOCIAL STUDIES INQUIRY ROOM 17 – MS KORSUNSKY



For some time now our class has been exploring the various Human Rights injustices that have occurred in the past 20 years in Central Africa. We brainstormed as a class ways that we could help bring awareness to this important topic. This led us to making sculptures of the war affected children in Northern Uganda.

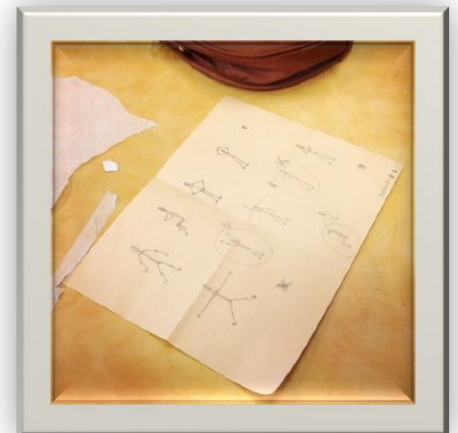


Empathy is something that we have discussed at length this year. Through this project, it became increasingly important to many of us that we depict these sculptures in a way that respects and recognizes the struggles that many of these children have experienced their whole life. We would constantly remind ourselves **how WE would want to be viewed in the eyes of the international community.**



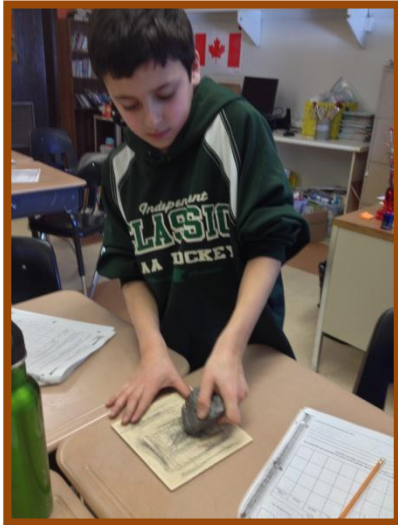
Our research and exploration of the culture, beliefs, and history of the Ugandan people made us realize how much the media has generated misconceptions about what life is really like in Uganda. The Uganda that we began to see was very different than the place shown to us on YouTube and the news. It is a place of culture, music, dance, belief, and hope. While some of the sculptures depict grief, pain, and sadness; many show the strength, hope, love, and faith that flourishes in Uganda today.

Check back next month to see how the sculptures turn out and be on the lookout for them in June when they will be proudly displayed around the school.



# EN TRAIN D'ÉtudIER LES roches ET LES MINÉraux

SALLE 33 – La CLASSE DE MME PANCOTTO



# POETIC DEVICES

## ROOM 19 - MR. NAULT

Throughout the month of April, students in room 19 have been learning about poetic devices. These poets have included devices such as simile, metaphor and personification. Mrs. Clarke has been working hard to help all of the aspiring poets in our room prepare for Room 19's upcoming Poetry Slam.

### To The Moon

Dawn takes the morning that we remember,  
As the night listens to the seas bringing,  
While the moon dreams about the dancing stars.

Anonymous

### The Moon

The moon is like a diamond in the rough,  
A pebble in the sand,  
And a flashing light in the dark.

Anonymous

### The Way

The sun reminds me of the skies guiding,  
The seas bring the teaching stones,  
All the way to the mountains that shows us  
The way.

Anonymous

## ORANGE

MISS KOSHELANYK - ROOM 29

Orange is the colour of cool Tiger-Tiger ice-cream in the summer. It is the poufy orange and blue jacket that your mom bought you, and you hate it but you pretend to like it so she doesn't get upset. Orange is your crocks in spring, walking down your street. Orange is the sight of a beautiful Monarch butterfly. It is my boy cat who is rambunctious and adorable. Orange is when you are listening to music, you start dancing like a weenie, your parents walk in and you are like "what!?" It is orange juice in the morning with eggs, hash browns and bacon. Not the dog....the food! Orange is carrots, so good and yum-yum in my tum and orange is my favourite colour! Orange is just plain, straight-up orange!

