



Dear Tony,

Halloween is just around the corner, a time for costumes, creativity, and classroom fun! As you plan your activities, it's also a great opportunity to teach your students about food allergy and how to make celebrations inclusive for everyone.

With over 600,000 Canadian children impacted by food allergy—about 3 in every classroom of 30—this is a perfect time to pledge support and drive awareness.

Don't miss out: Get your **glow-in-the-dark** bracelets in time for Halloween, they are perfect to hand out in classrooms to spark conversations. Visit foodallergycanada.ca/ShineATealLight for tips, tools and other free resources your school can use.

Scroll below to:

- Discover ways to celebrate the Halloween season
- Download allergy-friendly resources for your classroom
- Teach our All About Food Allergy student program to help build inclusivity in your classroom this school year

You can find more information for schools at foodallergycanada.ca/educators, or connect with us at info@foodallergycanada.ca or 1 866 785-5660 for additional resources or support.

Thanks for taking steps to support your students and staff with food allergy this Halloween season and all year long.

Sincerely,

Jennifer Gerds, Executive Director
Food Allergy Canada

Keeping safe and inclusive this Halloween

#ShineATealLight on food allergy

Help shine a light on food allergy awareness! Encourage your school to light up in teal and take part in fun activities that promote inclusivity for children with food allergy.

Plus, check out when **national monuments** will be lighting up in teal and incorporate this activity within geography lessons in your classrooms!

[Learn more](#)



Watch our 30-second video to learn how to keep Halloween inclusive.

Drive awareness with our #ShineATealLight bracelets

Get into the spirit with our glow-in-the-dark **#ShineATealLight bracelets** and help spark the food allergy conversation with students, teachers, friends, and neighbours.

Both students and adults can wear our bracelets. They're fun for classroom parties and can be given as non-food treats too.



Click [here](#) to order your bracelets.

For more information, please visit [Food Allergy Canada](#) for more information.