



WEST ST. PAUL SCHOOL COMMUNITY NEWSLETTER

MARCH, 2015

Our Beliefs: Take care of yourself. Take care of each other. Take care of this place.

3740 Main Street
West St. Paul MB R4A 1A4
Phone: 204-339-1964
Fax: 204-339-7204

Administrators

Principal: Bob McIntosh
Vice Principal: Angela Bubnowicz

PIZZA DAYS

March 9
March 23



Upcoming Events

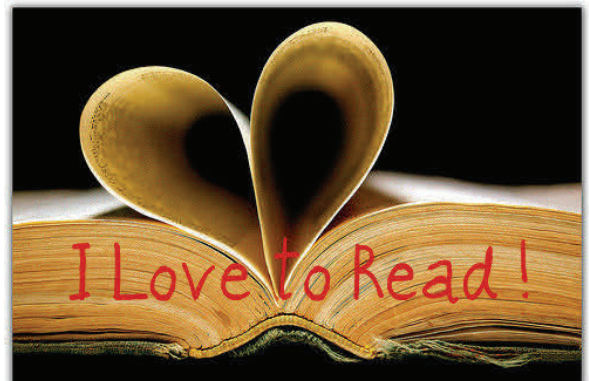
- Mar. 1: WK Collegiate Open House for Gr 8 Students
- Mar. 7: Online Conference Booking after 9 a.m.
- Mar. 17: Parent-Teacher Conferences Evening Appointments
- Mar. 18: Parent-Teacher Conferences-No Classes
- Mar. 25: Good Friday-No Classes
- Mar. 28-Apr. 1: Spring Break
- Apr. 4: Classes Resume
- Apr. 22: P.D. Day-No Classes

ADMINISTRATORS' MESSAGE

Loving to Read

February is the month traditionally associated with love and feelings of the heart, Valentine's Day and 100 Hundred Day. For many years, it also has been "I Love to Read" month where children focus on reading. In this age of technology, reading and the love of books is of the utmost importance before books go the way of the dinosaur and reading books becomes a dying art. Under the guidance of our librarian, Heather Mathis, children have been engaged a variety of exciting literacy activities. In addition, we have been very fortunate to have welcomed many visitors who have delighted their young audiences with their oral readings of favourite books.

February is also the month in which learning happens beyond the walls of the school. Students in the Middle Years have the opportunity to participate in a variety of outdoor activities. One group headed off to Assessippi Ski Area and Resort for two days of skiing and snowboarding. Others went to the Forks for skating and tobogganing and then on Friday gathered at the Gateway Sportsplex.



From the Gym...

MIDDLE YEARS PHYS. ED.

Middle Years Basketball:

All middle years basketball teams have been working very hard this season. Both divisional boys and girls teams have been extremely successful with several hard fought victories. Final divisional tournaments at Red River Community College were held on Feb. 23rd and 25th. West St. Paul School was well represented as we also had a boys and girls school teams which both did fantastic and learnt lots of skills and strategies pertaining to basketball. Thank you to Mr. Bencharski, Mr. Robertson, Mr. Rempel, Mrs. Etkin, and Mr. Zlystra, and Mr. Rogers for coaching these teams.



Indoor Track & Field:

West St. Paul School had 44 middle years students participate in indoor track and field this year. All students have worked very hard to beat personal bests. Remaining meets at University of Manitoba include March 15 for grade 6 students and March 16 for grades 7 & 8 students. Pretty soon it will be spring and outdoor track and field season....

Middle Years Badminton:

Middle Years badminton will start at the beginning of March. Mini-tournaments will start after Spring Break and continue during the month of April. Stay tuned for a schedule of specific mini-tournaments' dates and locations.



Goldeyes School Day Game:

The Winnipeg Goldeyes have scheduled two School Days for the 2016 season. West St. Paul students have the opportunity to see one of these baseball games on June 16th at 11:00 a.m. School Day ticket prices will be \$15 per ticket.

A newsletter was sent home with students. They can also be obtained in the office and on the school's website. If your child is interested please fill out the bottom portion and return by Friday, March 4, 2010. Students will not be allowed to go unless this form and money is returned on time. The cut-off date is so early because many other schools participate in this event and to avoid disappointment I need to know how many tickets we need. Please phone Mr. Ens at the school if you have any questions or need further information.



