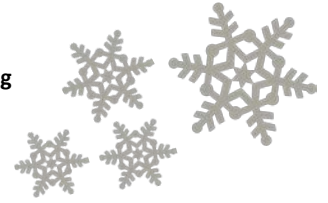
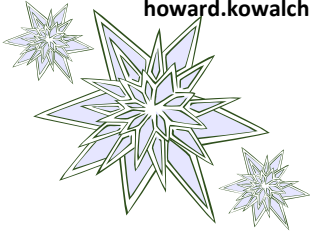


Hawk Talk

Howard Kowalchuk, Principal
800 Salter Street, Winnipeg, MB R2V 2E6
howard.kowalchuk@7oaks.org

Leanna Loewen, Directrice adjointe
Phone: 204-586-0327 Fax:204- 589-0121
leanna.loewen@7oaks.org www.7oaks.org



ÉSOMS WINTER CONCERT

You are invited to join us for our Winter Concert featuring Vocal Jazz, Grade 8 Band, Grade 7&8 Incredibows

Wednesday, December 4th

7:00 pm

In the ÉSOMS gymnasium

Silver Collection

Parents please note:

- * Dress is black shirt (no logos please) and black pants.
- * Incredibows and band students are asked to arrive by 6:30 pm.
- * Vocal Jazz students are asked to arrive by 6:15 pm for warm-up.



We look forward to seeing everyone there!

Important Dates

December 2	Farm to School order pick up
December 3	Parent Advisory Council 6:30 pm - ÉSOMS staffroom
December 4	Gr. 8 Band, Choir & Incredibows Concert
December 12	First day for term 2 of TAS morning options
December 20	Last day of classes
January 6	Classes resume – Day 6
January 27	School PD – No Classes
January 30	Gr. 6 Band, Choir & Fiddling Concert
February 3	School PD – No Classes
February 4	Parent Advisory Council 6:30 pm
February 17	Louis Riel Day – No Classes
March 3	ÉSOMS Winter Activity Day
March 4	Parent Advisory Council 6:30 pm
March 10	Student Reports go home
March 11	Parent/Teacher/Student Conferencing - Evening
March 13	Parent/Teacher/Student Conferencing - Evening
March 14	Parent/Teacher/Student Conferencing – No Classes
March 20-21	Brandon Jazz festival
March 28	Last day of classes before Spring Break
April 7	Classes resume after Spring Break – Day 5
April 7	First day for term 3 of TAS morning options.
April 8	Parent Advisory Council 6:30 pm
April 10	ÉSOMS Open House – 7:00 pm
April 15-17	ÉSOMS Musical Production – 7:00 p.m.
April 18	Good Friday (No Classes)
April 25	School PD – No Classes
May 6	Parent Advisory Council 6:30 pm
May 12	School PD – No Classes
May 13-16	Band Trip
May 19	Victoria Day – No Classes
May 29	Choir/ Fiddling Concert
May	Sustainability in Action 5:00 pm (Date TBA)
June 4	Parent Advisory Council 6:30 pm
June 11	Band Concert – North Kildonan Mennonite Church
June 25	Grade 8 Farewell Evening 6:00 pm – Sunova Centre
June 26	Administration Day – No Classes
June 27	Last Day of Classes

Tell Them From Me Survey

In our continuing efforts to increase school effectiveness, we will be implementing an online student survey this December called Tell Them From Me (TTFM). This is a well-known survey tool which gives students the opportunity to express their thoughts on various topics and provides schools with information to improve student learning and foster safe and welcoming environments for all students.

TTFM was created by The Learning Bar, based on the work of Dr. Doug Willms, who is well-known nationally and internationally for his work on the development of educational monitoring systems, including the Programme for International Student Assessment (PISA). Since 2004, Tell Them From Me has become Canada's largest national school survey.

TTFM is an online survey that allows students to provide their input anonymously in terms of school improvement initiatives. Each student receives a randomly generated username and password, so that their identity and responses cannot be linked. All students at ESOMS will be given the opportunity to participate in the survey, but their participation is not mandatory.

This survey has been specifically designed for the middle years student population and will require approximately 35-40 minutes to complete. It will include the topic of "bullying and school safety". The survey will also include some open-response questions, so that students have an opportunity to provide responses in their own words.

