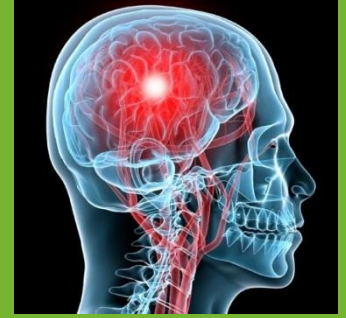




Seven Oaks School Division High School Student Athlete*

CONCUSSION PROGRAM ASSESSMENT & RETURN TO PLAY PROTOCOL



TO WHOM DOES THIS PROTOCOL APPLY?

Each participating SOSD student athlete, parent and coaching (school) staff member should become aware with the SOSD Concussion Program and the Protocol outlined below. All SOSD Concussion Program information can be found at www.7oaks.org (search Concussion Program)

STEPS OF ASSESSMENT , PROTOCOL MEASURES & ACTIONS	
Most recovery periods will last 1-4 weeks. The timeline is based on symptoms and signs. Persistent symptoms and signs may require additional medical assessment and management.	<ul style="list-style-type: none"> In the event of an "in sport" incident or a reported incident, an assessment will be administered by the certified NRG Athletic Therapist using the SCAT5. (Sport Concussion Assessment Tool)
	<ul style="list-style-type: none"> Any decision to remove an athlete from game play or practice will be made by the certified NRG Athletic Therapist and must be followed by coaches, players and parents.
	<ul style="list-style-type: none"> If suspected to have a concussion and after being removed from game play or practice, the certified NRG Athletic Therapist will provide a SCAT5 assessment and referral for subsequent medical professional assessment and evaluations.
	<ul style="list-style-type: none"> Using the provided information within the Pre-Season NRG / Athlete Medical Questionnaire, the certified NRG Athletic Therapist will contact parents to inform them of the incident, the SCAT5 assessment and the referral to visit an medical doctor (MD).
	<ul style="list-style-type: none"> Once having visited an MD, (family GP, walk in or Dr. Pilot at NRG), the athlete must follow the prescribed 6 stages of Sport Specific Return to Play recovery outlined in the SOSD Student Athlete Concussion Education Module. In the event the visit to the medical professional results in a "no concussion" evaluation, then a clearance letter stating so from that same professional will be necessary for Return-To-Play. "The doctor said I'm fine" isn't enough.
	<ul style="list-style-type: none"> During the recovery period, all 6 stages of Sport Specific Return-to-Play recovery must be followed and briefings with your team NRG athletic therapist should take place. It is important that the athlete and parents are truthful and cooperative during this recovery period.
	<ul style="list-style-type: none"> If the 6 stages of recovery have been completed and no further concussion symptoms or signs are present, then the athlete must receive an official clearance letter from their same medical professional stating they have been cleared to Return-To-Play. (note: some doctors might not have traditionally required this step as part of the recovery process but please be aware this is a NECESSARY step in the SOSD Concussion Protocol.

*Currently applies to high contact sports.

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More info can be found online at <http://www.7oaks.org/Pages/Concussion-Program.aspx>