



WEST KILDONAN COLLEGIATE

WEEKLY UPDATE



Adam Hildebrandt - Principal

Michelle Reimer - Vice-Principal

Elliot Macdonald - Vice-Principal

For the week of October 18th – October 24th, 2025

Parent – Teacher Conferences – October 30th, 5-8pm

Parent Teacher Conferences have been moved from Oct 23rd to Oct. 30th from 5-8pm.

Parent Teacher Conferences are taking place Thursday, Oct. 30th from 5-8pm. Interviews are 15mins in length and **parents can start booking online through Parent Connect, October 23rd at 9am.**

Report Cards will NOT BE released before conferences take place!

Report Cards will be posted to Parent/Student Connect on November 19th at 3pm.

Student Attendance Update

In addition to notifying families when students are absent from class, parents will receive an email notification when students are late for a class. Through Parent Connect, under the tab labelled “Attendance” you can see if your child was marked “A” for absent or “T” for tardy/late. If you have questions about your child’s attendance record, please contact our office or your child’s teacher.

Driver’s Z

Our school acts as a location for Driver's Z, but unfortunately, we do not run the program. If you are looking for more information about Drivers Z, such as schedules and how to sign your student up, please use this link for more information: <https://www.mpi.mb.ca/driver-z/>

Daycare Parking Lot Reminder

Our school building is home to both West Kildonan Collegiate and the Sugar-N-Spice daycare facility. **The traffic loop located near the daycare is designated specifically for daycare families to safely drop off and pick up their children. To ensure the safety of all students and community members, we ask that high school parents refrain from using the daycare loop for any drop-off or pick-up purposes.** Please use the designated areas for West Kildonan Collegiate students.

Lifetouch School Photos/Student ID Cards

Picture Day Photos are now available to be picked up in the main office. If you have any issues with ordering your photos, please contact Lifetouch customer service at 1-800-505-9496. **Retakes take place on November 6th.**

Student Vacations/Leaves for 3 days or more

Please keep in mind that our school **does not** offer virtual or distance learning options for students who are away for extended holidays. Therefore, it is the student’s responsibility to catch up on any missed assignments, assessments, and class content upon their return. **We encourage students and families to communicate directly with their teachers before the absence to discuss the material that will be missed and how to best prepare for their return, this is best done by completing the Student Leave of Absence form/Vacation form.**

*For more information and to see the school calendar, please check our website at <https://www.7oaks.org/westkildonan>



WEST KILDONAN COLLEGIATE

WEEKLY UPDATE



Adam Hildebrandt - Principal
Michelle Reimer - Vice-Principal Elliot Macdonald - Vice-Principal

Web Forms

We would like to remind parents that students must have the Acceptable Use of Technology

Web Form completed to have access to School Computers and WIFI. The forms can be found in Parent Connect on the Home screen. When there, please ensure that all forms are completed. Please note: Web Form responses are kept year after year for students continuing at our school for everything but Technology. **The Technology form must be agreed to each year.**

Show 25 entries Print Print Current Page PDF Excel Copy Column Visibility	
Form Description	Document/Link
MEDIA RELEASE FORM	
RESPONSIBLE USE OF TECHNOLOGY	TECHNOLOGY
EMERGENCY PROCEDURE	SOSD EMERGENCY PROCEDURE
FIELD TRIP PERMISSION FORM	FIELDTRIP
PUBLICATION AUTHORIZATION-Photos,Videos,Work	PUBLICATIO

2024-2025 Yearbooks

2024-2025 yearbooks are available in the office for pickup for those that are pre-ordered in the spring! We also have additional yearbooks for sale in the office if your student did not pre-order. The cost is \$10 cash or cheque made payable to *West Kildonan Collegiate*. Office hours are 8am-4pm.

