



H.C. Avery Middle School Reminders

Reminders for the week of Oct. 19 – Oct. 23, 2026

If your child will be absent from school, please contact the office either by email at hcavery@7oaks.org or phone (204) 334-4391.

Community Information

Monday Oct. 19: Day 4

- Room 123 field trip to McNally Robinson – 9:30am – 10:45am

Tuesday Oct. 20: Day 5

- Room 112 @ R.F. Morrison – 9:00am – 10:30am
- Grade 6 CanU students @ U of M – 3:00pm – 8:30pm

Wednesday Oct. 21: Day 6

- Immunization clinic for grade 6 students – 8:30am – 11:30am
- Special O handball @ WPG Soccer Federation North – 10:00am – 1:45pm

Thursday Oct. 22: Day 1

- Grade 7 & 8 CanU students @ U of M – 3:00pm – 8:30pm

Friday Oct. 23: Day 2

- Oct. 23 – PD Day – **No School**

Important Dates:

- Oct. 26 – 30 – Spirit Week
 - Monday – PJ Day
 - Tuesday - Anything but a backpack
 - Wednesday - Decade Day

- Thursday - Dress as your favorite celebrity
- Friday - Costume Day
- Oct. 30 – Lion’s Vision Screening
- Nov. 3 – Divisional Day PD – **No School**
- Nov. 10 – Picture Retake Day
- Nov. 11 – Remembrance Day

Gym Schedule
Oct 19-23, 2026

TIME	MON Day 4	TUE Day 5	WED Day 6	THUR Day 1	FRI Day 2
BEFORE SCHOOL 7am-8:15am	Team Diamond Volleyball Practice	Team Talay Volleyball Practice	Team Gagan Volleyball Practice	Team Volk Volleyball Practice	NO SCHOOL
LUNCH 11:35am-12:15pm	Gr 6 She/They Volleyball Practice	Special Olympics	Gr 6 She/They Volleyball Practice	Pow Wow Club	NO SCHOOL
AFTER SCHOOL 3pm-5pm	Team Lillie/Sandhu Volleyball Practice	Team Diamond Game @ HCA vs WSP	Team Talay Game @ HCA vs ESOMS	Team Lillie/Sandhu Game @ HCA vs ESOMS	NO SCHOOL
5pm-7pm	----- Team Gagan Volleyball Practice (5-7pm)	Team Volk Game @ ESOMS	----- Team Lillie/Sandhu Volleyball Practice (5-7pm)	----- Team Gagan Volleyball Practice (5-7pm)	