



**VERLAND FORCE, PRINCIPAL** 



**BOBBI-LYNN HAEGEMAN, VICE-PRINCIPAL** 

### From the Office....

We hope you enjoyed your holiday break with family and friends. Although we were lacking in snow this year the mild weather certainly made up for it. Plenty of sunshine allowed for lots of outside play and fun!

As a new year begins we have exciting news to share at Elwick school. We welcome back our grade 7/8 teacher Ms Collette from her maternity leave as well as our earl6 years phys-ed teacher Ms Schettler who returned from a medical leave.

Our next school professional development day is on **Monday, January 16th**. There will be **no school** for students on this day. Our school staff will be learning about Restitution. This is a powerful approach used to help both children and adults solve a problem. According to Diane Gossen, supporter of the Restitution model, "Restitution creates conditions for the person to fix his/her mistake and return to the group strengthened". We look forward to learning more about the Restitution model.

At Elwick
we are
learning
to live
the Seven
Teachings
everyday!
Respect,
Wisdom,
Courage,
Love,
Honesty,
Humility
& Truth.

At Elwick school we continue to look for ways to strengthen our home and school connection. We value input from community members and would like to create a monthly opportunity to meet as a group. This monthly meeting would allow for parents/caregivers, administration, and possibly other staff members to come together to discuss school related topics, special school events, volunteer opportunities etc. Your voice is important to us at Elwick and we encourage you to attend our first gathering on Monday, January 30th at 6:00 p.m. in the school library. Snacks will be served and free child minding will be provided. Please call Mrs. Phinney at 633-5641 if you are able to attend.

Before we know it the month of February will be here, which means Chilly Night is fast approaching!

Please mark February 16th on your calendar as we invite your family to come down to Elwick school to enjoy an evening of tasty food and special activities. The evening will consist of cultural dance, music, and crafts along with delicious chilly and bannock. Further details will follow in the near future!

We wish you the very best during the new year and look forward to continued success at Elwick Commuzity School





In Room 10, we celebrated Diwali by learning about different customs and traditions related to the celebration. The students learned that Diwali is the 'festival of lights' and people in India and in many parts of the world celebrate it by doing good deeds for others. In our class we made diyas (clay lamps) to represent light and goodness in others, which is what many people do in India. We also made 'rangolis', which are colored patterns-to bring good luck into our lives. We talked about what good deeds look like, sound like and feel like. As a class, we recorded many good deeds that we observed. Because we love reading, we found books such as "Lights for Gita" and "Mama's Sarees" to learn more about the festival. Most importantly, we learned that we can do good deeds for others all





year, not just on Diwali.



Deeds for Diwali
1. Kenneth helped clear up the 100 charts.
2. Savannah was cleaning under all of the tables; not just her own
3. Cassidy helped Nakul find a library book
4. Jaylene and Jordan helped set up for our party
5. Nakyl was concerned about another student not feeling well.
6. Cassidy sweeped the entire floor during cleanup time.



### CONNECTORS CONNECTION

WELCOME BACK! I HOPE EVERYONE HAD A WONDERFUL HOLIDAY WITH THEIR FAMILIES, BUT NOW IT'S TIME TO GET BACK TO BUSINESS ALREADY. WE HAVE A FEW GREAT PROGRAMS STARTING AGAIN THIS MONTH AND WOULD LOVE TO SEE EVERYONE COMING OUT TO ENJOY WHAT ELWICK HAS TO OFFER.

### Elwick Community Center Learn to Skate

Learn to Skate program will be starting on January 10th and will run every Tuesday until the weather continues to cooperate. This program will be held from 4-6pm, with all skates and helmets provided at Elwick Community Center. Please remember if temperatures are at -25 with wind-chill the center will be closed. There will also be two trained skaters on the ice to help you learn

to skate, if this is not something you have had the opportunity to enjoy before.

Remember hot chocolate will be served free of charge, hope to see everyone there.

### **TAX PROGRAM**

Thanks to our lovely Family Room here at Elwick and all the amenities it provides we are able to come up with some great programming. This year once again we purchase a 2011 tax program and have it installed on the family room computer. This allowed for our whole community to make appointment to come and use the program free of charge and be able to Efile their return straight from the computer. There were a total of 35 tax returns completed through this program, our community members appreciated the money they had saved. Also we provide a person of knowledge to assist any community member with their return at the time of their appointment. This program has been a great asset to the school and our numbers keep growing each year.

#### **ZUMBA FITNESS FOR ADULTS**

THE LATIN-INSPIRED, EASY-TO-FOLLOW, CALORIE- BURNING, FEEL-IT-TO-THE-CORE FITNESS-PARTY.

