



VICTORY SCHOOL

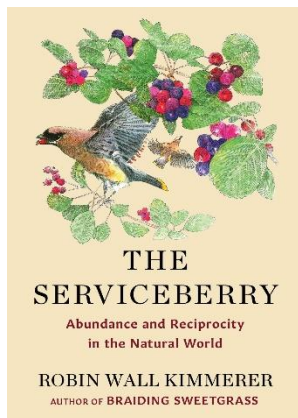
SEVEN OAKS SCHOOL DIVISION

NEWSLETTER

SEPTEMBER 2024

PRINCIPAL'S MESSAGE

Welcome to the 2025-2026 school year! If your child is returning to Victory, welcome back! If your child is in kindergarten or new to Victory, we are very excited to have you join our school community!



One of my favourite summer reads was *The Serviceberry: Abundance and Reciprocity in the Natural World* by Robin Wall Kimmerer. As an Indigenous scientist, Kimmerer explores all that nature gives to us and our responsibility to take, give back, and share responsibly. The following quote has stuck with me, and I've reflected on it many times:

“Gratitude and reciprocity are the currency of a gift economy, and they have the remarkable property of multiplying with every exchange, their energy concentrating as they pass from hand to hand, a truly renewable resource.”

These words about the gifts of nature, also apply to the gifts of a school community. We gain so much from learning, playing and growing together and we also have so much to be grateful for. As we head into a new school year, I am grateful for the gifts of every staff member, student and family that makes up Victory School... together, we make community a truly renewable resource.

-Mr. Volk

REMINDERS & UPDATES

Please remember to call the office if your child is going to be absent, or if they are getting picked up before the end of the school day.

You can find the [Victory School Handbook](#) on our website. It is filled with useful information about the school year and daily routines that should be reviewed before the start of school.



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REMINDERS & UPDATES (cont'd)

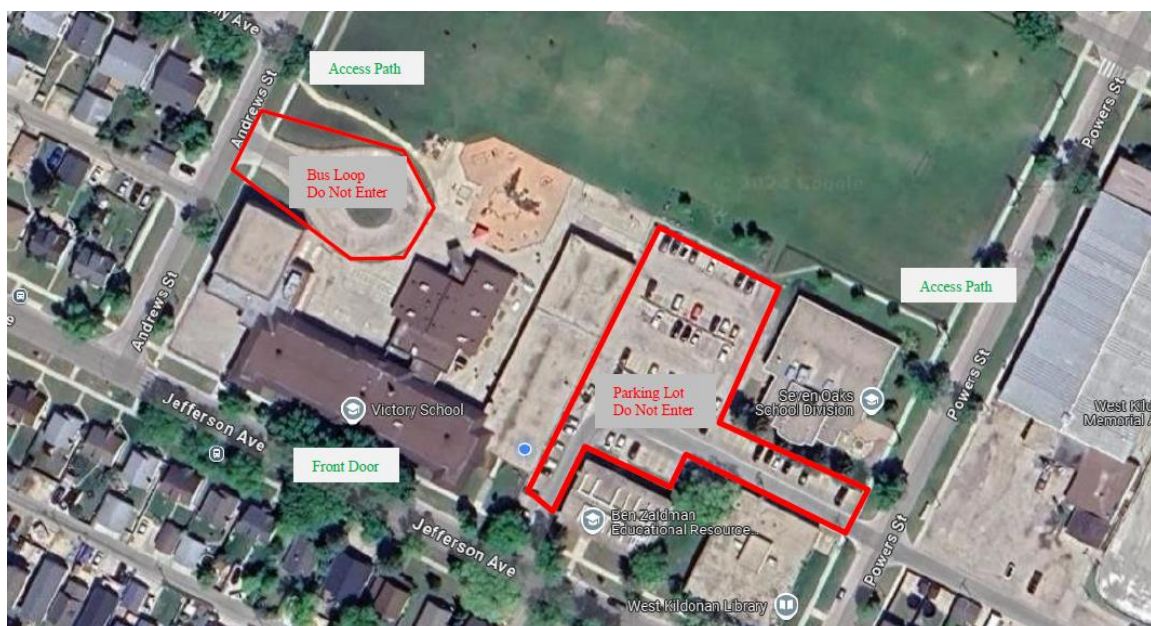
Parking and Drop-Off/Pick-Up Reminders:

Drop-off and pick-up times need to be safe for everyone. We remind families that the **bus loop** is reserved for school buses and divisional vehicles – do not park, drive or walk in the bus loop.

The **parking lot** is a high-traffic area shared by Victory School, the Educational Resource Centre, the School Board Office and the West Kildonan Library. Do not drive or park in the lot for drop-off or pick-up. Parking spots are reserved for staff. There is a handicap parking spot near the office entrance for those with a pass.

Families can “stop, drop and go” on **Jefferson Ave.**, or using the **access paths** to Victory located on Powers St. and Andrews St.

Patrols are stationed at Powers St., Andrews St. and at the parking lot entrance. Please, always follow the direction of patrols when crossing.





