



VICTORY SCHOOL NEWSLETTER

395 Jefferson Avenue

Phone: 204-586-9716

January
2022

Winnipeg, MB R2V 0N3

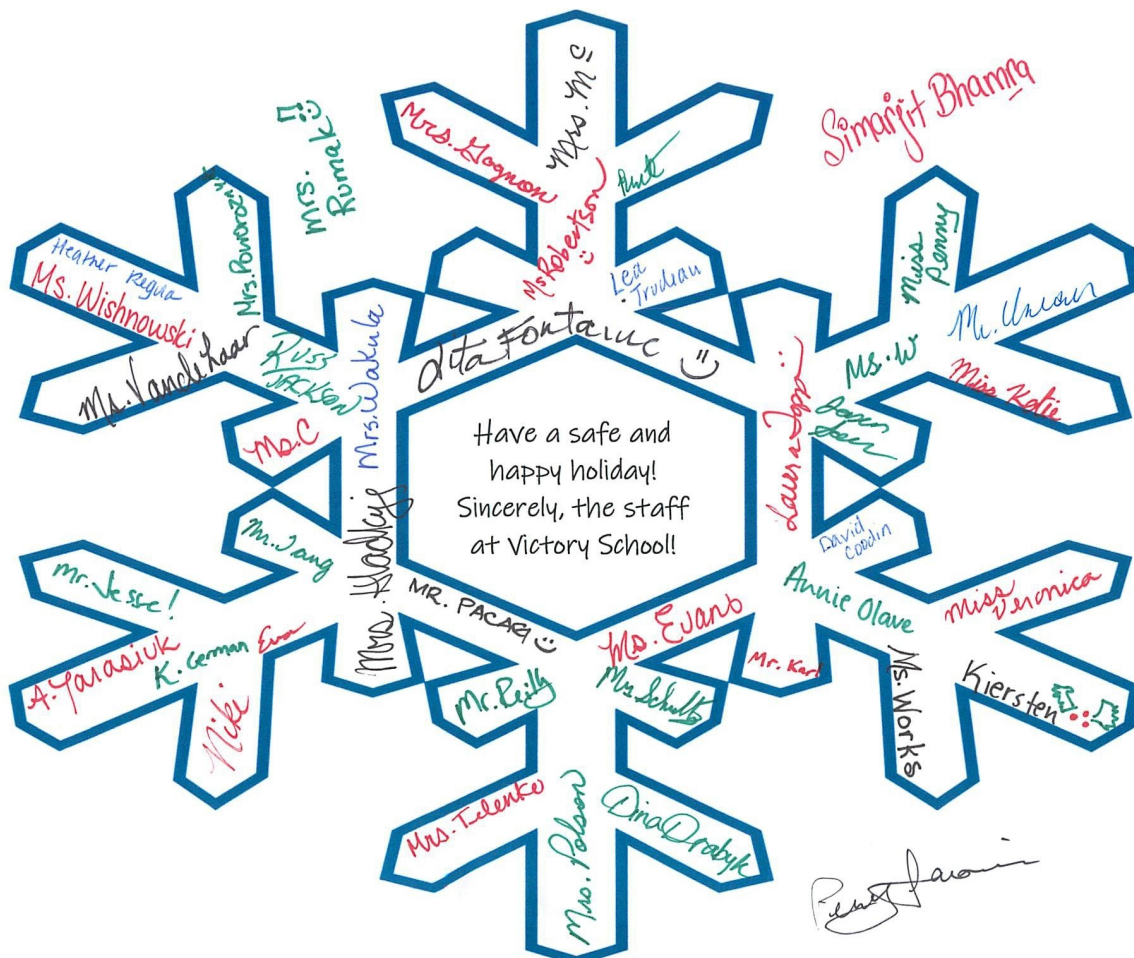
Fax: 204-589-4123



Dear Families,

The Victory staff would like to wish our families a warm, safe and restful break. We look forward to seeing everyone in the new year!

