



# VICTORY SCHOOL

## SEVEN OAKS SCHOOL DIVISION

# NEWSLETTER

MAY 2025

### PRINCIPAL'S MESSAGE

The month of May...



If you follow Victory School on Instagram [@victoryschoolmb](https://www.instagram.com/victoryschoolmb), you might have noticed us having a bit of fun last Friday, when we accepted a nomination from Ms. Sharp at ÉSOMS to do the *Ice Bucket Challenge*. It was a beautiful sunny day and the whole school gathered outside to watch. The challenge isn't just for fun... May is **Mental Health Awareness Month** and at Victory, we care about the mental health of our community, our families and our students! To learn more, or if you wish to donate to an organization that supports mental health in May, check out the [Canadian Mental Health Association](https://www.canadianmentalhealthassociation.ca) (Manitoba & Winnipeg) and [Kid's Help Phone](https://www.kidshelp.org) websites.

May is also **Asian Heritage Month** and there are some exciting plans in the works, including an Asian Heritage Month Assembly on Thursday, May 29<sup>th</sup>!

Manitoba also recognizes [Jewish Heritage Month](https://www.jewishheritage.ca) in May. To learn more, visit the link.

-Mr. Volk

### REMINDERS & UPDATES

**Kindergarten registration** for the 2025-2026 school year is open online at [www.7oaks.org](http://www.7oaks.org). If you or someone you know in our community has a **child born in 2020**, they are eligible to register for kindergarten at their catchment school. **Registering early ensures that you will be invited to our Kindergarten Orientation on May 22** and helps us to coordinate with families who have existing daycare arrangements.



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### VICTORY SPOTLIGHT

The May **Victory Spotlight** is from Ms. Van de Laar, Mrs. Rumak and the Kindergarten students in Room 14:

#### Kindergarten Spring Concert & Art Show

**Ms. Van de Laar and Mrs. Rumak**



Last month, the kindergarten classes held their very first classroom concert and art show — and what a wonderful celebration of learning it was!

Despite having had only 21 music classes since the start of the school year, the students have already made incredible progress. For their performance, the children explored the theme of Spring through songs, poems, and a variety of instruments.

They played the metallophone and glockenspiels, hand drum, rain stick, and triangle, while also practicing important musical skills like keeping a steady beat, singing in tune, and knowing when to start and stop together. Some students have even begun learning to play "Baby Shark" on the classroom xylophone at the music center after all their learning.

After the concert, families were invited to enjoy a small reception and art show. The children proudly shared their spring-themed artwork, created using a variety of media and materials. Featured pieces included Rainbow Rain Clouds, Fields of Flowers, a Spring Sun, and cheerful birds — all bursting with color and creativity.

It was a joyful event filled with music, art, and smiles. A great time was had by all!





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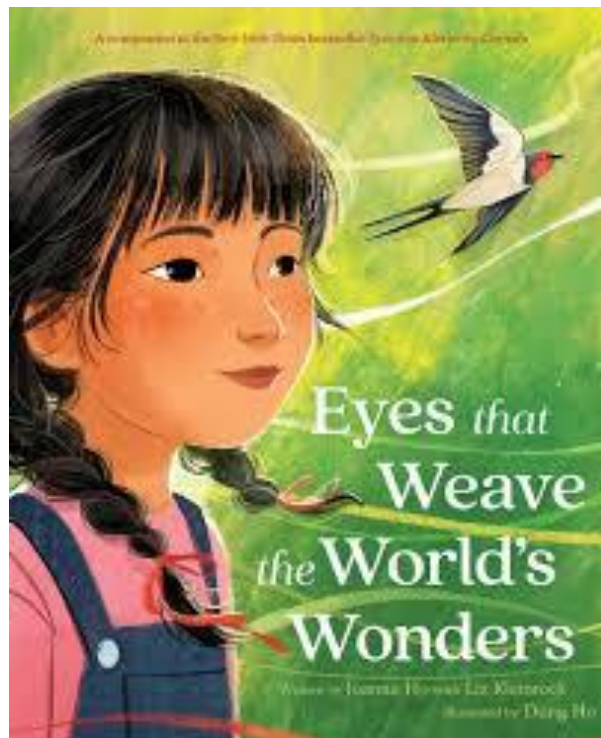
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### VICTORY READS

Our April **Victory Reads** title is **Eye's that Weave the World's Wonders** by Joanna Ho and Liz Kleinrock, illustrations by Dung Ho.



