

HAPPY
SUMMER
HOLIDAYS

THE “BUZZER” BEATER

@70AKSPHYSED
NEWSLETTER

SEVEN OAKS
PHYS ED
SPORTS

AND
more

June 26, 2025





M.Y PE BIKE PROGRAM

Each fall and spring the SOSD offers the Bicycle Education and Safety Training (BEST) to Middle Schools in the Division. This Phys. Ed. integrated program provides students with the skills and confidence necessary to safely ride on city roads.

Over the years we've seen the number of students riding bikes to and from school increase because of the program. This is exactly the type of Active Culture the program is aiming to achieve.

During this last spring session, the program, lead by Instructors Peter Obendoerfer & Jon Rhoda, along side Phys. Ed. staff with Jack Eyer / Ben Weibe, the program ran out of Leila North, AE Wright, OV Jewitt, Elwick and Amber Trails school.



FISH AT SCHOOL

2025 marked the 5th year of the SOSD Fish at School program. This program is offered to grade 8 students throughout the division.

Leila North Phys. Ed. specialist Mike Nychuk, accompanied by Channel Cats Manitoba's Todd Longley, provide awesome, hands on fishing experiences to students along the shore of the Red River at Selkirk Park in Selkirk MB.

Congrats to this years "winning classroom", from AE Wright, (teacher Julie Rowluk) on their 44 fish (713.5" in 2hrs!!!)



BY THE NUMBERS

DIVISIONAL SPORTS

24-25 YEAR ENDING



10,512

ROSTERED PARTICIPANTS*

*Includes Multi-Sport Athletes

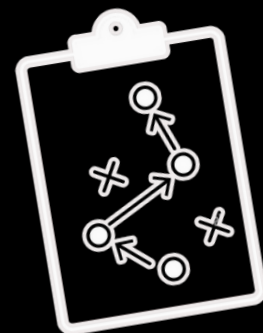
46% FEMALE
(4,756)
54% MALE
(5,756)

All registered players from EY to Varsity in... Football, X-C, Hockey, handball, Curling, Indoor Soccer, Volleyball & Basketball, Flag Ftbl, T&F, Golf, Outdoor Soccer, LAX, Rugby, Ultimate, Baseball & Softball



345

REGISTERED COACHES



4,229

2,041 G
2,188 B

EARLY YEARS ATHLETES

X-C 613; VBall 480;
Handball 952; BBall 391;
Badminton 588
Flag 353; T&F 852

MIDDLE YEARS

4,485

2,017 Girls 45%

2,468 Boys 55%

SPORT TOTALS: Cross Country 285; Volleyball 810; BBall 1,019; Badminton 1200; T&F 699

SENIOR YEARS

698 + 1,100 = 1,798

Female Athletes
38%

Male Athletes
62%

FOOTBALL 192	BASKETBALL 214
X-COUNTRY 72	IND. SOCCER 107
VOLLEYBALL 220	BADMINTON 219
HOCKEY 70	TRACK & FIELD 241
GOLF 16	FLAG FTBL 47
CURLING 14	IND. TRACK 99
HANDBALL 12	LACROSSE 57
RUGBY 40	BASEBALL 35
ULTIMATE 20	SOFTBALL 15



WHAT'S THE SPORTS "BUZZ"?



CONGRATS



GC GIRLS RUGBY

WPGHSR 7's DEV. GIRLS PROV. CHAMPS.



WEST KILDONAN LACROSSE

MHSFL DIV. 2 BOYS CHAMPIONS

MY SOCCER



On June 18 & 19, the Middle Years Athletic Council hosted their first* M.Y Indoor Soccer Jamboree.

472 grade 6-8 students, from 11 middle schools, participated in the 2 day event held at the Winnipeg Soccer Federation South facility near the UofM.

Thank you to Elwick PE Specialist, Kwaku Andoh for all his convening efforts.



VOLUNTEER COACH RECOGNITION

RAE LEADEN



50YRS

AMAZING!!

Rae Leaden of Maples Collegiate has just completed her 50th year of coaching in the SOSD, 33 as a teacher & 17 as a volunteer! in 24-25 Rae volunteer coached with the X-C team, the outdoor Track team and the Indoor Track program.

Thank you **Rae**



MORE CONGRATS

DONNIE SMITH



Congratulations to Garden City's Donnie Smith, the 2024-2025 MHSAA Male Coach of the Year.

Donnie received his award at the MHSAA AGM on June 16th in Portage la Prairie.

