

WOLVERINE CROSS COUNTRY

XC SCHEDULE 2025

To All Cross Country Runners;

The following dates indicate all practices, upcoming meets, and times. PLEASE review these dates and times to ensure that you have made arrangements to book off of work if need be so that you are able to attend the meets. This will help WKC to have FULL TEAMS in each event!!!

Coaches: Ms. Dana Hlady dana.hlady@7oaks.org (204)339-6959 ext.62050
(204)230-5565 (cell)

Mrs. Faseruk zorianna.faserul@7oaks.org (204)339-6959 ext. 62202

September

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|-----|-----------|-----------------|------------------------|
| 5 | Friday | Sign-Up/Meeting | Lunch (Gym Classroom) |
| 8 | Monday | First Practice | 3:15-4:30pm |
| 9 | Tuesday | Practice | 3:15-4:30pm |
| 10 | Wednesday | Practice | 3:15-4:30pm |
| 11 | Thursday | Practice | 3:15-4:30pm |
| 15 | Monday | Practice | 3:15-4:30pm |
| 16 | Tuesday | Practice | 3:15-4:30pm |
| 17 | Wednesday | Practice | 3:15-4:30pm |
| 18* | Thursday | MEET #1 | 4:00pm @ Kildonan Park |
| 22 | Monday | Practice | 3:15-4:30pm |
| 23 | Tuesday | Practice | 3:15-4:30pm |
| 24 | Wednesday | Practice | 3:15-4:30pm |

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| 25* | Thursday | MEET #2 | 4:00pm @ Kilcona Park (McCubbins Trail) |
| 29 | Monday | Practice | 3:15-4:30pm |
| 30 | Tuesday | NO SCHOOL | Truth & Reconciliation Day |

October

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|----|-----------|-------------------|---------------------------|
| 1* | Wednesday | MEET #3 | 11:00am @ Birds Hill Park |
| 2 | Thursday | Practice | 3:15-4:30pm |
| 6 | Monday | Practice | 3:15-4:30pm |
| 7 | Tuesday | Last Practice | 3:15-4:30pm |
| 8* | Wednesday | MHSAA Provincials | Winnipeg @ TBA |

****END OF WKC XC SEASON 2025!****

Transportation

Transportation to and from events will be via one of the following options: parent/guardian(s), school bus, athletes or coaches. This is depending on numbers participating. Please let me know if you or your parent/guardian is available to drive. Your cooperation is greatly appreciated.

Meet #1: No transportation is required; we walk from the school. Athletes will need to be picked up after the competition at the meet site.

Meet #2: School bus transportation will be provided TO the venue ONLY. Athletes will need to be picked up after the competition at the meet site.

Meet #3: School bus transportation will be provided TO and FROM the meet. Meet is during the school day and students will be back before the school day ends.

MHSAA XC Provincials: Charter bus transportation will be provided from the school TO and FROM the meet. Athletes will need to be dropped off at the school for departure time (TBA) and picked up at the school upon arrival. Details will follow closer to the provincial date.

Uniforms

Uniforms (singlets) will be provided for the meets. These are property of West Kildonan Collegiate. In the event that these may be damaged, lost, or returned in poor condition, students will be charged the replacement cost of the item(s); \$100.00

Athletic Fee

Student-Athletes will be required to pay an Athletic Fee for the XC season. This cost includes transportation, administration/registration for the league, and the year-end Wolverine Athletic Banquet. Athletic Fee for XC 2025 is \$30.00. Fees are payable on Parent Connect, by cheque made out to WKC or cash in exact amount; see Angie Leuzinger in the main office.

Should you have any questions regarding the Wolverine XC Season 2025, please feel free to contact me via email or give me a call at the school.

Sincerely,

Dana Hlady
Physical/Health Education Specialist
West Kildonan Collegiate
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