WSP SCHOOL PARTNERSHIP WITH MIDDLECHURCH HOME

National Puzzle Day—January 29, 2016

Celebrated with Ms. Yeo's class and our friends at Middlechurch Home.





Spirit Week March 21-24

March 21: Crazy Hair or Crazy Hat Day

March 22: Beach Day

March 23: Twin Day

March 24: Fancy Day

From the Office...

Teachers are not always able to access their voicemail. We ask that when your child is away from school for any reason, please contact the office to advise us of the absence. The office voice mail is available 24 hours/day. Please dial 0 to leave a message with your child's full name, classroom teacher and the reason for their absence. We greatly appreciate your cooperation.


Parent/Teacher Conference Online Booking

Parent/Teacher Conferences are being held on Thursday, March 17 and Friday, March 18.


Please book your conference times online through *Parent Connect* beginning after 9 a.m. on Monday, March 7th.

Instructions to access *Parent Connect* can be found on our school website under the Parents Tab.


FROM THE LIBRARY...



February flew by!! We had a fabulous "I Love To Read" month!! Our guest readers this year included Alice Klumper (Library technician at the Education Resource Centre), Verland Force and Lydia Hedrich (Assistant Superintendents), Brook Jones (from the Selkirk Journal), Evelyn Myskiw (school trustee), Ron Schuler (MLA for St Paul), Jennifer David (West St Paul Centennial Event Coordinator), West St Paul Mayor Bruce Henley and our own Linda Janzen, Destiny Patrick, and Jeremy Muise! Many thanks to all of you for reading to our students!!



As we Spring into March, we are looking forward to the Spring Book Fair!! The fair will run the week of March 14. We'll be open late on Thursday March 17th (8:30) and on Friday we'll be open from 8am to 11am. See you at the Book Fair!!



Fort Whyte Alive!

On Friday, January 29th Ms. Greening's grade 3's enjoyed a beautiful day outside at Fort Whyte Alive. We took part in snowshoeing, tobogganing, Inuit games, a scavenger hunt, and a marshmallow roast! We were also very lucky to see a large group of deer, buffalo, and some rather large pigs. A great time was had by all, including our fabulous parent volunteers.





Remember to dress for the weather!

Please ensure your children are sent to school with proper winter clothing, including snow pants, hats, mitts and scarves.

Unless the temperature combined with wind chill reaches -27, all students are expected to go outside.



PARENT ADVISORY COUNCIL

NEXT MEETING IS ON WEDNESDAY, MARCH 9th AT 7:00 P.M. IN ROOM 41.

FREE CHILDCARE WILL BE PROVIDED.

WE LOOK FORWARD TO SEEING YOU THERE!!



A Fun Free Event for All

COME TRY RINGETTE

Sunday, Apr. 10, 2016

Seven Oaks Arena

725 Kingsbury

9:30 AM - Throw on your skates and head out onto the ice for an hour of Instruction and FUN!

Bring Skates, Helmet & Warm Gloves!

For more info, Email: **TO REGISTER for this FREE EVENT:**
 Roger Tuk www.cometryringette.com
ringette@GardenCityCC.com





City of Winnipeg Leisure Guide

The City of Winnipeg is proud to provide a wide variety of recreation and leisure opportunities that contribute to the overall well-being of our community. The Leisure Guide is published three times per year and is filled with fun and exciting programs for everyone. The Spring/Summer 2016 edition features spring skating lessons and a number of exciting camps to keep the kids busy this summer, including a new full-day format for our "L'il Critters" preschool camps!

For more information on leisure, sport and fitness programs, please pick up a copy of the Leisure Guide, call 311 or visit Winnipeg.ca. Guides are available for pick up at civic pools, libraries and leisure centres, and at a number of retail locations including Safeway, 7-Eleven and Mac's.

Watch for the Spring/Summer 2016 Leisure Guide at the beginning of March! Registration for swimming lessons only will begin on March 15 at 8:00 am. Registration for all other programs will begin on March 16 at 8:00 am.

