



VICTORY SCHOOL

SEVEN OAKS SCHOOL DIVISION

NEWSLETTER

MARCH 2025

PRINCIPAL'S MESSAGE

March has arrived and we've recently enjoyed some warmer weather... a much-needed break from the extreme cold spell in February. It's a good reminder of how much we value and appreciate our time learning and playing outside, and an invitation to be thankful for the land.

Another way that we are learning to appreciate the land in March is with a learning resource called the *Giant Floor Map*. This is a large-scale roll out map of Canada that will be set up in our Gym for the week of March 10th – 14th. This is not the Canadian map of Provinces, Territories and borders that many of us are most familiar with. Instead, it is a map of land features, Treaty Lands, and places of significance to Indigenous history and culture. It is a map that tells a story, and it is impossible to experience it without learning something new every time!

Families are encouraged to visit the Gym to check out the *Giant Floor Map* when attending conferences on March 13th and 14th.

-Mr. Volk

REMINDERS & UPDATES

Parent/Student/Teacher Conference booking will be open on [Parent Connect](#) on **March 4th**. Be sure to log in to book a conference time. Conferences will be on Thursday, March 13th (evening) and Friday, March 14th (day).

Term 2 Report Cards will be available on [Parent Connect](#) on Tuesday, March 11th.

Kindergarten registration for the 2025-2026 school year is open online at www.7oaks.org. If you or someone you know in our community has a **child born in 2020**, they are eligible to register for Kindergarten at their catchment school. Registering early ensures that you will be invited to our Kindergarten Orientation in the spring and helps us to coordinate with families who have daycare arrangements.



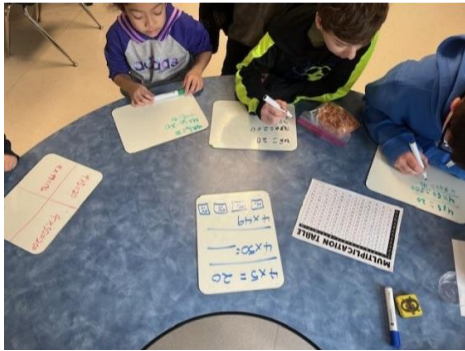
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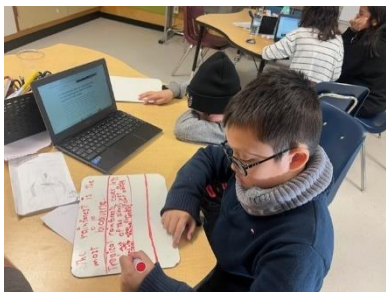
VICTORY SPOTLIGHT

This month's **Victory Spotlight** is from Ms. Cat and the Grade 4/5s in **Room 9**:



Over the past few months, students in Room 9 have been homing in on their research skills. Students began with an exploration of identifying real vs fake information through an online quiz. During this quiz, students considered things like using their previous understandings to assess what they already know, consider what online resources are reliable, and looking for clues

that a picture or photograph might be AI generated. Students have been practicing these research skills in partnerships and small groups to support our learning within our novel study, *The One and Only Ivan*, and to support our future learning in Social Studies.



Students in Room 9 continue to utilize our Number Sense Routine, with quick 5-minute problem solving several times during the week. Students are exposed to a variety of activities like Splat!, Esti-Mystery, and True or False, to practice their ongoing understanding of the patterns in our number system.

Room 9 has been eager to spend time outside as the temperatures begin to warm up, and we hope that our community does the same as we enter our springtime weather!





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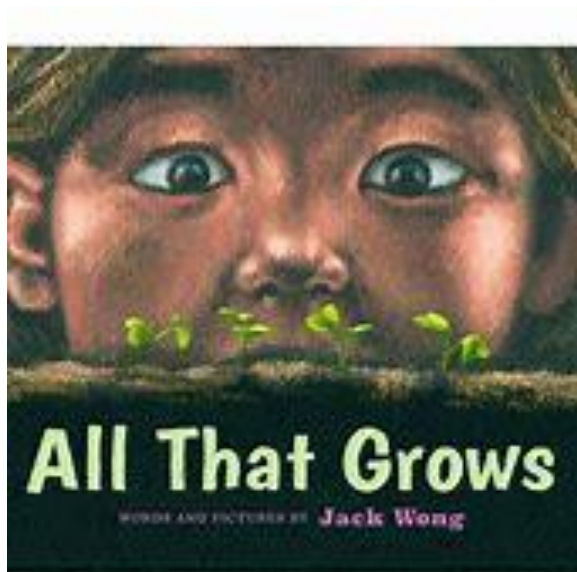
VICTORY READS

Our February *Victory Reads* title is...

Title: All That Grows

Author and Illustrator: Jack Wong

A story of a boy who discovers that the more he learns, the more there is to know!



On their neighborhood walks together, a boy learns from his older sister all about the plants they see - magnolias that smell like lemon cake, creeping weeds that used to be planted for decoration, and even how dandelion greens can be eaten with spaghetti! But what makes a plant a flower, vegetable or weed, anyway? How can his sister tell, and how does she know so much? The boy's head spins as he realizes how vast the universe is and how much there is to learn...until he resolves to let his knowledge grow in its own way and time, just like the mysterious plants he has decided to nurture in the garden.



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MONTHLY MINDFULNESS

A simple daily walk will go a long way for your Mental Health...