WHERE: ELWICK COMMUNITY SCHOOL (BIG GYM)

WHEN: FIRST CLASS WILL BE MONDAY January 9th AND WILL RUN EVERY MONDAY TO FOLLOW UNTIL SPRING BREAK. CLASS WILL START AT 6PM AND WILL END AT 7PM.

CHILDMINDING WILL BE PROVIDED FREE OF CHARGE TO ALL PARENTS, SO PLEASE CALL TO REGISTER YOUR CHILDREN.

Please feel free to contact Amanda @ 793-2124 for any questions you may have about our programs.

### From the Coordinator.....

# MOTHERS, DO YOU WANT TO HAVE BETTER COMMUNICATION WITH YOUR DAUGHTERS?

Ecole Riverbend and West St. Paul School will be offering an 8 week program called

## "Mothers and Daughters in Touch"

It is designed for mothers and their daughters 9 -11 years of age.

The program uses different activities, some with moms and daughters together, some with them in different groups. The Mothers and Daughters in Touch program focuses on skill building for both mother and daughter.

Some of the information covered will be:

Learning to hear and respect each others feelings

Developing strategies to deal with peer pressure

Learning how to be an approachable parent

Understanding the meaning of a healthy body image and what contributes to one.

Gain knowledge and skills to cope with changes during puberty

The weekly sessions are a time for the two of you to have some fun, uninterrupted time together and enhance the mother daughter relationship.

**When:** Thursday February 2/12 – March 22/12 6:00 – 8:00 p.m.

Where: Ecole Riverbend 123 Red River Blvd.

**Cost:** A commitment to your child that you will attend all 8 weeks to the best

of your ability.

To register or for more information, please call Marianne at 226-3228 or Cheryl at 339-1964. The group is limited to a maximum of 10 mother/daughter teams.



# Positive Discipline What it is and how to do it

We all know that parenting is a most rewarding, but challenging experience. Often we are presented with situations or behaviors in our children that leave us feeling confused, frustrated and unsure of how to respond.

Positive Discipline is an approach to parenting that teaches children and guides their behavior, based in research on children's healthy development and effective parenting.

Positive Discipline is not permissive parenting and is not about punishment. It is about long-term solutions that develop children's own self-discipline and their life long skills. Positive discipline is about teaching non-violence, empathy, self-respect, human rights and respect for others. The 7-Oaks School Division will be offering a series of 5 seminars on Positive Discipline in the new year. We look forward to sharing information, ideas and experiences through these fun and informative parent seminars.

The sessions will take place Friday mornings, January 27, February 10, 17, 24, and March 2, from 9:00-11:30 at the Ben Zaidmen Educational Resource Centre (375 Jefferson Ave). Free child care will be provided in the Family Centre at Victory School, right next door.

For more information, please contact Dave Mathers, Community Coordinator 633-5641 or david.mathers@7oaks.org

Through Advancing Community Schools, the division is hosting a parenting workshop series. It is open to all parents in the division. The community coordinators attended the workshops last June and thought it would be great to offer it to families in our schools.

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Name of participant(s)	
Phone number	
If childcare is required please record your children's names and ages:	
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### DATES TO REMEMBER!

"It is the	
supreme	
art of the	
teacher to	
awaken	
joy in	
creative	
expression	
and	
knowledge.	

Weekday Date		ite	Event	
	Monday	Jan	9	School reopens
	Monday		16	School PD, No Classes
	Friday	Feb	3	PD , No Classes
	Thursday		16	I Love To Read – BSSAP Evening
	Monday		20	Louis Riel Day
	Wednesday	March	14	Report cards go home
	Thursday	March	15	Evening parent teacher conferences
	Friday	March	16	No classes – parent teacher conferences
	Friday		23	Last day before spring break
	Monday	April	2	School reopens
	Friday		6	Good Friday, No Classes
	Friday		20	PD, No Classes
	Monday	May	7	School PD, No Classes
	Monday		21	Victoria Day, No Classes
	Monday	June	11	PD/Admin Day, No Classes

### From Ms Dow & Mrs. Warner



The Elwick School fiddle students in grades 4-6 and the K-3 dance students present:

"Bows & Toes"
Thursday, February 2, 2011 at 7:00 p.m.
Elwick school gymnasium







www.70AKS.ORG

830 Power Street Winnipeg, Manitoba R2V 4E7 Phone: 586-8061 Fax: 589-2504

SEVEN OAKS SCHOOL DIVISION

**Elwick Community School** 

30 Maberly Rd. Wpg., MB R2P 0E2 Telephone: 204 633-5641 Fax: 204 632-6034



The Seven Oaks Education Foundation Inc.
Invites Parents and Staff to Attend

7 OAKS GOT TALENT

Featuring the musical talents of Seven Caks School Division teachers & Staff
SPUD, STEAK & BEVERAGE
Fundraising event