Register for any 2016 City of Winnipeg summer camp by April 22 and you could win your camp for FREE!

City of Winnipeg Priceless Fun

Winnipeggers now have easy access to information about free recreation, leisure and library programs with the free programming guide, Priceless Fun.

The Spring/Summer edition of Priceless Fun, available in March, provides information about the free programs for children and youth being offered by the City of Winnipeg throughout the city, all in one convenient guide.

Hard copies of Priceless Fun are available for pick up at all civic indoor pools, libraries and leisure centres. You can view the current edition of Priceless Fun online at: Winnipeg.ca/cms/recreation/leisure/leisureguide.stm. Information about programs is also available by calling 311.



Is happy to announce our registration is now open,
Come join in the excitement of the 2016-2017 school year!

At James Nisbet Nursery School, our Early Childhood Educators implement a play-based, developmentally appropriate curriculum. Our program is structured to offer a balance of activities to nurture your child's social, emotional, physical and cognitive development.

We offer four class options to children between the ages of 3-5.

To reserve placement; visit us at 70 Doubleday Drive

Or contact via Email: nisbetns@mymts.net

Or visit our website: www.jnns.ca

CALLING ALL BABIES (birth to a year)

The Seven Oaks School Division's Parent, Child preschool program is offering families an opportunity to learn massage techniques with their baby.

Infant massage is a daily practice shared by parents and caregivers all over the world looking to bond, communicate and care for their babies in a healthy, natural way. Babies who receive regular massage have been shown to have better quality of sleep, have an improved rate of healthy weight gain. Aside from physical benefits, infant massage has been shown to improve the ability of parents and babies, to bond more closely and communicate with one another. Touch is one of the ways an infant communicates with the world around them. It is the first sense to develop in utero, and the only sense we cannot live without. In essence, learning to share touch with your infant is a powerful, natural way to care for your baby's physical and emotional health.

Massage is a practice that can be shared by all families, regardless of religious, cultural, or socio-economic background.

Erica Lo, RMT, CPMT, CIMT has been practicing massage therapy for the past 14 years with a focus on infant/pediatric massage for the past 4 years. She currently practices out of her office in Osborne Village and also teaches at Nest Family Centre.

In this FREE four week series you will learn how to safely and effectively apply a full body massage on your child and also techniques to help relieve discomfort from digestion, colic, teething, and congestion issues. Oils and handouts will be provided, please bring a small blanket for your child to lie on.

Please join us for this FREE 4 week program that promotes health and happiness through the ancient art of infant massage.

When: Thursday April 7th, 14th, 21st, and 28th, 2016 10:00 - 11:30 a.m.

Where: West St. Paul School 3740 Main St.

To register or questions, please call Cheryl at 204 339-1964 or Colleen at 204 226-3228.





SUNNY MOUNTAIN NURSERY SCHOOL

Unit 6 - 1965 Main Str.

Winnipeg, MB R2V 2B5

Telephone: 334-7075

February 26, 2016

To Whom it may concern,

Could you please also allow us to advertise our Nursery School Program in all the division's primary year and middle year schools newsletters. Below is what we'd like written.

*

Sunny Mountain Nursery School

#6-1965 Main Str.

Open house & registration for Sept 2016

Spaces available for children 3 & 4 years

For more information call 334-7075 or

Email smdcnursery@gmail.com

*

Also thank you for allowing us to post our pull tabs at your schools.

Respectfully

Karen McQuade

Advancing Community Schools

SEVEN OAKS SCHOOL DIVISION



FATHER FIGURES MATTER

Wednesdays 6:00—7:30

March 2,8,16 April 6,13,20

R.F. Morrison School, 25 Morrison Street

Those who are fathers or in the father role with children make a huge difference in the lives of children. Research shows that children who have good relationships with father figures have positive attitudes towards school, demonstrate academic achievement and are positive contributors in their communities. Involved fathers build strong children who give back a tremendous amount to their schools and communities.

In these sessions you will:

- Share strategies for engaging your children in free play (children ages 2-8 suggested)
- Cook, build, and create with your children
- Develop stronger relationships with your children
- Connect with other father figures about the challenges and rewards of begin a positive role model for your children.
- Learn about the latest research showing the positive influence of fathers figures with their children.

