

West St. Paul School

3740 Main St. West St. Paul MB R4A1A4 204-339-1964
Principal: David Ingram Vice Principal: Tanya Kohut

March 2020 WILDCATS NEWS

Important Dates:

- Mar. 2:** After 8:30 a.m. log on to Parent Connect to book your conference time online.
- Mar. 9:** Last term 2 TAS class
- Mar. 11:** Pizza Day
- Mar. 11 & 12:** Parent Teacher Conferences, evening appointments.
- Mar. 13:** Parent Teacher Conferences, morning appointments. No classes.
- Mar. 16:** Patrol Fieldtrip
- Mar. 17:** Term 3 TAS begins
- Mar 19 & 20:** Brandon Jazz Festival
- Mar. 20:** School PD. No classes.
- Mar. 23-27:** Spirit Week
- Mar. 25:** Pizza Day
- Mar. 30-Apr. 3:** Spring Break
- April 6:** School re-opens, School Day 5



West St. Paul
School is on
Twitter!!

For all the latest news and
activities at West St. Paul
School follow us:
[@WestStPaulScho1](https://twitter.com/WestStPaulScho1)



Parent-Teacher Conferences

Parent Teacher Conferences are
being held on Wednesday,
March 11 and Thursday,
March 12 from 2:30-7:00 p.m. and
on Friday, March 13 from 8:00-
11:00 a.m. Beginning after 8:30 a.m. on Monday, March 2, log
on to Parent Connect to book your conference time.

During your visit to the school please stop and check the lost
and found for your missing jackets,
snow pants, mitts, etc. Any items not
claimed during conference time will be
donated .

We look forward to meeting with all our
families at this time.



ADMINISTRATOR'S MESSAGE

Welcome to March! The month came in like a lamb. I wonder what that will mean at the end of the month...

Basketball playoffs are on going for all of our school basketball teams. Last weekend our divisional girls basketball team won the Lockport School grade 8 basketball tournament. Congratulations to the girls and their coaches!

Report Cards will be available online for parents through Parent Connect on the afternoon of March 9. This is a reminder to book Parent-Teacher conference times through Parent Connect now. Showing interest in a child's schoolwork is a great way to show support for their learning! We look forward to meeting all of our parents to discuss student progress next week. Anytime parents have questions about their child's school experience, they should feel free to contact their child's teacher.

Our grade 3 students will get to participate in the Bauer First Shift program this year. This is a partnership with the Winnipeg Jets and the True North Foundation, that outfits our students who need hockey equipment and provides all grade 3 students with seven on ice sessions to teach them the basics of hockey! The program will begin in April.

Kindergarten Registration is now open for children born in 2015. If you know of a West St. Paul child who turns 5 years old in 2020, please remind the parents to register the child for kindergarten.

Looking forward to seeing everyone next week!



Kindergarten registration continues daily from 9:00 a.m.—2:00 p.m. Children born in 2015 living in the West St. Paul School catchment area are eligible to register. Please bring your child's birth certificate or passport, Manitoba medical card and proof of address in the West St. Paul area (copy of a current utility bill will suffice).

Registration for all other grades will begin after spring break.

2020-2021 Transportation applications will be sent home after spring break.

All students eligible for busing are required to complete a new application.

Please complete one form per child and return it to West St. Paul School. Do not combine siblings on one form. The application deadline is April 30, 2020.



SCHOLASTIC BOOK FAIR

Be sure to stop by the library during Parent Teacher conferences for the Scholastic Book Fair.

Book Fair hours:

Wednesday March 11:
3:00-8:00 p.m.

Thursday March 12:
3:00-8:00 p.m.

Friday, March 13:
8:00-11:30 a.m.



On Thursday February 27th Karys, Madison, Sienna, Lily, Carly, Victoria, and Elliot had a fundraiser for Cancer Care Manitoba. At the fundraiser they all made and sold baked goods, Kool-Aid and lots of bracelets. The six of them decided to do the fundraiser to raise awareness for cancer and try raise money to help find a cure. After many weeks of hard work and planning their work finally paid off. Their teacher Greg Walker supported them the whole way and made sure the fundraiser went smoothly. The fundraiser was for grade three to eight, so the girls had many bracelets to make! With everyone's donations and support they were able to raise \$123.45 in total! The girls were so pleased and so excited to achieve such a number with their original goal of \$30 but surpassed that by almost 100 dollars. The girls are already planning to do the fundraiser again in a few months. Thank-you to everyone for the donations and support!