If you would like more information about TTFM or want to preview the survey before it is administered at the school, please contact Leanna Loewen, vice principal at (204) 586-0327.



What's Happening in TAS?

Here is a glance at metals and clothing...





SO Sustainable Canteen and Pizza Days

October and November have been exciting months for the students involved in SO Sustainable. We had the opportunity to run a canteen during the school dance, and began our weekly pizza day sales. The feedback from staff and students has been wonderful, and we are so pleased that everyone has been enjoying the food!

Some of you may be asking, what *IS* SO Sustainable and *WHAT* are we raising money for. Our goal has been to create positive change within our community while promoting the three pillars of sustainability. This includes looking at environmental, social, and economic sustainable development.

As a group, we have come together and set a goal for the year. All funds raised from our pizza sales are going towards funding a muralist to enhance the outside beauty of our school. Visual arts have always been a priority at ESOMS, and we wish to have the outside of the school reflect this. As the year continues, we will update the school community with our progress.

Just a reminder: Pizza days are MOST Wednesdays. If you are unsure whether pizza day will be taking place, check the daily announcements or the school website calendar under the heading "On the Calendar". Thank you again for your continued support as we look forward to serving the school community this year!



Music Notes...

Grade 6 Winter Concert – January 30, 2014

The Grade 6 Winter Concert will take place in the gym at Ecole Seven Oaks Middle School at 7pm on January 30th. The students have been working hard in their band, choir, and fiddling classes and would love to share with you what they've learned. Students should be dressed in all black for this event (solid black tops, pants, and shoes). We hope you will join us for an evening of music!

Show & Save

If you are looking for an easy and practical gift for the holidays, the ESOMS band department has you covered! We still have a number of surplus Show & Save books and savings cards that were not sold during our fundraiser earlier this year. The book and card may be purchased together for \$20.00, half of which will be credited to a student band account. Please contact Mr. Clendenan before December 13 if you are interested.

Grade 8 Classes at the Forks

Our grade 8 classes will be visiting the Forks in December, presenting a concert of holiday music, and then enjoying outdoor and indoor activities.

Please come and hear the students in concert if you are able!

Conner/Korsunsky/Ruppenthal – Monday, Dec. 16 – 10:00 – 10:40 a.m.

Hall/Tyndall/Courchene – Wednesday, Dec. 18 – 10:00 – 10:40 a.m.

We will have fiddles, guitars, bass, and drums onstage for these concerts. Students who are not playing instruments will either be singing along from beside the stage, or being supportive audience members. Students will also be helping to set up for performance, and then packing up drums, music stands, etc. before everyone has lunch. Students will return to school by 1:30 p.m.

A note will be sent home shortly with more info for the students regarding lunch and other activities at the Forks.



In The Gym....

Physical Education Classes

Throughout the month of November students completed a Basketball unit, yoga class and a number of fitness theme classes such as a pedometer fitness walk and timed fitness runs.

Also, gym classes will continue to take place outdoors, so please help remind your child to bring gym clothes that are suitable for the cold weather.

Special Olympics

The In the School Basketball skills and games competition was a great experience. Participants from grades 6-12 came from 7 schools around Winnipeg and Portage La Prairie. The morning consisted of 6 stations where the athletes participated in various basketball drills. The afternoon consisted of 3 on 3 games. It was a great day!

The next activity we will be working on is snowshoeing.

Extracurricular

Another successful volleyball season came to a close during the 2nd last week in November. We had 127 students committed to improving their skills and learning the strategies of the game! Thank you to all of the players for making this another successful season. A special thanks to the following coaches and teacher supervisors for committing their time: Mr. Serzu, Mr. Gamby, Ms. Korsunsky, Ms. Conner, Ms. Cassils, Mr. Farmer and Mr. Malaschuk.