Please fill out, detach and return form below to your school's community coordinator.

For more info, please contact: Veronica Thiffeault at 204-338-7804, veronica.thiffeault@7oaks.org OR Cheryl Rajfur at 204-339-1964, cheryl.rajfur@7oaks.org



Registration:

Name: _____ Phone #: _____

Children's Names and ages: _____ Allergies: _____

Email address: _____



MGFA
MANITOBA GIRLS
FOOTBALL ASSOCIATION



NORTH
WINNIPEG
NOMADS
EST
1969
FOOTBALL CLUB

SUNDAY, MARCH 20TH
1:00-4:00PM

WEDNESDAY, MARCH 23RD
6:00-9:00PM

SATURDAY, MARCH 26TH
1:00-4:00PM

INFO/QUESTIONS:
JEFF PIRRIE
HEMLOCKBUILDERSLTD@GMAIL.COM

ATTENTION ALL GIRLS AGES 9-15!

**DO YOU WANT TO PLAY ALL-GIRLS TACKLE FOOTBALL?
THE NORTH WINNIPEG NOMADS AND THE MANITOBA
GIRLS FOOTBALL ASSOCIATION ARE LOOKING FOR
PLAYERS FOR THE SIX-A-SIDE LEAGUE!**

TOTAL DUE AT REGISTRATION - \$250
INCLUDES: \$200 - BASE REGISTRATION FEE
\$50 - VOLUNTEER FEE

TOTAL DUE AT EQUIPMENT FITTING - \$50
INCLUDES: \$50 - NOMADS CASH CALENDAR FUNDRAISER

WWW.NOMADSFOOTBALL.COM
WWW.MANITOBAGIRLSFOOTBALL.COM



WEST ST. PAUL COMMUNITY SCHOOL
 Advancing Community Schools
 Serina Shewchuk - Learning Support Teacher - Early Years
 Cheryl Rajfur - Community Coordinator
 204-339-1964
 School Website: <http://www.7oaks.org/school/weststpaul>

PARENT/CHILD PROGRAMS



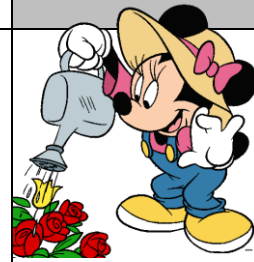
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Parent/Child Gym/Skate Sunova Centre 10-11:00 a.m.	2 Parent/child Fathers Matter Workshop RF Morrison 6 – 7:30 p.m.	3	4	5
6	7 Parent/Child Storytime 11:00 – 12:30 p.m. 3 – 5 years	8 Parent/Child Rhymes & More 11:00 – 12:30 p.m. 0 – 5 years	9 Parent/child Fathers Matter Workshop RF Morrison 6 – 7:30 p.m. PAC 7 p.m. Free Childcare	10 Hans Kai 9:15 – 11:15 a.m.	11 Family Games Night 6-7:30 Please register	
	14 Parent/Child Storytime 11:00 – 12:30 p.m. 3 – 5 years Music with Sonja	15 Parent/Child Rhymes & More 11:00 – 12:30 p.m. 0 – 5 years	16 Parent/child Fathers Matter Workshop RF Morrison 6 – 7:30 p.m.	17	18 PARENT/TEACHER/ STUDENT CONFERENCES NO CLASSES	19
20	21 Parent/Child Storytime 11:00 – 12:30 p.m. 3 – 5 years	22 Parent/Child Rhymes & More 11:00 – 12:30 p.m. 0 – 5 years	23	24	25	26
27	SPRING BREAK					2016
28	29	30	31			




WEST ST. PAUL COMMUNITY SCHOOL

Advancing Community Schools
 Serina Shewchuk - Learning Support Teacher - Early Years
 Cheryl Rajfur - Community Coordinator
 204-339-1964
 School Website: <http://www.7oaks.org/school/weststpaul>