Student Parking

Student Parking is only available to students who have valid Parking Passes! Student Parking passes **must be visible** at all time students are parked in the lot or they may be towed at the students' expense. **There is no other student parking in the lot.** Should any other students park in the lot in any other space they may be towed. **All student parking spots have been purchased for the year at this time.**

Athletics

Curling

Monday, October 20th

- Wolverine Girls vs. Murdoch MacKay; 4:00pm, East St. Paul Curling Club

Thursday, October 23rd

- Wolverine Boys vs. Garden City; 4:00pm, East St. Paul Curling Club

**Additional Athletic
Information on next
page!**



*For more information and to see the school calendar, please check our website at
<https://www.7oaks.org/westkildonan>



WEST KILDONAN COLLEGIATE

WEEKLY UPDATE



Adam Hildebrandt - Principal

Michelle Reimer - Vice-Principal

Elliot Macdonald - Vice-Principal

Athletics (continued)

Hockey

Tuesday, October 21st

- Wolverine Boys vs. Lorette; 3:45pm, Seven Oaks Arena

Wednesday, October 22nd

- Wolverine Girls vs. JH Bruns; 3:45PM, Seven Oaks Arena

Volleyball

Saturday, October 18th

- Varsity Girls are in a Tournament at Tec Voc
- Junior Varsity Boys are in a Tournament at West Kildonan

Sunday, October 19th

- Junior Varsity Girls are in a Tournament in Niverville

Monday, October 20th

- Junior Varsity Girls are in a Tournament in Niverville
- Varsity Girls vs. Springfield; 6:00pm, Springfield Collegiate
- Varsity Boys vs. Springfield; 7:30pm, Springfield Collegiate

Tuesday, October 21st

- Junior Varsity Girls vs. Miles Mac; 6pm, West Kildonan Collegiate
- Junior Varsity Boys vs. Miles Mac; 7:30pm, West Kildonan Collegiate

Wednesday, October 22nd

- Varsity Girls vs. Maples; 7:30pm, Maples Collegiate

Friday, October 24th

- Varsity Girls are in a Tournament at Daniel McIntyre High School

Good luck to all athletes in all sports!

GO WOLVERINES GO!!!!



SOSD MOBILE APP

Get the SOSD Mobile App and stay connected. Parents, Guardians and Students can get news, calendar events or urgent alerts from the division and their school directly to their devices.



*For more information and to see the school calendar, please check our website at
<https://www.7oaks.org/westkildonan>



WEST KILDONAN COLLEGIATE WEEKLY UPDATE



Adam Hildebrandt - Principal
Michelle Reimer - Vice-Principal Elliot Macdonald - Vice-Principal

Manitoba Moose Grad Fundraiser

Join us on Friday March 6 @ 7 PM when the Manitoba Moose take on the Toronto Marlies!

Tickets are \$20 each and \$10 from each ticket purchased goes back towards graduation fundraiser!

(That is a 50% profit directly to lower Grad Dinner and Dance costs!)

Purchase tickets via this link to ensure WKC Grad is supported.

Please feel free to share the link with friends and family! Thank you for your support!

<https://www.gofevo.com/event/Highschool765>

Take Your Kid to Work Day 2025

Grade 9 families, please make sure to complete the online form **before** Take Your Kid to Work Day on **November 5th**! (That is the only requirement for participation in this event)

All families need to fill out the online form informing us where their student will be for the day at the following link: <https://forms.office.com/r/AS9YwSEetS>

*For more information and to see the school calendar, please check our website at
<https://www.7oaks.org/westkildonan>



WEST KILDONAN COLLEGIATE WEEKLY UPDATE



Adam Hildebrandt - Principal
Michelle Reimer - Vice-Principal Elliot Macdonald - Vice-Principal

ANXIETY, ABSENCES, AND ADDICTION: A SURVIVAL GUIDE FOR PARENTS

Presented by **ALL IN Family**

Is your teen missing school, withdrawing from friends, or showing signs of emotional distress? You're not alone—and you're not without support.