Basketball season will officially start up during the last week of December, with Divisional team games (school teams start game play in January), though team practices will get under way the week of November 25th, with our 3 evaluation clinics. These clinics are open to all grade levels. Those looking to play divisional team are strongly encouraged to make all 3 clinic sessions. Those planning on playing less competitive school team must attend one of the sessions. Gr 6s are not required to participate but are welcome. Following the 3 evaluation clinics, players will be placed on the team best suited to their skill level. Teams offered will be Gr. 6 (boys & girls), Gr. 7/8 school team (boys & girls) and Divisional (boys & girls). Be sure to check on the school website (www.foaks.org) for the sports calendar (found under the phys ed tab) and all team practice/ game times. This is each player's responsibility. The schedules can also be found on the phys ed calendar in the hallway by the gym. Game participation is dependent on practice attendance.



Life and Learning at ÉSOMS

La vie et l'apprentissage

Room 34 – Mr. Ruppenthal

In our class room we have spent time working with Mr. Cieszceki using microscopes. We looked at many things and learned how to make wet mounts slides. We looked at fleas, flies, sugar, grasshopper legs, etc. We have been learning about cells and the different parts of cells. We have learned how they work and how they are when affected by cancer. We are learning many new science terms and what they mean. Science this term will be fun!



Salle 5 et Salle 8– M. Hall

Here are two pieces of writing, focussing on personal narrative,
from our writer's workshop

The Choices we make

There are many reasons why we give up before we've even tried. Some may say "I don't feel like it or it's not my thing" and sometimes the real reason why we're holding back is because we're embarrassed of what others may think but we know that there will always be that feeling of regret that makes us wonder "What if?" What if nobody cared, what we just thought for ourselves or what if we just went for it? I look at my siblings and see how many opportunities were given to them that I said no to. My younger brother joined many sports, and it's hard to think that I was offered that chance but never took it. Then the older I get, the more I think it's too late to start. In the end we only regret the chances we didn't take. Many of us pass up those incredible opportunities because we're afraid of risk or failure but we should realize to take as many risks because some things only happen once. I ask myself "How many times have we given up on our hopes and dreams because of one mistake?" We have to accept the fact that we make mistakes but we should never look back, we should learn from them and because of our mistakes we should never give up. My sister never cared of what anyone else thought, she accepted every offer that was given to her. She took risks and that was something I could never do. One day we might fail but that's the purpose in life, we're going to fail but we should know how to get up. By: Alyssa

Am I dead?

People say that before you die your life flashes before your eyes. Is it the same if you barely miss it?

When I was three years old, we went to the zoo, my mom and I, along with my uncle and cousins. It was cold in the morning, but it soon warmed up, and so I had my sweater tied around my neck. It was Hello Kitty; a present my mom gave me from Japan. She knotted it tight around my neck, just to make sure I wouldn't lose it. We walked around the zoo, taking pictures with all the animals, and were about to take another one, with the Orangutan. We stood in front of the cage, waiting for my uncle to take a picture, when suddenly the monkey reached out of its cage, and grabbed my sweater—which was still tied around my neck. The monkey pulled me back, until I was being choked against the bars of the cage. It all happened so fast, but thankfully my mom acted quickly. She was holding onto me for dear life, or I would've fallen in. She and my uncle tried desperately to get me free; my uncle was hitting the monkey's arm, hoping to loosen its grip. At this point my face was beginning to turn blue; I was quickly losing oxygen. My mother was panicking. She was helpless; there was nothing she could do. She attempted to untie the sweater, with one arm still clinging onto me. It was too tight. Instead, she tried pulling it over my head and after several long, agonizing seconds, I was pulled loose. I stumbled towards her, choking, gasping, crying for breath, but I was free! Meanwhile, my Hello Kitty sweater was being torn to shreds by the vicious monkey. Thank goodness I was unharmed. Death had just passed me by.

By Abbie



Room 5 students working in the science lab

Salle 8 – Mme Laurie

On November 26th, Mme Laurie's class decided to hold a bake sale to raise money for the Typhoon Relief effort in the Philippines. All the students helped out and we managed to raise \$350! Great job Salle 8! Thank you to everyone who came out to support our bake sale and to the wonderful parents of room 8 for baking up a storm!



Room 15 – Mrs. Cervantes

In the past month, our classroom has been discovering how figurative language can help enhance meaning and make a piece of writing **sound** more interesting. We have experimented with alliteration, metaphors and similes.