A simple daily walk offers numerous benefits for both physical health and mental health. And it's FREE- kids and adults! Here are some key advantages:

Sunlight/natural light exposure

It is known that sunlight increases the brain's serotonin. Serotonin is associated with boosting mood and helping a person feel calm and focused.

Mental clarity

Taking a quick walk clears your mind, improves your mood and boost your energy level.

Mindfulness

Walking gives you a chance to slow down and be present in the moment, fostering mindfulness.

Better Sleep

Regular walking can improve sleep quality by regulating your circadian rhythm, helping you fall asleep faster and enjoy deeper, more restorative rest.

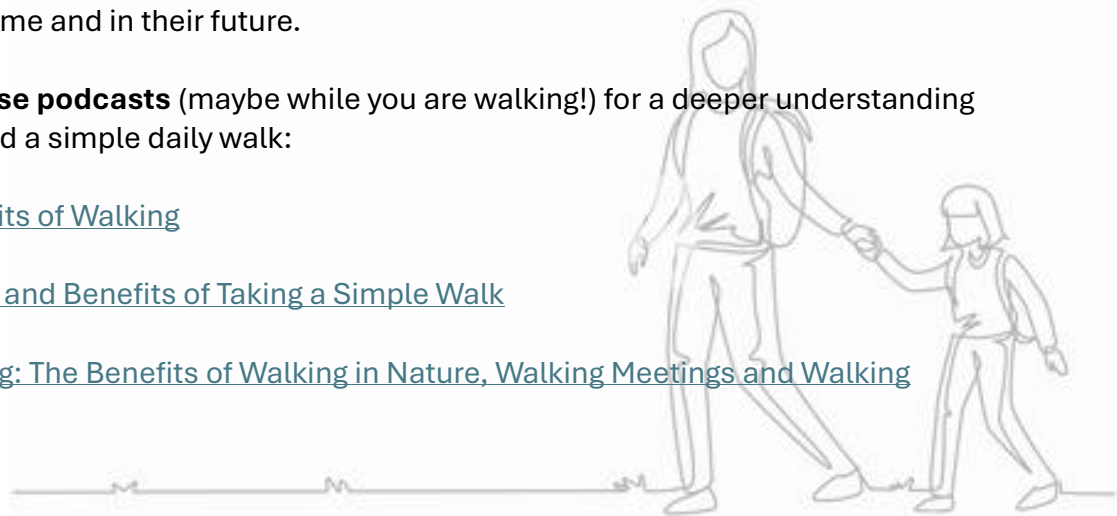
By making walking part of your and your families daily routine, you can significantly support your mental health alongside physical well-being. This can also help your child reach goals easier at school, at home and in their future.

Check out one of these podcasts (maybe while you are walking!) for a deeper understanding and the science behind a simple daily walk:

[5 Psychological Benefits of Walking](#)

[The Shocking Science and Benefits of Taking a Simple Walk](#)

[The Science of Walking: The Benefits of Walking in Nature, Walking Meetings and Walking Meditation](#)





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MUSIC NOTES

Upcoming events

We have several ensembles attending various Seven Oaks events:

- Several classes are attending SO Sing on March 7th at SOPAC
- Our Grade 4 and 5 Tap and Hip-Hop Clubs will be dancing in Spotlight (Seven Oaks Dance Day) on April 9th at SOPAC
- Our Victory School Talent Showcase for grade 4 and 5 students will be held on June 3rd.

More information for students participating in these events will be sent home via SeeSaw.

-Mrs. Rumak

Enjoy some pictures from *Hawaiian Beach Party* at SOPAC in February:





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March



VICTORY SCHOOL

Follow us on
Instagram
[@victoryschoolmb](https://www.instagram.com/victoryschoolmb)



2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	Day 2	Day 3 Parent Teacher Conference Scheduling System open	Day 4	Day 5 Rm 7 & 8 Children's Museum Field Trip Rm 12 & 17 Manitoba Museum Field Trip	Day 6	8
9	Day 1	Day 2	Day 3	Day 4 Parent Teacher Conference	Day 5 Parent Teacher Conference	15
16	Day 6	Day 1	Day 2	Day 3 Patrol Bowling	Day 4 Grade 4&5 Badminton	22
23	Day 5	Day 6	Day 1	Day 2	Day 3	29
30	Spring Break March 31- April 4					

Victory School

Parent and Child Preschool Program

MARCH 2025

DIMANCHE/SUN LUNDI/MON MARDI/TUE MERCREDI/WED JEUDI/THU VENDREDI/FRI SAMEDI/SAT

							01
02	03	04	05	06	07	08	
NO PROGRAM			Preschool Program 9:15 – 11:15	NO PROGRAM			
09	10	11	12	13	14	15	
NO PROGRAM		NO PROGRAM		NO PROGRAM NO SCHOOL			
16	17	18	19	20	21	22	
	Preschool Program 9:15 – 11:15		Preschool Program 9:15 – 11:15		Preschool Program 9:15 – 11:15		
23	24	25	26	27	28	29	
NO PROGRAM			Preschool Program 9:15 – 11:15		Preschool Program 9:15 – 11:15		

**SPRING BREAK IS MARCH 31 –APRIL 4. THERE WILL BE NO SCHOOL AND
 NO PRESCHOOL PROGRAMS DURING THIS WEEK
 PROGRAMS WILL RESUME THE WEEK OF APRIL 7.**