A reminder to families that we have a professional development day in January. **There are no classes for students on January 21st, 2022.**



News from Room 14A

Before the break, the morning Kindergarten class was excited for the holidays and had a special surprise from Mrs. Polson. What could it be? Here are the three hints that were given to the students:

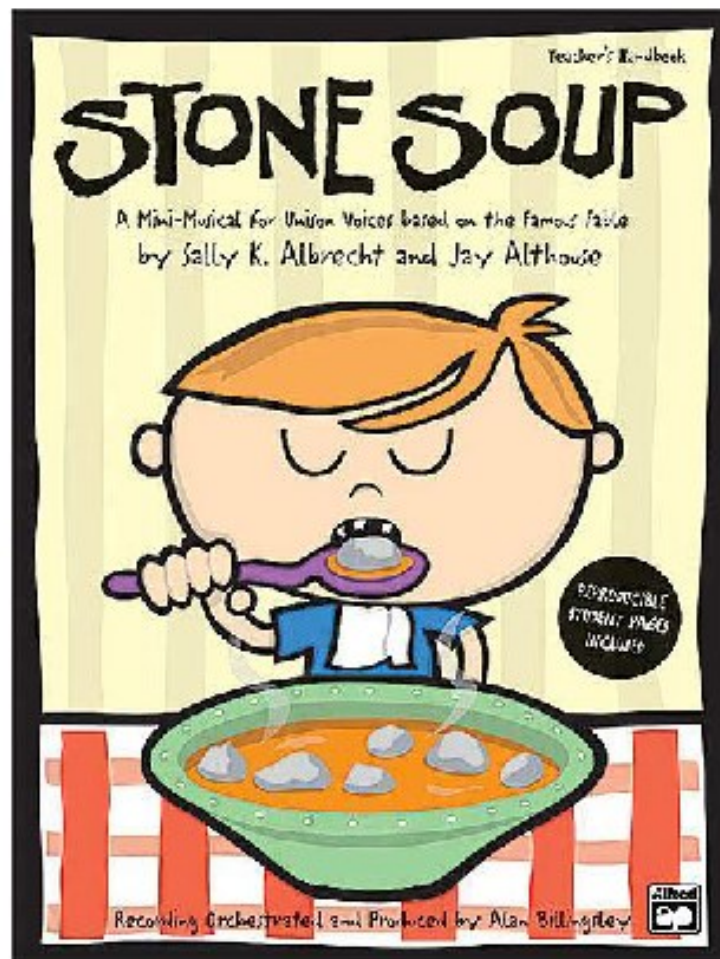
1. Our poem of the week was titled *Making Gingerbread*.
2. We made paper gingerbread men in art.
3. Mrs. Polson was wearing gingerbread man earrings.



You guessed it! We decorated gingerbread cookies. The students each used icing and candy to decorate their cookies. The best part was bringing the cookies home to eat!



Victory School Proudly Presents



By Sally K. Albrecht and Jay Althouse

When a group of weary travelers create a delicious meal from some unexpected ingredients, the gloomy citizens of Old Town ask, "Who ever heard of soup from a stone?" Watch us retell this famous folk tale and learn together that "The Greatest Gift Is To Share".

Recording dates are February 9th and 10th 2022

This will be a Virtual Presentation

Watch the newsletter, SeeSaw and Twitter for more information.



Costume Ideas For Stone Soup

Plaid Shirt, Plain Dress Shirt, Plain T-shirt, or Striped T-shirt (No writing or pictures)

Jeans, Pants or Overalls



Costume Ideas For Stone Soup

Plain Dress or Skirt

Plain top (no writing or pictures)

Kerchief or Bandana (optional)

Apron (optional)

Hair can be in braids, ponytail or left down



Please do not feel that you need to purchase anything new. A plain top and pants will be fine. If your child wants to wear something special I have some costumes at school that they can use.



Victory Viper Physical Education

Welcome back! I hope everyone had a fun, safe, active, and healthy winter break!

Just a recap of our December intramurals before the winter break, students constructed teams from students in their classrooms to participate in Team Handball intramurals. 13 teams across Grades 3 - 5 entered and enjoyed playing other teams from their cohort during nutrition breaks. Students had a BLAST! Congratulations to all the participants!