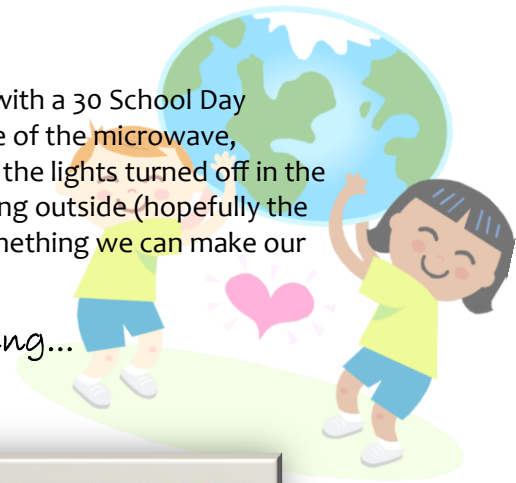
-Taelor

# ROOM 24 – MS SPRINGER

We recently celebrated Earth Day. Our class chose to challenge ourselves with a 30 School Day Challenge. The challenge is: Mondays-bring lunches that do not require use of the microwave, Tuesday-power down our phones during the school day, Wednesday-keep the lights turned off in the classroom, Thursday-bring garbage-free lunches and Friday-take our learning outside (hopefully the weather starts to co-operate a bit). We know that if we each do a little something we can make our environment a better and cleaner place for everyone!

*Imagine the consequences if you did nothing...*

Here are some pictures of some of the other things we have done:



Tearing old newspapers to make plantable paper.



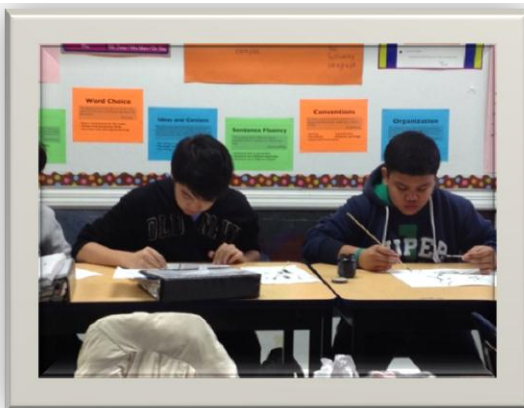
Using old magazines to create envelopes.



Sharing meal together—without using hydro!



Learning about tectonic plates using graham crackers.



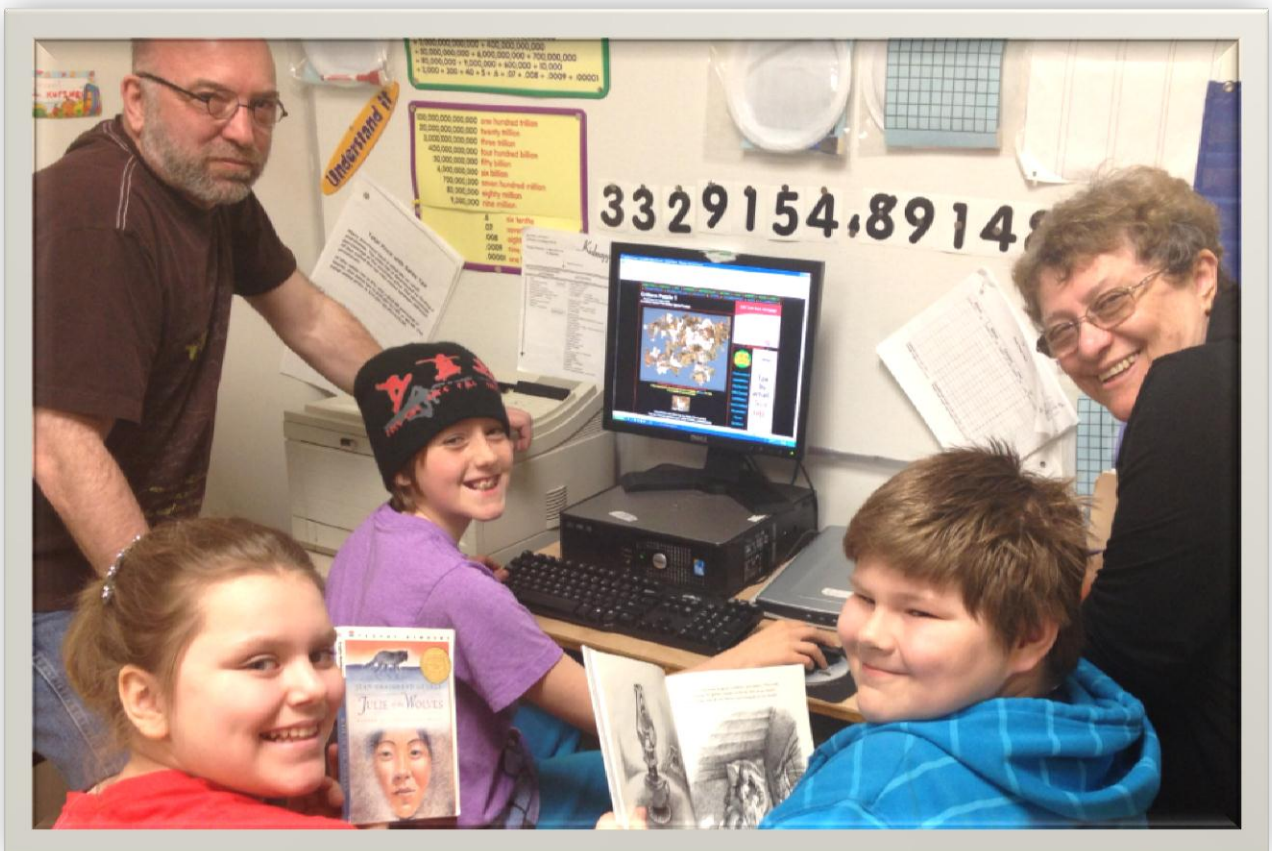
Doing African style art by painting animals using black glue and then painting overtop with watercolour.