Friday, February 10, 2012 5:00 p.m. - 8:00 p.m. at

Essence nightclub
Canad Inns Garden City
(McPhillips & Jefferson)

#### TICKETS:

→ \$20 per person includes 6 oz AAA Steak or BBQ Chicken Breast Baked Potato or French Fries Mushrooms, Caesar Salad, Garlic Toast Vegetables & beverage

GRAND PRIZE

→ 220,000 Avion Points

SILENT AUCTION

DOOR PRIZES

May be purchased from:

School/Site Ticket Coordinator

Cheques payable to: Seven Oaks Education Foundation Inc. 50-50 DRAW

#### **Sunny Mountain Daycare**

Belmont Before and After School Program now have openings for ages 6-12 years of age. Please contact 290-7980 for more information or stop by our location in the gym at Belmont School and speak to Teresa.

Governor Semple Children's Place have openings for ages Kindergarten to 12 years of age. Please contact 290-7920 or stop by Room 5 at Governor Semple School and speak to Anita.

V. Force	Principal				
B. Haegeman	Vice-Principal				
C. Phinney	Secretary				
M. Pirrie	Secretary				
S. Howell	Library				
B. Grubber	Head Custodian				
B. Roccola	Night Custodian				
TEACHING STAFF					
C. Shields	C. Weekes				
M. Mann	D. Gebhardt				
N. Reay	D. Vaarmeyer				
C. Crawford	A. Huber				
K. Lyons	N. Jemielity				
R. Brar	G. Prout				
A. Deprez	K. White				
C. Parenteau	P. Harding				
C. Spiers	S. Evans				
S. Clarke	E. Risbey				
K. Schettler	E. Lister				
B. Wallace	K. Oleson				
R. Dow	K. Warner				
P/	PARAS				
- E. Lobchuk	· J. Elsbrenner				
- K. Jemielity	- B. Melnyk				
- C. Sault	- L Swack				
- D. Fisher	- J. Weston				
- J. Ellison					
- V. Czarnecki	Guidance				
- C. McMillan	Early Yrs .Guldance				
· V. Sanders	Learning				
- R. Scott	Support				
- Jenny Bilodeau -	- Jenny Bilodeau				
W. Persowich	Psychologist				
M. Hawula S	ocial Worker				
C. Singbell S	peech Language				
D. Mathers Comm. Coordinat					
A. Zabalotnuk Comm. Connector					
	Newsletter				

# **Elwick School Goes to WE Day**



On November 23, 2011 twelve lucky students we able to go to WE Day at the MTS Center. Free The Children's We Day is more than just one day of celebration and inspiration. We Day is the movement of our time – a movement of young people leading local and global change.

Created by Free The Children to celebrate the power of young people to create positive change, We Day is a day-long event that ignites a year-long educational program for change, called We Schools in Action. Young people from across North America come together to celebrate the positive actions they are taking and to launch a movement of youth working for social change. Through messages from world-renowned celebrities, speakers and musicians, young people not only learn about a diverse range of current issues, they gain the inspiration and knowledge needed to act.

Our very own students at Elwick were able to witness the truly inspiring messages by Craig and Mark Keilburger, Al Gore, Mia Farrow, Rick Hansen, Spencer West, Michel Chikwanine, and many others. We also got very excited to see Sean Desmond, Hedley, Down with Webster, and Sierra Noble perform.

If all of us could take away one message from that day it was: THE WORLD NEEDS CHANGE AND WE HAVE THE POWER TO MAKE CHANGE! We look forward to forming a student group at school to see the positive impact we could have on our school, our community, and even our world.











# FREE

## "Activities in Community Places"

Everyone is invited to get "in motion" with Seven Oaks

Healthy Living this winter! All ages are welcome to join in the

Open Gym times on the schedule below (equipment provided).

All activities are offered FREE of charge

Day	Location	Time Slot	Activity
Thursdays	Elwick School	6 p.m. – 8 p.m.	Open Gym (all ages)
10 weeks Starting October 11!	30 Maberley Road	Students may not attend without parents!!	
		Adults Welcome!	

# Join us for Skating every Tuesday at Elwick from 4 – 6pm starting January 9th! Free giveaways for new participants!

For more information call Evan @ 938-5707

Free Snacks and information every week from Jan 2012 to Spring Break