By: Madison, Sienna, and Karys.



FESTIVAL DU VOYAGEUR

Ms. Mitchell's grade 8 class went to Festival du Voyageur to learn about the histories of the Voyageur, Métis and First Nations. Students had the opportunity to learn from historical re-enactments at Fort Gibraltar, as well as a demonstration of hoop dancing. The amazing food and snow sculptures added to an already fantastic day!



Let's Talk Science in Room 3

On Friday, February 21st we had a visit from Janet Lee who works with Let's Talk Science at the University of Manitoba. She came to show our grade 1 and 2 students in room 3 the importance of handwashing to prevent the spread of germs. Students were fascinated when they applied powder to their hands and got to see what happens to the powder under a black light.

The students also learned about E.coli and that it helps the body break down and digest the food we eat. But, did you know that certain types, or strains, of E.coli bacteria are infectious and spread through contaminated food or water, or from infected people or animals?

We all learned that it is so important to wash our hands regularly and thoroughly, especially after going to the bathroom, touching animals, playing outside and before eating and preparing food!



MARCH



PARENT/CHILD PROGRAMS




WEST ST. PAUL COMMUNITY SCHOOL

Partners in Learning

Cheryl Rajfur - Community Coordinator

204-339-1964, cheryl.rajfur@7oaks.org

School Website: <http://www.7oaks.org/school/weststpaul>

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>	
1	2	3 Parent and Child Rhymes & More 10:30 – 12:00 noon 0 – 5 years	4	5 Parent and Child Storytime 10:30 – 12:00 noon 3 – 5 years	6	7	
8 		10 Parent and Child Rhymes & More 10:30 – 12:00 noon 0 – 5 years	11	12 Parent/Child Storytime 10:30 – 12:00 noon 3 – 5 years	13 PARENT/TEACHER/ STUDENT CONFERENCES NO CLASSES Family Pizza and Games night 5:45-7:30. Please register	14 	
15 	16	17 St. Patrick's Day Parent/Child Rhymes & More 10:30 – 12:00 noon 0 – 5 years	18 PAC 6 p.m. Free Childcare	19 Parent/Child Storytime 10:30 – 12:00 noon 3 – 5 years	20 School PD No Classes	21	
22	23	24 Parent/Child Rhymes & More 10:30 – 12:00 noon 0 – 5 years	25	26 NO CLASS	27	28	
29	30	31	SPRING BREAK				2020

FREE Family Pizza & Games Night



WEST ST. PAUL SCHOOL

FREE FAMILY GAMES NIGHT!

PLAN TO JOIN US AT WEST ST. PAUL SCHOOL FOR ANOTHER YEAR OF FAMILY GAMES NIGHT!

OUR NEXT FAMILY GAMES NIGHT WILL TAKE PLACE ON FRIDAY, MARCH 13TH, 2020 BEGINNING AT 5:45 PM.

Our evening will begin with free pizza and a drink, followed by play time with your family. This is a great night of screen free, family time. Playing board games helps to improve communication skills, increase creativity, build cognitive skills, express emotions and promote physical development!

**Friday, March
13th, 2020**

**West St. Paul
School**

5:45-7:30 pm

**To ensure we
have adequate
food, please
register for this
free event with
Cheryl Rajfur**

email:

cheryl.rajfur@7oaks.org

204-339-1964



MATC Presents: A seminar for caregivers of children/youth who struggle with big emotions.

Understanding Self Regulation:

How children and youth respond to stress and how to help them develop self calming skills.

- What is self-regulation?
- The science of stress
- Building a self-regulation toolkit

Wednesday, March 18, 2020 - 9:15 am to 11:00 a.m.

ACCESS CENTER River East

975 Henderson Hwy

Room 107

FREE

FREE

To register contact
Charlotte at 204-958-9600
30 spots available





EDUCATION *Day*

FRIDAY MAY 15, 2020

RECPLEX • UNIVERSITY OF WINNIPEG

MORNING • 10:15am-12:00pm

HONOURING THE PAST

Join us as we celebrate 3 time honoured traditional dance styles.

Buffalo Dance! Eagle Dance! Horsetail Dance!

You won't want to miss this opportunity.