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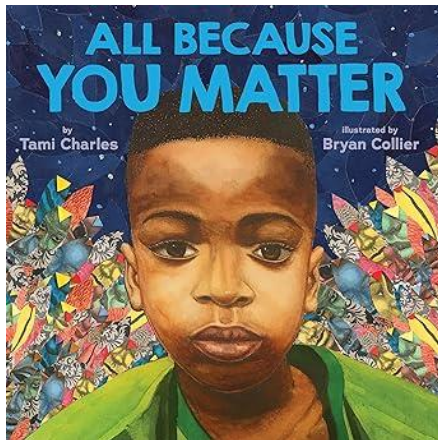
NEWSLETTER

VICTORY SPOTLIGHT

Victory Spotlight will be a monthly newsletter item that showcases the amazing work taking place in classrooms. Every classroom will be contributing to the newsletter at least once throughout the school year to share the learning that they're proud of. Be sure to check it out every month. You'll also be able to see highlights by following the Victory School Instagram account @victoryschoolmb.

VICTORY READS

Victory Reads is an initiative that has been running strong for a few years now! It provides a chance for the whole school community to come together around a common book every month.



Title: All Because You Matter

Author: Tami Charles

Illustrator: Bryan Collier

Tami Charles pens a poetic, lyrical text that is part love letter, part anthem, assuring readers that they always have, and always will, matter. This powerful, rhythmic lullaby reassures readers that their matter and their worth is never diminished, no matter the circumstance: through the joy and wonder of their first steps and first laughs, through the hardship of adolescent struggles, and the pain and heartbreak of current events, they always have, and always will, matter. Accompanied by illustrations by renowned artist Bryan Collier, a four-time Caldecott Honor recipient and a nine-time Coretta Scott King Award winner or honoree, All Because You Matter empowers readers with pride, joy, and comfort, reminding them of their roots and strengthening them for the days to come.



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MONTHLY MINDFULNESS

Monthly Mindfulness is a monthly newsletter item where we'll share tips and resources related to wellness and mindfulness that families can use at home.

Supporting healthy sleep and turning off screens...

Over the summer break it is completely normal for kids to have more free time to do things they enjoy. This might include screen time, whether it's gaming, watching videos, or using technology to connect with family and friends.

The tricky part can be putting the technology and screens away. If you find it challenging to limit screen time or turn off the wi-fi, you're not alone. Research offers some strategies and resources that might help during the back-to-school transition.

[*How Blue Light Affects Kids' Sleep*](#) (sleepfoundation.org) explains how the "blue light" from screens can disrupt natural sleep cycles and offers useful tips for reducing exposure, including:



- Set a technology curfew
- Create technology-free zones
- Alter device settings to "night mode" or "dark mode"
- Ensure daytime light exposure

The [Canadian Pediatric Society](#) and [National Institute for Health](#) also provide research and recommendations on the significant impacts screen time can have on children's sleep.

If you're adjusting bedtime routines with your kids as school begins, consider how [these tips](#) might be helpful in planning and talking with your child.



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MUSIC NOTES

Welcome back!

Once again, the music room is a very busy place! Students in all grades at Victory School are enjoying singing, dancing, and playing musical instruments.

Mark your calendars!

This year, our School Musical, Finding Nemo Kids, will be held on **January 13th and 14th, 2026**, at the **Seven Oaks Performing Arts Center**, located at Garden City Collegiate. All students in grades 1 to 5 will be participating in the musical. Our Kindergarten classes will be performing in their very own "Kinder Concert" (date TBA). I'm also planning a Talent Showcase in early June for students in Grades 4 and 5.

Once again I will be running the **Victory School CBC Music Club**. This club will wrap up at the end of October. Students will learn more about this club in music class.

Once the CBC Music Club wraps up, I'll be starting the **Victory School Tap Club** and the **Victory School Hip Hop Clubs**. These clubs are open to all students in Grades 4 and 5. There will also be an **Orff/Recorder Club** for grade 5 students.

These clubs will practice once per cycle during the activity break. If your child is interested in joining any of these clubs, please note that this is a commitment that runs until early June. Mr. Pacag and I will be coordinating our practices to ensure that Phys. Ed. and Music clubs during activity breaks do not conflict.

The Tap and Hip Hop Clubs will perform at:

- Spotlight - the Seven Oaks School Division Dance Recital - April 7th
- Seven Oaks School Division Arts in the Park - May 27th-29th
- Victory School Talent Show - June 3rd

Watch the newsletter for more updates!

Musically,
Mrs. Rumak



SEPTEMBER



TUESDAY WEDNESDAY THURSDAY



MONDAY

FRIDAY

SATURDAY

SUNDAY

	1 Labour Day	2 Orientation Day	3 Orientation Day	4 Grade 1-5 First day Kindergarten staggered start	5 Kindergarten staggered start	6
7	8	9	10	11	12	13
14	15	16	17	18 Welcome back Family Event 5:00 pm - 6:30 pm	19	20
21	22	23	24	25	26	27
28	29 No School PD Day	30 NO SCHOOL National Day for Truth & Reconciliation				

