



# VICTORY SCHOOL

## SEVEN OAKS SCHOOL DIVISION

# NEWSLETTER

JANUARY 2025

### PRINCIPAL'S MESSAGE

On behalf of all of us at Victory School, I want to wish everyone a Happy New Year and hope that the break was a time to celebrate, relax and enjoy time with family and friends!

As we start off 2025, we look forward to returning to classroom learning, music, physical education, the outdoors, nutrition, playing with friends and all the other things that fill our days at school.

In January, Patrols can look forward to a fun bowling field trip on Jan. 17<sup>th</sup> and the whole school will participate in our annual winter *Victory at Play* event at the end of the month. Friday, January 31<sup>st</sup> is a day off for students, as staff will be engaging in a day of Professional Development. See our calendar at the end of the newsletter for more information.

-Mr. Volk

### REMINDERS & UPDATES

You may notice that our divisional website has had a makeover for the new year. The website is filled with useful updates, information and resources for families, but the URLs and locations of links may have changed.

You can find our **Seven Oaks School Division** website at <https://www.7oaks.org/>

You can find our **Victory School** website at <https://www.7oaks.org/victory>

You can continue to access your [Parent Connect](#) account without any changes.

If you have any trouble finding something you need, try using the search function at the top-left of the site:



Victory School

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SCHOOL DAY 0

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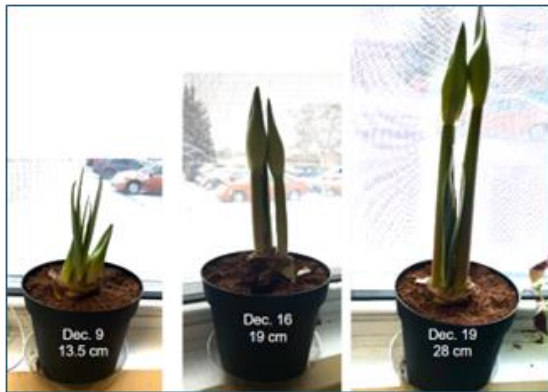
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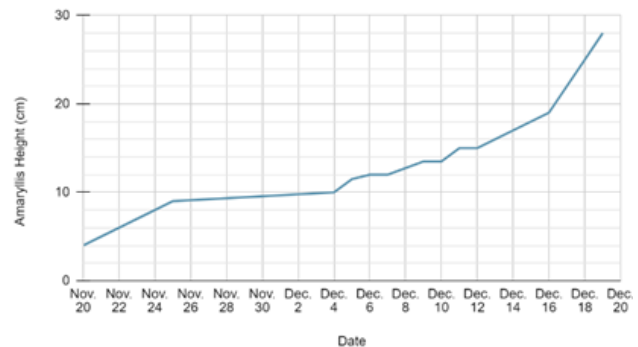
# NEWSLETTER

### VICTORY SPOTLIGHT

This month's *Victory Spotlight* is from Room 17:



Room 17 Amaryllis Growth

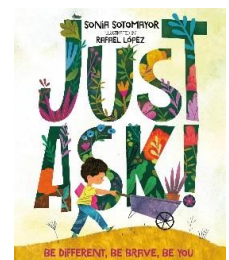


Room 17 students have been studying plants since the beginning of December. We started with an amaryllis, and we look forward to seeing it bloom shortly. Each day, we record our measurements of the amaryllis on a line graph to help us see how it changes over time.



We also made a collaborative mural of fictional flowers to represent each person in the class. For example, Rhiannon said about her flower (*top left*), “this flower has so many colours on it. You can feel and see all the different textures. I wanted it to have more detail so that it would have more nutrients. My flower represents kindness”.

We connected our mural to the book *Just Ask* by Sonia Sotomayor. She writes, “thousands of plants bloom together, but every flower, every berry, and every leaf is different- each has a different smell, different color, different shape, and different purpose. Kids are all different, too. Each of us grows in our own way”.



We are glad to see that, like each of us, the flowers on our mural are all unique. The classroom is a better place when everyone’s differences are honored.

According to Liam, “if we were all the same, we would have all the same ideas. We all have special gifts to share. Share your gift with other kids”.



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### VICTORY READS

Our January *Victory Reads* title is...