To emphasize the importance of metaphors and illustrative language ("juicy words") our class has altered the words to a popular song. Can you guess what song it is? Stop by our class room and let us know...perhaps your efforts will be rewarded.

Ever since I could remember,
Everything about me
Just wanted to be the same (Oh, oh, oh, oh)
I could never be an actor.

Everything I tried to be,
Just wouldn't settle in (Oh, oh, oh, oh)

If I told you what I was
Would you betray me?
And if I seem dangerous,
Would you be scared?

I get the feeling just because,
Everything I touch isn't negative enough
If this negativity is part of me

I'm trying to do the right thing.
I'm taking a stand to escape what's inside me.

I want to change my ways.
The horrible one, the horrible one
This is what I turned into
The horrible one, the horrible one
I keep getting worse

Can I clear my mind,
If I'm different from the rest,
Do I have to be ashamed? (Oh, oh, oh, oh).

I never wanted this
This problem given to me is who I am
I'm stuck with me and I won't let go (Oh, oh, oh, oh)

If I told you what I was,
Would you ignore me?
If I act bad
Would you be afraid of me?
I get the feeling just because,
Everything I touch isn't negative enough
I have this problem

I'm trying to do the right thing.
I'm trying to find a way to feel happy like everyone
else.

The horrible one, the horrible one
Nobody likes me
The horrible one, the horrible one
I keep getting meaner.

I'm trying to do the right thing.
I'm trying to find a way to feel happy like everyone
else.

The horrible one, the horrible one
Nobody likes me
The horrible one, the horrible one
I keep getting meaner

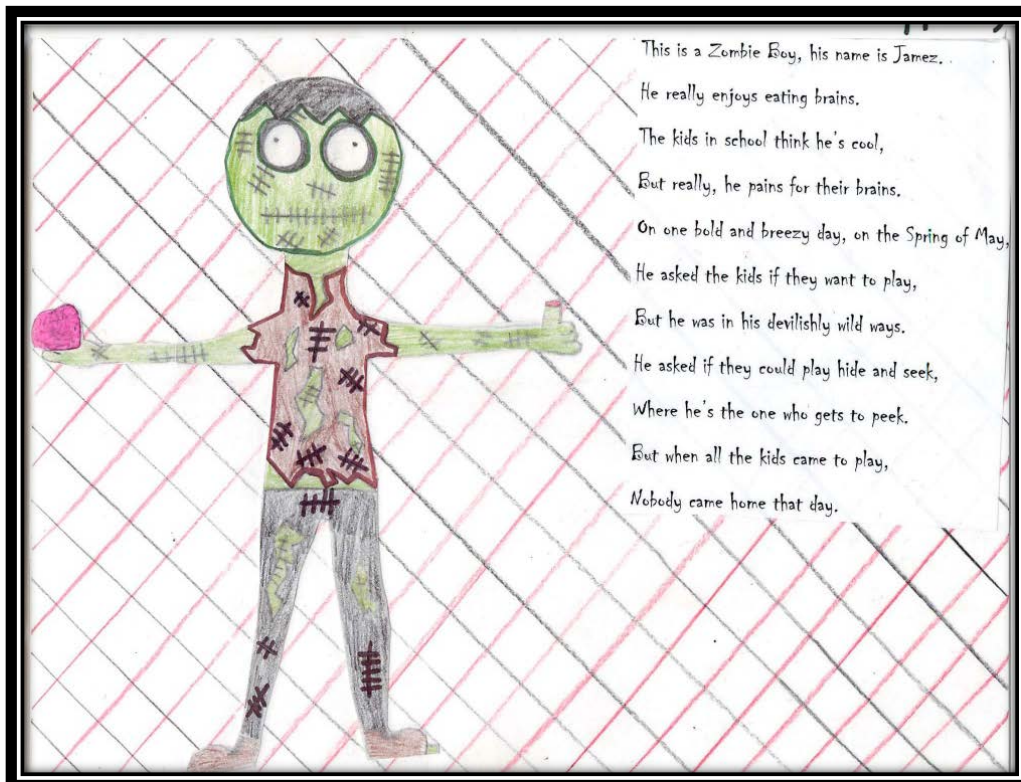


Room 24 – Ms Conner

Poe-Ton

This term in room 24 we did an art project that we called Poe-Ton because we had to create a character that had both the styles of Tim Burton in our drawings and Edgar Allan Poe in our writing. Tim Burton had some specific styles in his drawings that make them unique and different. Some of these are: swirls and stripes for which he is most famous. Most of his characters are outcasts, they are different and unique in appearance and attitude, and they are also usually lonely. As well as our drawings, we had to create a poem that tells the story of each of our characters. In our poems we had to practice our new skills of alliteration and internal rhyme and had to include them in our poems. I found this project fun and inspirational, especially in creating Candlehead and telling his story.