# a GREEK MYTHOLOGY-TEENAGE GIRL STYLE!

## ROOM 35 – MS WASKUL

A long time ago a beauty so rare and jewel-like was born of sea foam created by the mutilation of Uranus by his son Cronus. In birth with pearls, jewels, and shells a new type of love and beauty era has been born into the world. A girl with flowing gold like hair rosy cheeks, and blood red lips submerged from a shell out of the sea's foam. A new divine goddess has been born a goddess of love, beauty, and romance. Every god and goddess was ecstatic to meet this divine beauty. However Zeus knew of problems this rare beauty could cause: fights, wars, and many problems for him so he ordered Aphrodite to be married at once. So he gave her to his son Hephaestus who was quite thrilled with this arrangement though she was not. He tried so hard to get her to love him as much as he did her. He made jewellery and her famous magical girdle to make her even more beautiful than she was now. No matter how much he spoiled Aphrodite she couldn't stand being married to a lame loser blacksmith. So she went out on an adventure and found many lovers along the way such as Ares, Dionysius, Hermes, Poseidon, and the mortal Adonis. No matter how jealous Hephaestus grew he was still happy to have some kind of hold over her. Indeed this marriage seemed compatible with little affection, love, and passion perhaps but it also had little conflict as well.

Braedyn





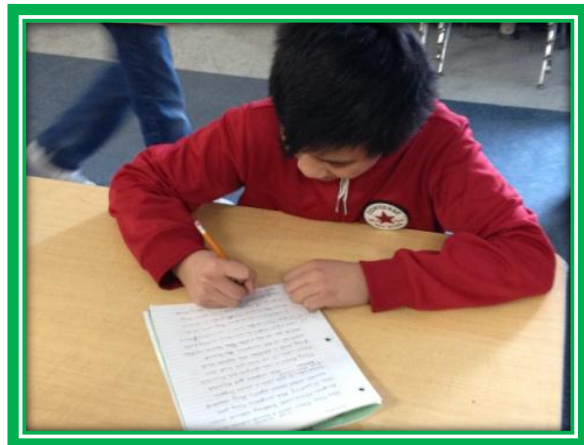
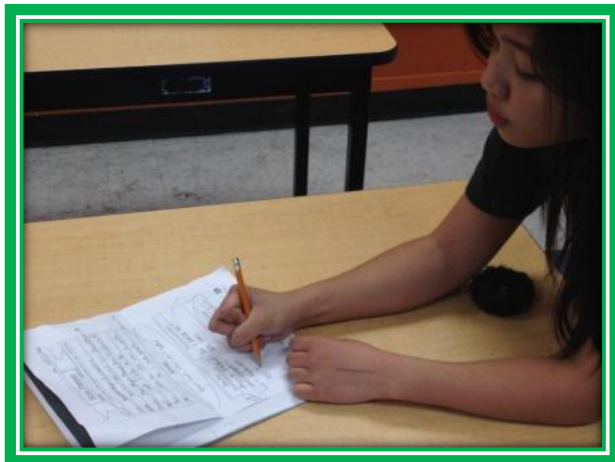
## ROOM 26 – MR. SERZU



This month in room 26 Mr. Kraychuk has joined us. He is a student from the University of Brandon who has been teaching us. Mr. Kraychuk actually attended École Seven Oaks Middle School when he was in grade eight. He loves Math and baseball. This is his final year of University and next year he will have his own class.