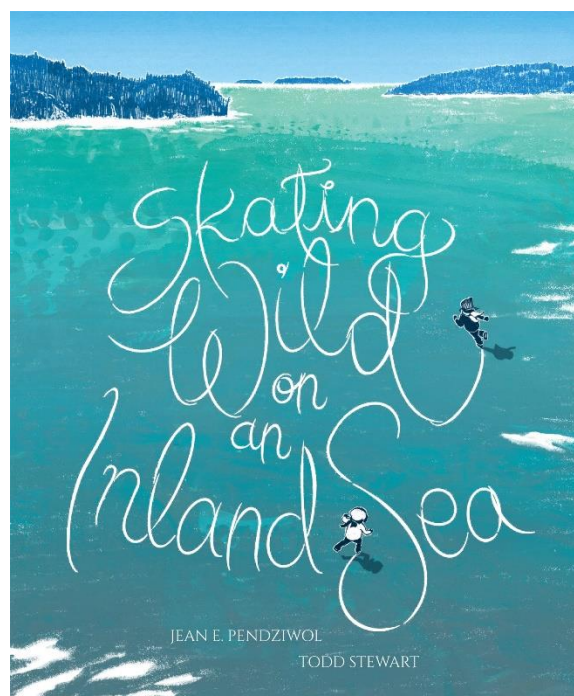
#### **Skating Wild on an Inland Sea**

Author: Jean E. Pendziwol

Illustrator: Todd Stewart

*Let's go! Experience the magic of skating on wild ice!*

*In her signature poetic style, Jean E. Pendziwol describes the exhilarating experience of skating on the wild ice of Lake Superior, including the haunting singing that occurs as the ice expands and contracts. Accompanied by Todd Stewart's breathtaking illustrations, this book will make us all long to skate wild.*





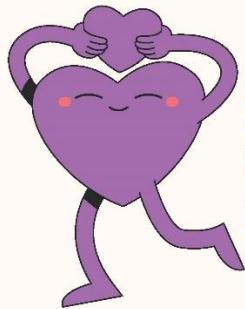
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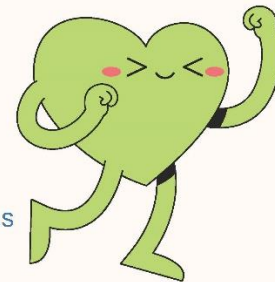
## MONTHLY MINDFULNESS

### Empathy & Self-Compassion



#### Empathy

**Empathy** is feeling with a person; it is understanding another's point of view even if different from your own and being vulnerable in connecting with another.



#### Compassion

**Compassion** is complex and more meaningfully defined as an embodiment of spirit and way of being.



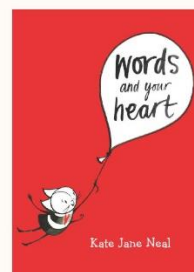
#### Self-Compassion

**Self-compassion** is about being present and gentle with your feelings and judgements.

You can practice **self-compassion** by holding space for your feelings and challenging self-doubt or self-criticism, with understanding. Having empathy & compassion for yourself and others, can make the world a better place.

You can explore more about empathy & self-compassion in the book titled, Words Are Your Heart written by Kate Jane Neal.

<https://www.youtube.com/watch?v=ZEunhQVPS8Y>





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## MUSIC NOTES

In December, Victory students continued the annual tradition of carolling in our community to share the warmth of the holiday spirit. Students from our *Change Makers* club also brightened the days of seniors by delivering hand-made cards at Luthor Home.





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# January

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## 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 ←	2 Winter Break	3 →	4
5	6 Day 5 School Resumes	7 Day 6	8 Day 1	9 Day 2	10 Day 3	11 Day 4
12	13 Day 5	14 Day 6	15 Day 1	16 Day 2	17 Day 2 Bowling for Patrols	18 Day 3
19	20 Day 4	21 Day 5	22 Day 6	23 Day 1	24 Day 2	25 Day 3
26	27 Day 4	28 Day 5	29 Day 6	30 Day 1 Victory at play Winter activity	31 Day 2 PD Day NO SCHOOL	



# Parent and Child Preschool Program

Room 16 – Community Connections



## Victory School

## JANUARY 2025

DIMANCHE/SUN LUNDI/MON MARDI/TUE MERCREDI/WED JEUDI/THU VENDREDI/FRI SAMEDI/SAT

01 02 03 04

-----WINTER BREAK-----

05 06 07 08 09 10 11

ALL PRESCHOOL PROGRAMS WILL RESUME THE WEEK OF JANUARY 13, 2025

12 13 14 15 16 17 18

WELCOME BACK!  
Preschool Program  
9:15 – 11:00

Preschool Program  
9:15 – 11:00

Preschool Program  
9:15 – 11:00

19 20 21 22 23 24

NO PROGRAM

Preschool Program  
9:15 – 11:00

Preschool Program  
9:15 – 11:00

26 27 28 29 30 31

Preschool Program  
9:15 – 11:00

Preschool Program  
9:15 – 11:00

NO PROGRAM