As we pivot back into our regular PE routine, we will be spending this term learning about *Winter Sports* and the different game categories (i.e. Target games, Striking and Fielding games, etc.).

In the month of January, we will focus on the sport of curling. Students will learn about the rules, concepts, and game play. Students in Grades 3-5 will also have the choice to participate in optional curling intramurals during 1st and 2nd nutrition breaks.

Also, PE classes in January, we will be completing a *Daily Cardio Challenge* by Darebee.com as part of our warm-up. If you would like to partake in this challenge at home, you can follow along at <https://darebee.com/challenges/daily-cardio-challenge.html>. Or download and print the following sheet.

Have a Marvelous Month!



Actively yours,
Physical Educator
Mr. Pacag

DAILY CARDIO

30-DAY CHALLENGE



© darebee.com

1 22 high knees 30sec rest 3 sets in total	2 22 jumping jacks 30sec rest 3 sets in total	3 24 high knees 30sec rest 3 sets in total	4 24 jumping jacks 30sec rest 3 sets in total	5 26 high knees 30sec rest 3 sets in total
6 26 jumping jacks 30sec rest 3 sets in total	7 28 high knees 30sec rest 3 sets in total	8 28 jumping jacks 30sec rest 3 sets in total	9 30 high knees 30sec rest 3 sets in total	10 30 jumping jacks 30sec rest 3 sets in total
11 32 high knees 30sec rest 3 sets in total	12 32 jumping jacks 30sec rest 3 sets in total	13 34 high knees 30sec rest 3 sets in total	14 34 jumping jacks 30sec rest 3 sets in total	15 36 high knees 30sec rest 3 sets in total
16 36 jumping jacks 30sec rest 3 sets in total	17 38 high knees 30sec rest 3 sets in total	18 38 jumping jacks 30sec rest 3 sets in total	19 40 high knees 30sec rest 3 sets in total	20 40 jumping jacks 30sec rest 3 sets in total
21 42 high knees 30sec rest 3 sets in total	22 42 jumping jacks 30sec rest 3 sets in total	23 44 high knees 30sec rest 3 sets in total	24 44 jumping jacks 30sec rest 3 sets in total	25 46 high knees 30sec rest 3 sets in total
26 46 jumping jacks 30sec rest 3 sets in total	27 48 high knees 30sec rest 3 sets in total	28 48 jumping jacks 30sec rest 3 sets in total	29 50 high knees 30sec rest 3 sets in total	30 50 jumping jacks 30sec rest 3 sets in total



Victory's Parent and Child Preschool Program

January 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
						8
	Monday Group Preschool 9:00 – 11:00		Wednesday Group Preschool 9:00 – 11:00	Thursday Group Preschool 9:00 – 11:00		15
	Monday Group Preschool 9:00 – 11:00		Wednesday Group Preschool 9:00 – 11:00	Thursday Group Preschool 9:00 – 11:00		22
	Monday Group Preschool 9:00 – 11:00		Wednesday Group Preschool 9:00 – 11:00	Thursday Group Preschool 9:00 – 11:00		29
	Monday Group Preschool 9:00 – 11:00					



January 2022

Sun

Mon

Tue

Wed

Thu

Fri

Sat

						1
2	3	4	5	6 DAY 4 No Classes	7 DAY 5 No Classes	8
9	10 DAY 6 Classes Resume Rm12 Learn to Skate	11 DAY 1 Rm 8 Learn to Skate	12 DAY 2	13 DAY 3 Rm 7 Learn to Skate	14 DAY 4	15
16	17 DAY 5 Rm 12 Learn to Skate	18 DAY 6 Rm 8 Learn to Skate	19 DAY 1	20 DAY 2 Rm 7 Learn to Skate	21 Victory School PD Day No Classes	22
23	24 DAY 4 Rm 12 Learn to Skate	25 DAY 5 Rm 8 Learn to Skate	26 DAY 6	27 DAY 1 Rm 7 Learn to Skate	28 DAY 2	29
30	31 DAY 3 Rm 12 Learn to Skate					