In Math, Mr. Kraychuk has been teaching us about perimeter and area.



In Language Arts we have been looking at the elements of story writing. We have also been planning and writing our own stories.

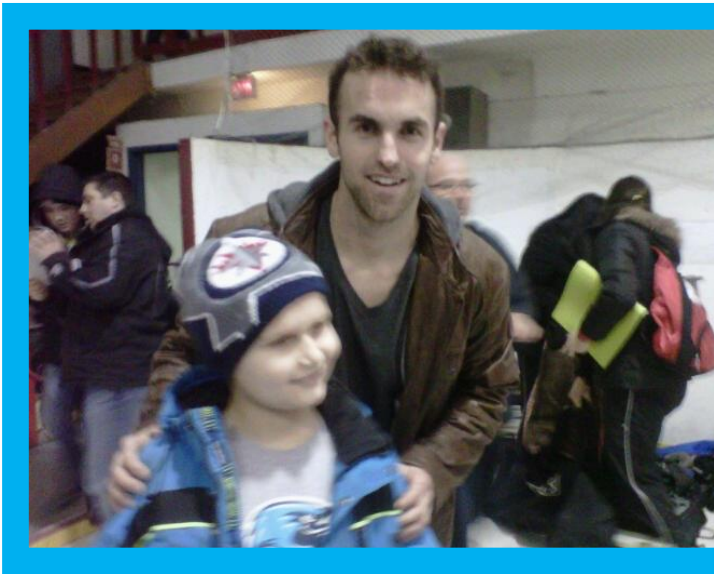
## SALLES 5 ET 8 – MME JONI ET M. HALL

Les élèves de la classe de Mme Joni et M. Hall ont participé à deux sorties scolaires pendant le mois d'avril. En premier, nous sommes allés au Graffiti Gallery, où nous avons eu la chance d'observer de l'art et même peindre des vieux disques. Ensuite, nous sommes allés au magasin Apple pour apprendre le programme Garage Band. Nous avons eu du plaisir en apprenant beaucoup!



# SPRING NEWS

ROOM 27- MRS. COURCHENE



Students from SOSD involved in the Special Olympic Program were excited to meet Andrew Ladd of the Winnipeg Jets.

We have completed reading the novel, Touching Spirit Bear, by Ben Mikealsen. We engaged in a Drama activity lead by our Student Teacher, Mr. Taylor Palmer. Students along with Mr. Palmer created a Tableau to illustrate scenes from the novel.



As a classroom we celebrated all of the classroom birthdays with a cake!



# GET CONNECTED!

Families Connecting is a Healthy Baby Community Support Program designed to assist pregnant women and parents of children under the age of one in connecting with other parents, families and health professionals.

**Monday Mornings**  
**10-12 noon**  
**395 Jefferson**  
**Victory School**  
**For more info. call**  
**947-2422 ext 113**

CHILD CARE PROVIDED FOR OLDER CHILDREN  
HEALTHY SNACKS                      ON SITE DIETITIAN  
MEET THE PUBLIC HEALTH NURSE  
\*MILK COUPONS & BUS TICKETS  
COMMUNITY OUTREACH & SUPPORT

\*Milk Coupons provided for pregnant women and up to 6 months postnatal.

**KYAC is FREE all school year long!**

**Important dates:**

**May 6<sup>th</sup> – PD DAY, KYAC is OPEN!**

**May 8<sup>th</sup> – KYAC's 20<sup>th</sup> Anniversary BBQ @ Edmund Partridge 4:00pm, all are welcome!**

**May 20<sup>th</sup> – Victoria Day – KYAC is CLOSED**

**Check out our website:**

<http://www.7oaks.org/Programs/KYAC/Pages/default.aspx>

We are looking for parent representatives on the KYAC board council, email us!  
Have a suggestion for KYAC programming?? Let us know!

**Register w/ KYAC - Email us [kyac@7oaks.org](mailto:kyac@7oaks.org) for more details!\*\***

ALL ARE WELCOME!