AFTERNOON • 12:45pm-2:00pm

This award winning documentary profiles the impact of Indigenous musicians on the music of today and how they helped shape the world of rock music.

RUMBLE

The Indians Who Rocked the World

Ignite Your Spirit

**FOR MORE INFORMATION, CONTACT:
DEREK HART | 204.894.8604 | education@manitohbee.com**



Registration Now open for the
2020 spring box lacrosse season.

North Winnipeg Falcons Lacrosse

Visit our website to find out more
information. www.nwfalconslacrosse.ca

nwpgfalconslox@gmail.com



SUPPORT YOUR LOCAL GIRL GUIDES AND WOMEN AROUND THE WORLD!

WHO? 131st Girl Guides are a group of 24 girls aged 9-12 from our neighbourhood that meet weekly at McBeth House Centre.

WHEN? To honour International Women's Day (March 8th) we are hosting a support run for the Secret Marathon. **We are running from McBeth House to Kildonan Park Thursday March 12th starting at 6pm.** *Our route will be Red River Boulevard to Main Street (east side).*

WHAT CAN YOU DO? PLEASE - Cheer us on along the way, honk your horn, mention us on your sign, tell your school or workplace, run or walk with us, tell the media, donate to the cause, whatever you can do is appreciated!

WHY? We want to let you in on a secret. In 2015 for the first time ever, a marathon was held in Afghanistan, a marathon that both men and women were able to participate in but they had to keep it a secret. Why? There are still places in the world where women are not allowed to run or walk outside. However, a community in Afghanistan is courageously carving out a new way forward for the next generation. By creating safe races they are helping to create safe places. We want to help.

Join us for The Secret 3K run/walk. Held on the week of International Women's Day, this race celebrates our right to be free to run. We're inviting everyone to come together in solidarity supporting the right all humans should have to walk or run free of fear in their community. By participating you are helping us to share the story and by making a donation you are helping to further the work of Girl Guides to build safe and inclusive spaces that promote gender equality. Together we can empower women and girls through education and sport.

To learn more about The Secret Marathon documentary film please visit www.thesecondmarathon.com

For more information, contact Guider Dana at 204-898-7439 or girlguides131@gmail.com

Thank you from 131st Girl Guides!

3 PROGRAM CHOICES

to choose from:

NEW PREMIERE DAYCARE FACILITY

AGES 2-5

Opening September 2021 - spaces limited!

SPRING BREAK CAMP

MULTI-SPORT ACTIVITY-BASED PROGRAMMING

March 30 - April 3 9:00 - 4:00

Held at the Garden City Community Centre

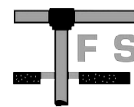
ACTIVE AFTER-SCHOOL CHILDCARE PROGRAM

FULL YEAR AFTER-SCHOOL ACTIVE CARE

Monday - Friday 3:00 - 5:45

SHUTTLE SERVICE & SNACK INCLUDED!

204-999-6707 or 204-791-8582
kidfit60@gmail.com



www.kidfit60.com



February 21, 2020

City of Winnipeg Leisure Guide

The City of Winnipeg is proud to provide a wide variety of recreation and leisure opportunities that contribute to the overall well-being of our community. The Spring/Summer Leisure Guide is filled with fun and exciting activities for everyone, featuring a number of camps to keep the kids busy this summer, including a full-day format for our “L’il Critters” preschool camps and new sport camps.

The Spring/Summer Leisure Guide is available Thursday, March 5, online, at all civic pools, libraries, and leisure centres, and will be available Saturday, March 7, at a number of retail locations including Safeway, 7-Eleven and Circle K. View the Leisure Guide Skating and Swimming brochures online at winnipeg.ca/leisureguide.

Registration begins for all spring and summer activities, Tuesday, March 17 at 8:00 a.m. and will be ongoing.

Register for any City of Winnipeg summer camp by May 1 and you could win your camp for FREE!