A young girl who is a transracial adoptee learns to love her Asian eyes and finds familial connection and meaning through them, even though they look different from her parents'. Her family bond is deep, and their connection is filled with love. She wonders about her birth mom and comes to appreciate both her birth culture and her adopted family's culture, for even though they may seem very different, they are both a part of her, and that is what makes her beautiful. She learns to appreciate the differences in her family and celebrate them.





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## MONTHLY MINDFULNESS

### Mental Health Awareness

May is Mental Health Awareness month, a time to focus on the importance of mental health and wellbeing. Being aware of our mental health is one of the first steps toward mental wellness. This involves learning and talking about our feelings, especially when things feel tough.

At school, classes focus on social emotional learning year-round. Social emotional learning focuses on identifying and honouring our range of emotions and developing tools to help manage big feelings. We use many different books to help start conversations about ourselves and others. If you are looking for a way to talk about something with your child, reach out to the Learning Support team at Victory for book or resource suggestions.



There are many mental health resources available. [Shared Health](#) has a list of resources for local services. [KIDTHINK](#) also offers many resources including free online workshops. [Kids Help Phone](#) is available 24/7 across Canada for children and youth to talk or text if they are struggling. They also have many videos and other resources to support mental health activities for kids.



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### MUSIC NOTES

Coming up...

Victory School  
Proudly Presents

**Grade 4 and 5  
Talent Show**

Victory School Gymnasium  
Tuesday June 3rd 2025  
at 11:30 am



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### PHYSICAL EDUCATION UPDATES

#### **Divisional Athletics News:**

Congratulations to our Divisional Badminton athletes who participated in the Divisional Badminton Jamboree. Athletes played hard, showed great determination, demonstrated good sportsmanship and best of all – had fun! Job well done!

#### **Currently in PE classes:**

Students in grades 1 – 3 are currently working hard on learning and developing skills related to Pickleball. They are learning about the equipment used, basic striking skills, and rallying with a partner.

Students in grades 4 – 5 are currently working on learning and developing skills around the sport of Tennis. They are learning about the equipment, playing area, basic striking skills, and game play.

#### **Future Divisional Athletics dates:**

May 13<sup>th</sup> – Flag Football Jamboree

May 29<sup>th</sup> – Tennis Jamboree

June 9<sup>th</sup> – Track and Field Meet





# MAY



				THURSDAY	FRIDAY	SATURDAY
				Day 3 Rm 9 Swimming	Day 4	
SUNDAY	MONDAY	TUESDAY	WEDNESDAY			
4	Day 5 5	Day 6 6	Day 1 7 Rm 1 Swimming POW WOW	Day 2 8 Rm 9 Swimming	Day 3 9	10
11	Day 4 12 Indigenous Planetarium	Day 5 13	Day 6 14 Rm 1 Swimming POW WOW	Day 1 15 Rm 9 Swimming	Day 2 16	17
18	19 <i>NO SCHOOL VICTORIA DAY</i>	Day 3 20	Day 4 21 Rm 1 Swimming POW WOW	Day 5 22 Rm 9 Swimming Special O Track & Field	Day 6 23 Rm 5 & 12 Field Trip	24
25	Day 1 26	Day 2 27	Day 3 28 Rm 1 Swimming POW WOW	Day 4 29 Rm 9 Swimming Asian Heritage Month Assembly	Day 5 30 Rm 1 Field Trip	31