PARENT/CHILD PROGRAMS

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
SPRING BREAK						
3	4 CLASSES RESUME Parent/Child Storytime 11:00 – 12:30 p.m. 3 – 5 years	5 Parent/Child Rhymes & More 11:00 – 12:30 p.m. 0 – 5 years	6	7 Infant Massage 10-11:30 a.m. Must Register	8 Family Games Night 6-7:30 p.m. Please register	9 
10 	11 Parent/Child Storytime 11:00 – 12:30 p.m. 3 – 5 years	12 Parent/Child Rhymes & More 11:00 – 12:30 p.m. 0 – 5 years PAC 7p. m. Free childcare	13	14 Infant Massage 10-11:30 a.m. Hans Kai 9:15-11:15 a.m.	15	16
17	18 Parent/Child Storytime 11:00 – 12:30 p.m. 3 – 5 years Wee be Jammin 6:30 – 7 p.m Please register	19 Parent/Child Rhymes & More 11:00 – 12:30 p.m. 0 – 5 years	20	21 Infant Massage 10-11:30 a.m. Must Register	22 PD DAY NO SCHOOL	23
24	25 Parent/Child Storytime 11:00 – 12:30 p.m. 3 – 5 years Wee be Jammin 6:30 – 7 p.m Please register	26 Parent/Child Rhymes & More 11:00 – 12:30 p.m. 0 – 5 years	27 Kindergarten Open House 6-7 p.m.	28 Infant Massage 10-11:30 a.m. Must Register		<div style="border: 2px solid black; padding: 10px; text-align: center; font-size: 2em;">2016</div>

MARCH, 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 DAY 5 W.K. OPEN HOUSE & REGISTRATION EVENING 5-8 p.m.	2 DAY 6 DIV. BOYS & GIRLS B-BALL @WSP	3 DAY 1	4 DAY 2	5
6	7 DAY 3 PARENT TEACHER CONFERENCE ONLINE BOOKING OPENS 9:00 A.M.	8 DAY 4 POW WOW CLUB 2:30-3:30	9 DAY 5 PIZZA DAY PAC MEETING 7:00 p.m. FREE CHILDCARE PROVIDED	10 DAY 6 HANS KAI 9-11:30 a.m.	11 DAY 1	12
13	14 DAY 2	15 DAY 3 Grade 6 Track	16 DAY 4 Track Attack #4	17 DAY 5  PARENT- TEACHER CONFERENCES EVENING	18 DAY 6 PARENT- TEACHER CONFERENCES NO CLASSES	19
	BRANDON JAZZ FESTIVAL					
20	21 DAY 1 WSP STAFF VS POLICE B-BALL GAME @ LUNCH Crazy Hat/Hair Day	22 DAY 2 POW WOW CLUB 2:30-3:30 Beach Day	23 DAY 3 PIZZA DAY E.Y. BADMINTON TOURN. @ MAPLES COLLEGIATE 5-9 p.m Twin Day	24 DAY 4 Fancy Day	25 GOOD FRIDAY NO CLASSES	26
	SPIRIT WEEK					
27	28	29	30	31	1	2
SPRING BREAK						

IMPORTANT DATES AT A GLANCE...

MARCH 7	PARENT TEACHER CONFERENCE APPOINTMENT BOOKING OPENS AT 9:00 A.M.
MARCH 9	PAC MEETING 7:00 P.M. FREE CHILDCARE WILL BE PROVIDED.
MARCH 17	PARENT TEACHER CONFERENCE EVENING APPOINTMENTS ONLY
MARCH 18	PARENT TEACHER CONFERENCES – NO CLASSES
MARCH 21-24	SPIRIT WEEK
MARCH 25	GOOD FRIDAY – NO CLASSES
MAR 28-APR 1	SPRING BREAK – CLASSES RESUME ON MONDAY, APRIL 4 – SCHOOL DAY 5
APRIL 4	CLASSES RESUME – SCHOOL DAY 5
APRIL 22	P.D. DAY – NO CLASSES
APRIL 27	KINDERGARTEN OPEN HOUSE – 6:00-7:00 P.M.
APRIL 29	INTERNATIONAL DAY OF DANCE
MAY 1-2	GRADE 8'S TO CAMP CEDARWOOD
MAY 5	HEALTHPALOOZA

