

Welcome to École Rivière-Rouge



Hours

8:30am	First Bell
8:30am	O Canada & Announcements
10:10am – 10:30am	Nutritional Break
10:30am – 10:55am	Recess
12:30pm – 12:50pm	Nutritional Break
12:50pm – 1:20pm	Recess
2:55pm	First Dismissal Bell
3:00pm	Dismissal

Morning Kindergarten begins at
8:30am and ends at 11:00am.

Afternoon Kindergarten begins at
12:30pm and ends at 3:00pm.

At 8:15am an Educational Assistant will be on duty outdoors to supervise students as they arrive at school.



If your child will be absent from school, please advise the office by phone or by email.

- 204-697-5962
- err@7oaks.org

Office Hours

Our office hours are 8:00am to 3:30pm. If attempting to contact the school before or after these hours, please leave a message. Messages are checked daily.

Medical Concerns

If your child has any of the below medical concerns, your child is eligible for support from our divisional nurse. This includes providing the school with a healthcare plan which will help us to provide proper care for your child. Please let the office know and we will guide you through the process.



- Life Threatening Allergy
- Prescribed an EpiPen
- Asthma
- Bleeding Disorder
- Diabetes
- Heart Condition
- Seizure Disorder
- Other Significant Medical Condition

Medications at School



We understand that at times a medical practitioner will prescribe medication to a child that must be administered at school. If your child requires medication at school:

- The medication must be delivered to the office by a parent or guardian.
- Medication must be in the original container.
- An authorization form must be completed by a parent or guardian.
- Please ensure that your child is wearing their EpiPen and/or Asthma puffer.

School Fees



At the beginning of each school year, we collect a school fee of \$40 for students in Grades 1-5 and \$35 for students in Kindergarten. This fee covers the cost of school supplies and field trips. Please pay by:

- Online by credit card or debit card through Parent Connect
- Cash in the exact amount
- Cheque payable to École Rivière-Rouge

Busing Information



If you require busing, please contact our Transportation Department directly. You can contact them by phone at 204-338-7051 or by email at transportation@7oaks.org.

School busses will be cancelled if the wind- chill reading is -45C or colder at 6:00am at The Forks according to Environment Canada. Notice of cancellations will be provided to media outlets and posted on school division websites as soon as the 6:00am reading is posted by Environment Canada.

Bus ridership is a privilege and can be lost if it is felt that a student's actions are not deemed safe.

School Evacuation

In the unlikely event that we would need to evacuate the school; our evacuation destination is Riverbend Community School located at 123 Red River Blvd. West. Our alternate evacuation destination is Red River Community Centre at 293 Murray Ave. In the event of an evacuation, families will be contacted via email.

Information Changes

Please inform the office of changes in address, phone numbers and email addresses. It is very important for the office to have all current contact information in case of an emergency. You can log on to Parent Connect to view your current contact information at any time.

Field Trips

Field trips are an integral component of your child's education. These experiences enhance learning and are a wonderful opportunity for students to explore, interact and engage with concepts beyond the classroom walls. The cost of field trips are included in the student fee.



Walking or Biking to School

Research has shown that there are many physical and mental health benefits to walking or biking to school.

- If students are walking to school, we encourage them to use the sidewalk and cross only at intersections.
- An Educational Assistant is posted at the intersection of Murray Ave. and Swinford Way to assist with crossing safely. They are there in the morning between 8:05am – 8:25am and in the afternoon between 3:00pm – 3:15pm.
- Biking to school is a parental decision. Parents/Guardians should assess the route and determine if their child has the skills to walk or bicycle on their own.
- Please be sure that your child bikes to school wearing a helmet.



Recess

Outdoor play is a crucial part of a student's mental, physical, and social development. It is valued as an important part of a child's school experience!

All students go outside for recess. For students in Grades 1-5, there are two physical activity breaks scheduled throughout the day.

We will remain indoors when the temperature is -27C or colder. (Environment Canada at The Forks).

Please make sure your child's footwear and clothing is appropriate for the weather. During the school year it is important to send your child with extra clothing. Sunshine, wind, snow and a little rain will not keep us indoors. To help keep our school clean and for the comfort of all students we ask that students have one pair of shoes to wear indoors and one pair of shoes/boots to wear outdoors.

Lost and Found

There is a lost and found box located by the back entrance door in the foyer. Items that are not claimed before term breaks (December, March, and June) will be donated to a charitable organization. **Please ensure all clothing items are labeled.**

Healthy Snacks and Lunches



Serving healthy snacks and lunches is important in providing good nutrition and supporting lifelong healthy eating habits.

Students are provided with two nutritional breaks every day.

We also encourage sending snacks and lunches that are kind to the environment. To help our school reduce waste production and our impact on the earth, we encourage families to consider packing snacks and lunches in reusable containers. Please provide a spoon or fork if needed.



Several students and staff at our school have severe allergies to peanuts/nuts and shellfish.

Please do not send snack or lunch items containing peanuts/nuts and shellfish to school.

Please check labels on packages carefully.

End of Day Routines

Our dismissal time is 3:00pm. When the bell rings, students are dismissed from their classrooms.

- Bused students line up in their bus line in the school foyer/gym.
- Students who walk or are picked up meet outside. Younger students in Grades K-2 should be met by a parent/guardian in the loop outside.

Please advise the office of any end-of-day changes. Parents/Guardians can call the office at 204-697-5962 or email at err@7oaks.org before 2:00pm.

Volunteers

Volunteers are an important part of our school community. They contribute to school in countless ways. All volunteers are required to complete the *Respect in Schools* training. (<https://mbed-school.respectgroupinc.com/>)

We appreciate our volunteers! When volunteering please sign in at the office.

Visitors

All Visitors Must Report to the Office

Between 8:00am and 3:00pm, parents/guardians must enter the building using the main school entrances (front or back door entrance). When visiting please sign in at the office.

Parent-Child Preschool Program

École Rivière-Rouge offers free preschool programs for parents/caregivers and their children from birth to age five. We learn and play together through rhyme & story time, art, and a variety of play experiences, including play dough, sand, water, blocks, etc. We also have a nutritious snack! (Program will be held in our library, on the 2nd floor.)

Programs will be available on:

- Monday Mornings from 9am to 10:50am
- Tuesday Mornings from 9am to 10:50am
- Wednesday Mornings from 9am to 10:50am

For more information about our preschool programs, please contact Marielle Meades, Community Coordinator at marielle.meades@7oaks.org or by phone at 204-697-5962.