City of Winnipeg Priceless Fun

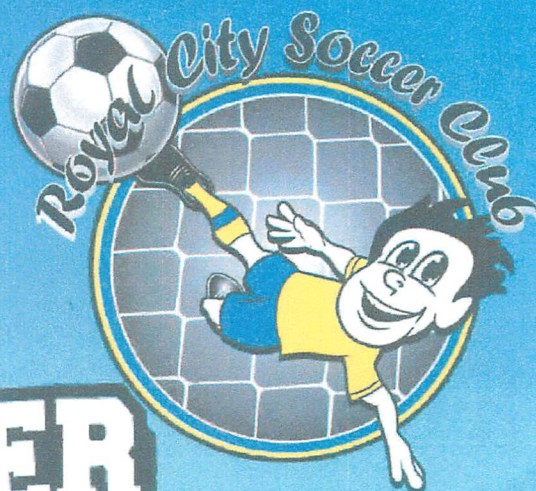
Winnipeggers now have easy access to information about free recreation, leisure and library programs with the free programming guide, Priceless Fun.

The Spring/Summer edition of Priceless Fun, available at the end of March, provides information about the free programs for children and youth being offered by the City of Winnipeg throughout the city, all in one convenient guide.

Hard copies of Priceless Fun are available for pick up at all civic indoor pools, libraries and leisure centres. You can view the current edition of Priceless Fun online at winnipeg.ca/leisureguide. Information about programs is also available by contacting [311](tel:311).



Since 1993



SOCCER DAY CAMPS 2020

Winnipeg

- * July and August weeks
- * all children aged 5 to 13
- * morning & full day sessions
- * before & after care available
- * camp soccer ball, tshirt & medal for all participants

Register by
March 31 or
June 1, 2020
for AMAZING
discounts

1-800-427-0536

royalsoccer.com



IT'S AN ADVENTURE THEY CAN

GET THEIR HANDS ON

Guess what I did at **ZOO CAMP**

- Engaging **animal experiences**
- **Zoo Keeper encounters**
- **Visits** to the Polar Playground, Nature Playground and other Assiniboine Park attractions
- Water games and so much more!



Group activities are age appropriate and designed to encourage positive social interactions.

**REGISTER
ONLINE
TODAY!**

ZOO CAMP IS PERFECT
FOR AGES 5-12!

Cubs (age 5) • **Polar Bears** (age 6-7)
Jr. Keepers (age 8-9) • **Jr. Researchers** (ages 10-12)

Double the fun! **SAVE 20%**
on your second week of Zoo Camp.

Summer camp offered weekly in July and August

assiniboinepark.ca/zoocamp

204 927 6070

camp@assiniboinepark.ca

Bringing
you **closer**

ZOO
Assiniboine Park



SHARE THE UNFORGETTABLE

GET YOUR MEMBERSHIP TODAY

**Enjoy unlimited Zoo visits,
exclusive offers, discounts
and more!**

PLUS

members bring
your friends
for **10% OFF**
Zoo admission

FAMILY
MEMBERSHIPS
START AT
\$209

assiniboineparkzoo.ca/membership

204 927 6033

In person at the main zoo entrance
located at 2595 Roblin Blvd.

Open daily 9 a.m. – 5 p.m.



Bringing
you **closer**

Assiniboine  Park

ZOO
Assiniboine Park



My Garden City

From **March 6 to 21**, we're popping up to hear the stories and experience the culture of Winnipeg's Filipino community at **Garden City Shopping Centre** - 2305 McPhillips Street.

SCHEDULE

Friday, Mar. 6

4:00 p.m. - 9:00 p.m.

Saturday, Mar. 7

11:00 a.m. - 4:00 p.m.

▶ **KULTIVATION MAKERS MARKET**

Tuesday, Mar. 10

5:00 p.m. - 7:00 p.m.

▶ **THE POGI PROJECT PODCAST LIVE**

Wednesday, Mar. 11

12:00 p.m. - 7:00 p.m.

▶ **WELLNESS WORKSHOP**

Thursday, Mar. 12

5:00 p.m. - 8:30 p.m.

▶ **SKRATCHER WINNIPEG DJ WORKSHOP**

Friday, Mar. 13

12:00 p.m. - 7:00 p.m.

▶ **MA-BUHAY! ARTIST WORKSHOP + PANEL TALK**
▶ **MA'BUHAY DISTRICT**

Saturday, Mar. 14

11:00 a.m. to 4:00 p.m.

▶ **FOOD TRIP**

Thursday, Mar. 19

12:00 p.m. - 8:00 p.m.

▶ **FILIPINO TIME**

Saturday, Mar. 21

11:00 a.m. - 4:00 p.m.

▶ **KULTIVATION F.A.M.D. - FILIPINO/A/X STYLEZ**

Visit cbc.ca/manitoba/community for a complete schedule of events.