By: Shae-Lynn



KYAC is FREE all year long!

To register with KYAC email us kyac@7oaks.org !
All are welcome!

Winter Break Hours

KYAC will be open @ École Seven Oaks Middle School from 12-5pm on the following days:

Saturday December 21st
Friday December 27th
Saturday December 28th
Thursday January 2nd
Friday December 3rd

For more information, contact Chelsea Volkart, KYAC Program Coordinator, at 204-470-9460
or
by email at Chelsea.volkart@7oaks.org

OR

Check out KYAC's website at:
<http://www.7oaks.org/Programs/KYAC/Pages/default.aspx>



From the Divisional Physical and Health Education Office

Here is an enjoyable game parents can play with their children that promotes physical literacy striking skills.

Ball Hockey for Children

Requirements: Small hockey sticks (wooden or plastic)
Suggested age: 5–8 years
Time frame: 30 minutes



Instructions:

- Step 1: Create two small goals in your driveway, patio, or hard surface at a local park.
- Step 2: Play a simple hockey game with two or three children per team.
- Step 3: Adult can play as a passing player who models good team play.

Variations:

Show children how to “stick handle” the ball with small touches that change the ball direction. Create a big goal and act as goalkeeper for your children to take turns shooting at you.

Benefits :

This activity develops hand-eye coordination and timing while using a hockey stick (i.e., striking tool). These skills also transfer to striking with a bat or racquet.

Free Public Skating

The following community rinks within the Seven Oaks School Division are offering free public skating times:

1. West Kildonan Community Centre located on 346 Perth Avenue.
 - ✓ Public skating every Sunday from 2:15 pm – 4:15 pm on the outdoor rink. Weather permitting.
 - ✓ Telephone: 204-338-2904
2. Vince Leah Community Recreation Centre located on 1295 Salter Street.
 - ✓ Public skating on the outdoor rink during the day and from 5:30 pm – 9:30 pm weather permitting.
 - ✓ Telephone: 204-338-0046
3. Maples Community Centre located on 434 Adsum Drive.
 - ✓ Public skating on the outdoor rink from 5:00 pm – 9:45 pm weather permitting.
 - ✓ Telephone: 204-953-1190

Free Public Swim

1. The Maples Pool located on 444 Adsum Drive.
 - ✓ Free public swim time on Fridays from 6:30 pm to 9:30 pm
 - ✓



Slide into Winter Camp at Oak Hammock Marsh Interpretive Centre December 27, 30 and January 2, 3!

Come and join us for a frosty good time at one or all of our Winter Day Camps. Activities may include snowshoeing, bannock baking, cool crafts, winter games and more. Camp runs daily from 9 a.m. to 4 p.m. and costs 24\$ for members & 30\$ for non-members. Camp is for children ages 6 to 9. For more information or to register a camper please visit: <http://www.oakhammockmarsh.ca> or call (204) 467-3300.

December 2013

SUN	MON	TUE	WED	THUR	FRI	SAT
1	2 Day 3	3 Day 4	4 Day 5	5 Day 6	6 Day 1	7
		PAC Meeting 6:30 pm	Band, Vocal Jazz & Incredibows Concert 7 pm			
	Day 2	10 Day 3	11 Day 4	12 Day 5	13 Day 6	14
				First day Term 2 Gr 8 TAS		
15	16 Day 1	17 Day 2	18 Day 3	19 Day 4	20 Day 5	21
Chanukah Begins					Last day of classes	
22	23	24	25	26	27	28
	First Day of Winter Break		Christmas Day	Boxing Day		
29	30	31	Classes resume January 6, 2014 Day 6			