Donnie was recognized for his continued commitment and success with both the GC Boys Hockey & Baseball teams. GC baseball recently won their 4th MHSAA Prov. Championship in 6yrs.

FURTHER CONGRATS

MARLEE BRAGG

Congratulations to Garden City's Marlee Bragg who was inducted into the MHSAA Hall of Fame as part of the Selkirk Collegiate Varsity Girls Volleyball dynasty of 04-08.



As an instrumental member of the team which recorded 230 wins and only 10 losses over the 4 years. Ms. Bragg then went on to play for the University of Winnipeg as a starting left side.

As a GC PE specialist, she has volunteered countless hours as both a volleyball and indoor/ outdoor track coach, where she has won multiple KPAC and Provincial banners.





2025-2026 FALL Calendar



EYAC MEETINGS

SEPT 18

OCT 21

DEC 3

**SEPT
23**



Special Olympics
Manitoba
MAPLES COLLEGIATE

**OCT
1**

WEST CROSS COUNTRY
GR. 4/5
@ HARBOURVIEW PARK

**OCT
2**

EAST CROSS COUNTRY
GR. 4/5
@ HARBOURVIEW PARK

**OCT
6**

EAST RAIN DATE
HARBOURVIEW PARK
(IF NESS.)

**OCT
7**

WEST RAIN DATE
HARBOURVIEW PARK
(IF NESS.)

**NOV
4**

TEAM HANDBALL DAY 1
GR. 4/5 JAMBOREE @ WSN

**NOV
5**

TEAM HANDBALL DAY 2
GR. 4/5 JAMBOREE @ WSN

**NOV
6**

TEAM HANDBALL DAY 3
GR. 4/5 JAMBOREE @ WSN

**NOV
7**

TEAM HANDBALL DAY 4
GR. 4/5 JAMBOREE @ WSN

EY PE PORTAL



ALL DATES
SUBJECT TO
CHANGE.



2025-2026 FALL Calendar



MYAC MEETINGS

SEPT 10
OCT 8
DEC 9

VBALL TIP-OFF MEETING

OCT 1

VBALL REF CLINIC

OCT 1

MY PE PORTAL



SEPT 23  **Special Olympics**
Manitoba
MAPLES COLLEGIATE

SEPT 19 **CROSS COUNTRY #1**
BIRDS HILL: POPE'S HILL

SEPT 25 **CROSS COUNTRY #2**
BIRDS HILL: EAST BEACH

OCT 3 **CROSS COUNTRY #3**
BIRDS HILL: GROUP USE 2
SITE 6

OCT 10 **CROSS COUNTRY #4***
BIRDS HILL: CHICKADEE
TRAIL (IF NESS.)

NOV 17 **SCHOOL VOLLEYBALL**
MONDAY LEAGUE
JAMBOREE DAY 1 OF 2

NOV 17 **DIVISIONAL VOLLEYBALL**
DIVISIONAL TOURNAMENT
STARTS

NOV 18 **SCHOOL VOLLEYBALL**
MONDAY LEAGUE
JAMBOREE DAY 2 OF 2

NOV 20 **DIVISIONAL VOLLEYBALL**
CHAMPIONSHIP FINALS

NOV 21  **GRADE 8**
PROVS.





2025-2026 FALL Calendar



KPAC MEETINGS

SEPT 3
OCT 2
NOV 6

SOSD SPORTS DIRECTOR MEETINGS

SEPT 18

SY PE CURRICULUM LEADERS MEETINGS

OCT 8

SY PE PORTAL

SEPT 4



FOOTBALL
SEASON STARTS

SEPT 8



GOLF
SELKIRK GOLF & C.C

SEPT 18
SEPT 25
OCT 2



CROSS COUNTRY
KILCONA PARK / BIRDS HILL PARK

SEPT 19



GOLF
OAK ISLAND GOLF & C.C

SEPT 15



VOLLEYBALL
SEASON STARTS

SEPT 24



CROSS COUNTRY
MILK CHALLENGE

SEPT 24



MAPLES COLLEGIATE

OCT 8



CROSS COUNTRY
PROVINCIALS

OCT 9



BOYS HOCKEY
SEASON STARTS

OCT 14



GIRLS HOCKEY
SEASON STARTS

OCT 20



INDOOR SOCCER
SEASON STARTS

OCT 22



FOOTBALL
PLAYOFFS START

NOV 6



VOLLEYBALL
PLAYOFFS START

NOV 20-24



VOLLEYBALL
AAAA JV PROVS.

NOV 26-30



VOLLEYBALL
AAAA VAR. PROVS.



ALL DATES
SUBJECT TO
CHANGE.