\*\*Subject to cancel if there are not enough participants\*\*

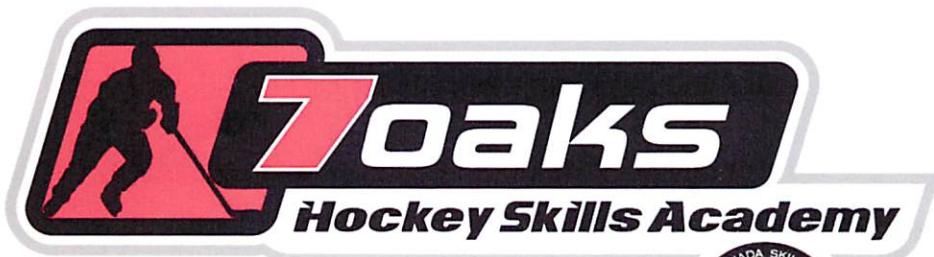
**'Like' our page on facebook, search: KYAC**  
**Follow us on twitter → @kyac7oaks for daily updates**

For more information, contact Pierre Feng, KYAC Program Coordinator, at 586-0327 or  
by email at [pierre.feng@7oaks.org](mailto:pierre.feng@7oaks.org).

# May 2013

SUN	MON	TUE	WED	THUR	FTI	SAT
	<p>May 14 - 17 GR 8 BAND TRIP</p> <p>May 29 - 31 ARTS IN THE PARK</p> 		1 Day 5	2 Day 6	3 Day 1	4
5	6 Day 2 ésoms P.D. NO CLASSES	7 Day 3 Parent advisory council 6:30 PM	8 Day 4	9 Day 5	10 Day 6	11
12	13 Day 1	14 Day 2	15 Day 3 SPECIAL OLYMPICS TRACK MEET GRANT PARK HS	16 Day 4	17 Day 5	18
19	20 Victoria Day 	21 Day 6 OUTDOOR TRACK MEET WKCI	22 Day 1	23 Day 2	24 Day 3 OUTDOOR TRACK MEET RAIN DATE	25
26	27 Day 4	28 Day 5	29 Day 6	30 Day 1	31 Day 2	

Off-ice Conditioning  
 Skating Tradition  
 Checking Dedication  
 Focus Pride  
 Goaltending  
 Stickhandling



May 2013

Since 2002



## Fun Facts

- 153 registered students for T3 TAS
- 5 participating middle schools.
- 324mins of running through week 3.
- 5hrs 40mins of running

## Gear Drive

On June 5th, ESOMS will be hosting a fair on Sustainable Development and will celebrate the many ways we are looking towards the future, socially, environmentally and economically. As part of this "fair" and to do our part in the process, we the 7ohsa will be hosting a Hockey Gear Drive. We will be asking for as many donations as possible including everything from skates to helmets. We will be looking to re-use some of this gear for our students in need as well as any gear beyond that will be donated to the **AMADEUS STEEN FOUNDATION**.



The first 3 weeks of the TAS off-ice sports conditioning has gone very well. Students have been showing great efforts and have been quite focused. Areas of study have included Speed, Power and Agility. A major component of each week has been the Cardio fitness 'warm up'



## Ball Hockey

Students are asked to make sure they have their helmet, gloves, jock and stick for each TAS session. We play using full Winnipeg ball hockey rules.



See [www.winnipegballhockey.com](http://www.winnipegballhockey.com) for more info regarding registering for an official ball hockey team / league.

**7oaks.org**  
 (programs)

JULY & AUGUST 2013

LOWER FORT GARRY

# Company of Adventurers

Day Camp



## JOIN THE COMPANY OF ADVENTURERS

AND DISCOVER  
WHAT LIFE WAS LIKE

# 150

YEARS AGO!

- Meet the people of Lower Fort Garry
- Dress like a fur trader
- Bake bannock over a fire
- Churn your own butter
- Help the blacksmith make a nail
- Get up close with the furs
- Go behind the scenes of the Big Stone Fort
- Visit the ghosts in Manitoba's first jail
- Go on a fort-wide scavenger hunt
- Train with the North West Mounted Police
- Write with a feather and ink
- Try your hand at beading and woodworking
- Play fur trade games

For more information and to register, visit our website [www.FriendsofLowerFortGarry.com](http://www.FriendsofLowerFortGarry.com)

Register before June 1, 2013  
for the Early Bird Price of \$165

Have you ever wanted  
to travel back in time?  
Here's your chance!

Lower Fort Garry National Historic Site  
5925 9 Hwy, St. Andrews, Manitoba  
Only 15 minutes north of the Perimeter!