Join us for a powerful 2-hour information night designed specifically for parents of middle and high school students. This **free** event tackles the growing mental health crisis affecting youth today, with a focus on substance use, school avoidance, and debilitating anxiety.

What makes this session different? It's grounded in lived experience. You'll hear directly from parents who've walked this path—offering real stories, real tools, and real hope.

Whether your child is just starting to show signs of stress or you're deep in the trenches, this event will equip you with the insight and strategies to move forward with confidence.

WHEN ?

**Tuesday, November 4th
6:30 - 8:00 pm**

WHERE ?

**Garden City Collegiate
Library (711 Jefferson)**

**What you will
learn?**

- How to recognize early warning signs of mental health struggles
- What to do when your child refuses to go to school
- How to talk about substance use without shame or fear
- Practical tools to support your child's emotional wellbeing
- Where to find help—and how to ask for it

**Why join this
meeting?**

Charlotte and Kirsten's lived expertise and heartfelt storytelling make this event a must-attend for parents. They've walked the path you're on, offering real-world tools and hope to help your teens thrive.

**You don't have
to do this alone**

Let's build a community of informed, empowered parents—because every teen deserves to feel seen, supported, and safe.

*For more information and to see the school calendar, please check our website at
<https://www.7oaks.org/westkildonan>



WEST KILDONAN COLLEGIATE

WEEKLY UPDATE



Adam Hildebrandt - Principal

Michelle Reimer - Vice-Principal

Elliot Macdonald - Vice-Principal

Meet your Presenters

Parents, discover the power of peer-led support with Charlotte Armstrong and Kirsten Drybrough our moderators. With decades of lived experience as parents navigating mental health and substance use challenges and trained as Family Peer Support Specialists, Charlotte and Kirsten bring unmatched compassion, wisdom, and practical strategies to help you empower and support your emerging adult.



Charlotte Armstrong, co-founder of All IN Family Peer Support and co-creator at www.robypriest.com, is an expert in peer support training who transforms lives by sharing her journey as a mother of two resilient daughters who overcame significant struggles. Honored with the Heroes of Mental Health award by CMHA, Charlotte believes that every family member's growth strengthens the whole family—whether biological, chosen, or blended. Her warm, approachable style and proven techniques will inspire you to foster independence while nurturing your family's well-being.

Kirsten Drybrough, a powerful mental health advocate and co-founder of All IN Family Peer Support, brings a calm yet fierce dedication to supporting families. Having driven policy changes through her own family's mental health journey, Kirsten's insights as a parent and mentor shine through in her engaging workshops and webinars. Her passion for creating safe, nonjudgmental spaces ensures you'll feel supported and empowered to guide your emerging adult.

*For more information and to see the school calendar, please check our website at
<https://www.7oaks.org/westkildonan>



WEST KILDONAN COLLEGIATE WEEKLY UPDATE



Adam Hildebrandt - Principal
Michelle Reimer - Vice-Principal Elliot Macdonald - Vice-Principal

JAMMIN FOODS INC.

SATURDAY OCTOBER 18, 2025

GRAND OPENING



FROZEN JAMAICAN PATTIES

Small (25 per bag)
Medium or Large (12 per bag)

CATERING SERVICE

Jamaican patties delivered hot and ready to eat. Perfect for weddings, parties, corporate events throughout Winnipeg, MB



**FREE
JAMAICAN
PATTY
SAMPLES
ALL DAY**

**Limited Supply*

OPENING DAY SPECIALS

2 Patties + Drink \$10.00
Roti's starting at \$20.00



**1556 ARLINGTON ST.
WINNIPEG, MB**



**@jamminfoods.ca
204.784.3795**

BUSINESS HOURS
Tues. to Sat. 11am - 5pm
Sunday - Closed
Monday - Closed

*For more information and to see the school calendar, please check our website at
<https://www.7oaks.org/westkildonan>